

2023 TEAM COMPETITION CAMPER GUIDE SHEET

We are very happy that you will be attending Tony Robie's "Team-Competition Camp" at Virginia Tech to help you develop your wrestling skills. This camp will be a great experience and will help bring you closer to achieving your wrestling goals. Our entire camp staff is at your disposal and we encourage you to take advantage of us! It is our privilege to help you become a champion!

Please carefully read over the information below;

Remaining Balances:

Please log into your account at <https://www.robiewrestling.com> and confirm that your payment/balance information is correct. All balances must be completely paid either before you arrive at camp or at camp check-in. If you plan on paying at check-in we will only accept payment (from individual campers) in the form of credit card, cash or money order. No personal checks will be taken at check-in. We will accept checks from your school or booster club. If you would like to pay your balance with a check prior to checking in, make payable to Tony Robie Wrestling Camps and mail to: Tony Robie, 770 George Edward Via, Christiansburg, VA 24073. Checks must be received by June 30th.

Also, note that many teams will pay with one booster club/school check. If your team is paying in this manner you can disregard the paragraph above.

Background Checks for Adults Attending Camp:

ANY adult (Parent/Coach/Staff/Etc) that plans on attending camp and staying in the dormitories or working directly with campers while at camp is required to complete a background check. The background check must be completed one week prior to the start of camp. Any adult that does not complete and/or pass the background check will not be permitted to attend camp. Please email Jared Frayer at frayer17@vt.edu with full name and email address, and a background check link will be sent.

Key Deposit:

Individual campers will be required to put down a \$25 Key Deposit in the form of personal check or cash, once key is returned upon checkout you will receive your Key Deposit back. Campers coming with a team, we will bill your coach(\$25) if you do not return your initial given key, and your coach will even up with the camper.

Dormitories:

Teams will be housed together in air conditioned dorms. Please bring **Pillow and Linens** as they will **NOT** be provided this year.

Medical Wavier/Insurance:

YOU MUST BE COVERED BY A MEDICAL INSURANCE POLICY IN ORDER TO ATTEND CAMP. If you do NOT have medical coverage and are interested in purchasing a one month policy contact Jared Frayer at frayer17@vt.edu and he can help you find a policy. If you registered online, you were required to submit all necessary medical info and complete the medical liability wavier and are NOT required to complete the medical waiver paper form. If you have not already submitted a medical release/info online or by mail, you will be required to submit a signed medical release form at camp check-in. Again, you MUST have a medical insurance policy to participate in camp.

USA Wrestling Cards:

All campers are required to have a USA Wrestling Competitors Card. If you have already purchased a card for the current year please have the card with you at camp check-in. If you **do not** already have a card you will be able to purchase a temporary card at check-in for \$10.

Weigh-In (High School Division):

There will only be one weigh-in for the team competition camp. The weigh-in will take place at check-in on the first day of camp. We have modified the weight-classes to the 14 weights below for Team Camp.

The weights below are scratch weights;

107, 115, 123, 128, 133, 138, 144, 150, 160, 170, 180, 195, 210, 275

Laundry:

Dorms are equipped with coin operated washers and dryers. It will be the camper's responsibility to have clean work-out gear for every session.

Camp Check-In & Check-Out:

Check-in will take place in the VT Indoor Football Facility between 12-2pm on the first day of camp. Check-out will take place between 11:00-12:00 on the last day of camp in VT Indoor Football Facility.

First Meal will be Dinner 7/6, and Last Meal Breakfast 7/9

Maps and Directions:

A campus map and directions to campus can be found at;

http://www.vt.edu/where_we_are/maps/campus-maphighres.pdf

For the easiest route to VT Indoor Football Facility you should enter campus from route 460 using Southgate Rd. We will have signs directing you to camp check-in along this route.

Dormitory will be West Ambler Johnson, across from Cassell Colliseum.

Meals (Overnight Campers):

Meals for campers will start with dinner on the first day of camp and end with breakfast on the last day of camp. Breakfast, lunch, and dinner will be served in Dietrick Dining Hall.

Meals (Commuter Campers):

Commuter campers will receive lunch and dinner in Dietrick Dining Hall.

Contacting Camp:

In case of an emergency call Jared Frayer at 727-403-2600.

Daily Camp Schedule:

See Below.

Suggested Items to Bring:

- Pillow and Linens for Single bed XL and dormitory.
- Wrestling, running shoes, headgear, kneepads, singlet, etc
- Workout gear for 3 sessions a day (laundry service facilities are available)
- Laundry detergent
- Toiletries and other personal items: Including towels
- Anti-Bacterial Body Wash
- Notebook and pencil or pen
- Spending money/credit card (for VT wrestling merchandise, snacks, drinks, pizza, etc.)

Lost/Stolen Item:

All of the clothing and gear that you bring you to camp should have your name in permanent marker on them. Lost or stolen items will not be replaced and it is the camper's responsibility to maintain control of all personal belongs while at camp.

Please do not hesitate to ask any of our coaches or counselors for help. Our staff is dedicated to helping you get better and having a great camp experience...please take advantage of their knowledge and experience. Parents are welcome to visit during the week. Camp sessions will be held at Virginia Tech Indoor Football Facility. We are truly excited that you have chosen to attend our camp and we look forward to helping you in any way possible.

Camp Itinerary (Subject to change) Blacksburg, VA July 6-9**Thursday, July 6**

12-2:00	Check In (Virginia Tech Indoor Football Facility)
3:00-5:00	Camp Introductions/Skin Check/ Technique Session (Virginia Tech Indoor Football Facility)
5:30-6:30	Dinner (Dietrick Dining Hall)
7:30-9:30	Technique/ Postional Live
11:00	Lights Out

Friday, July 7

7:00-8:30	Breakfast (Dietrick Dining Hall)
9-10:00	Technique Session (VT Indoor Football Facility)
10-11:15	Competition Round 1
11:30-12:30	Lunch (Dietrick Dining Hall)
1:30-2:45	Warm Up, Rd 2 (VT Indoor Football Facility)
3:00-4:30	Competition Round 3
5-6:00	Dinner (Dietrick Dining Hall)
7:30-9:30	Competition Round 4&5 (VT Indoor Football Facility)
11:00	Lights Out

Saturday, July 8

7:00-8:30	Breakfast (Dietrick Dining Hall)
9:00-10:00	Technique Session (VT Indoor Football Facility)

10:00-11:15	Competition Round 6
11:30-12:30	Lunch (Dietrick Dining Hall)
1:30-4:00	Competition Round 7&8 (VT Indoor Football Facility)
4:15(Optional)	Watch VT Wrestling Practice (VT Indoor Football Facility)
5-6:30	Dinner (Dietrick Dining Hall)
7:00	All Star Match
8:30	Championship Round 9 (All Teams will have match)

Sunday, July 9

7:30-8:30	Breakfast (Dietrick Dining Hall)
9:00	Individual Tournament (VT Football Facility)
11:00	Check-Out when eliminated from tournament.

Tony Robie Wrestling Camps