

South Iredell Soccer Association (SISA)

Soccer Mitigation Plan

Soccer Practices/Games Start Date: February 15, 2021

Soccer Practices/Games End Date: May 14, 2021

Not allowed at practice sessions:

- Handshakes, huddles, sharing of any personal equipment.
- Players sharing personal equipment, such as water bottles or masks.
- Frequent and/or prolonged player-to-player and/or coach-to-player contact.
- Coaches are not permitted to instruct the players by touch before, during or after practices.
- Coaches/players/volunteers must remain six (6) feet away from other coaches and players.
- Participants and family members not feeling well must stay home.
- 101 or more people at a field (maximum of 50 on field, 50 spectators).

Permitted at practice:

- Players are permitted to practice, scrimmage or complete drills with teammates and other SISA registered players.
- All players and coaches must wear a face mask at all times during practice.
- Limited player-to-player and/or coach-to-player contact.
- Players will receive kicked/passed soccer balls from other players and/or their coach.
- All shared equipment will be sanitized before and after practice.
- Players must social distance and remain six (6) feet apart while taking breaks and between drills.
- Maximum of 50 participants on field
- Spectators are asked to stay at their vehicle during practice sessions. However, maximum of 50 spectators off the field.

Permitted at Scrimmages/Games:

- Players are permitted to play games or scrimmages with teammates and other registered SISA players.
- Limited player-to-player, coach-to-player, official-to-player and/or official-to-coach contact.
- Coaches, officials, and others should modify communication and avoid up close face-to-face communication.
- Players, coaches, volunteers & spectators must wear a face covering at all times while on the field during games/scrimmages.
- Players will have a designated location on the sidelines to place their personal belongings and stay spaced six (6) feet apart when not playing.
- Players will receive kicked/passed soccer balls from other SISA players and/or their coach.
- All shared equipment will be sanitized before and after practice.
 - Shared Soccer balls must be sanitized after each session/scrimmage/game.
- Maximum of 50 participants on field/Maximum of 50 spectators off the game field.

Start of Each Practice/Games:

- On arrival coaches will sanitize their hands and equipment that they are transporting with them.
- Players, coaches, volunteers, and spectators must wear a face covering at all times while attending practices and games.
- On arrival players will sanitize their hands.
- All equipment will be sanitized before and after use.

Coaches/ Volunteers:

- Coaches and volunteers must wear a face covering when they are or may be within six (6) feet of another person. This includes talking with parents and children.
- Coaches/volunteers are required to wear NCYSA issued credentials at all times.

Parents/ Spectators:

- It is strongly encouraged that parents/spectators remain at their vehicle during the practice sessions.
- During scrimmages/games, the parents/spectators are strongly encouraged to bring their own lawn chairs and remain 6 feet from anyone that is not in your household, located off the soccer fields.
- Seating for scrimmages/games will be permitted:
 - On the parents side of the field, off of the field playing area
- To keep all participants and their families safe, we are requiring that all parents/spectators wear a mask when on the field or remain in their vehicles during practice/games.
- After practice/games, please go directly to your vehicle.
- If you arrive early, please remain in your vehicle until the team before you has vacated the area and made it inside their vehicle.

Bathrooms:

- There will only be 3 people permitted in the restroom at one time.
- No one is permitted in the restroom when staff is cleaning and disinfecting them.
- Anyone that enters the bathrooms must continue to wear a cloth face mask.

Sanitizing/Disinfection:

- Hand sanitizer will be provided at each soccer field.
- Parents are encouraged to bring their own sanitizer.

Equipment:

- All youth will be asked to bring the minimum amount of equipment with them.
- Youth will be asked to leave their bags with their parents or put it at their designated area on the sidelines spaced apart.
- Players will enter and exit the soccer field maintaining a six feet social distance and must wear a face covering at all times while not in their vehicle.

- Players are allowed to share a soccer ball during certain practice drills/scrimmages/games but they must be sanitized before and after each session.

SISA Board Members/Coaches/Volunteers:

- SISA board members/Coaches/Volunteers will be on site to enforce all COVID-19 safeguards.
- Board Members/Coaches/Volunteers will be wearing an ID badge during practices & games.
- SISA will schedule sessions/scrimmages/games to include thirty (30) minute buffer times between sessions to allow athletes, coaches and staff to enter and exit the field/facility with limited interaction.

Youth/Players:

- Each soccer field should have a bottle of hand sanitizer. Hand sanitizer will be provided by SISA.
- At the end of the practices/scrimmages/games, there will be waves and no handshakes.
- SISA seating plan.
 - Players will have a designated location on the sidelines to place their personal belongings and stay spaced six (6) feet apart when not playing.
- Players must wear face covering at all times.

End of each Practice/Game:

- Players will enter/exit the playing field while maintaining six (6) feet of social distance.
- Youth will gather their gear.
- Players will continue to wear their mask and go directly to their parent's vehicle.
- Parents and players will leave as soon as practice/games are over.
- No grouping together after practice and/or games.

If someone is Sick:

If a participant becomes sick, the coach of said child will be expected to assist and cooperate with the Iredell County Health Department case investigation and contact tracing efforts (i.e. providing phone numbers of players of who may have been in contact with someone, within 48 hours of experiencing symptoms). **Iredell County Health Department (704) 878-5300 (extension 5507 OR 5508)**