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## CERTIFICATION & TRAINING MENU

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*All of our trainings and events are being offered virtually, at this time.*



Specific to Reconnecting Youth



Specific to CAST



Relevant for Both Programs

### Foundational Trainings

#### Social Emotional Learning (SEL)

A series of two 2-hour live Webinars - Customizable

\$250/participant

Optional Variations: *Aligning Evidence-Based Programs with SEL; Aligning SEL and the RY Curriculum; Aligning SEL and the CAST Curriculum; SEL in Out-of-School and After-School Programming*

In this 2-part instructor-led training, you will learn the history and evolution of social and emotional learning and its current significance in schools and youth-serving agencies. By the end of the course, you'll know the short- and long-term benefits to including SEL in your programming, understand the five core competencies of SEL, evaluate your own SEL skills, and be able to design a customized plan for implementing SEL into your work with youth.



## Facilitator Training <sup>®</sup> <sup>©</sup>

A series of three 2-hour live Webinars

\$1000/participant

Facilitator Training prepares an adult to deliver the RY or CAST Curriculum to a group of youths. During the course of these three online training modules, we will explore the RY or CAST program theory, prevention model, and the format of the lessons in the RY or CAST Curriculum. An **interactive overview of the entire semester-long curriculum is included, along with video examples of successful use of all program components.** In addition, the training includes practice with immediate and personalized support, supervision and feedback. This engaging training experience empowers participants to leave the training competent and confident to implement the RY or CAST program as designed.

## Advanced Trainings

### Coordinator Training <sup>®</sup> <sup>©</sup>

A 2-3-hour live Webinar – Customizable

\$800/participant

A Coordinator should be assigned to supervise and support your RY or CAST Program to ensure implementation fidelity. The Coordinator Training is an advanced training following the prerequisite Facilitator Training. Coordinator Training prepares you for important supportive tasks related to coaching, supervision and sustaining programming. This live training is personalized to meet your program's needs. Suggested optional topics include, but are not limited to:

- Using program-specific coding and supervision tools
- Giving feedback related to classroom instruction
- Building community partnerships and infrastructure
- Identifying and recruiting youth participants



## Evaluating your Reconnecting Youth or CAST Program <sup>®</sup> <sup>©</sup>

A 2-hour live Webinar – Customizable

\$250/participant

Evaluation is an essential component of program implementation and a critical step in sustaining your program, including funding. This personalized training will teach you to better utilize your outcome data and assist you in your efforts to document achievements, identify challenges and better develop sustainability plans. Suggested optional topics include, but are not limited to:

- Defining the purpose of evaluation and the importance of ethics and data collection
- Clarifying the difference between process and outcome evaluations
- Using your Logic Model to drive your evaluation
- Reviewing how evaluation results can be used to create a sustainability plan

## Parents as Partners

A 2-hour live Webinar

\$250/participant

This two-hour training is a Parent/Guardian Component to the Reconnecting Youth (RY) and Coping and Support Training (CAST) programs. It is designed as a family-centered, trauma informed intervention that addresses alcohol abuse, anger management, and depression management, getting and giving responsibility, self-esteem building and improving school performance. Parents as Partners Training outlines the important combination of parent group sessions and home visits. The interactive training includes a curriculum set and practical application exercises.

## Booster Trainings

*Booster Trainings are designed as small investments with big returns for those who have completed one or more of the Foundational Trainings.*



## **Reconnecting Youth or CAST Review** ® ©

A 2-hour live Webinar – Customizable

\$250/participant

For those previously trained in the Reconnecting Youth (RY) or Coping and Support Training (CAST) programs, time and external pressures can cause substantial “drift” from the evidence based program design. Join one of our RY or CAST Review Booster Trainings to be reminded of the program components, prevention mechanisms, group profile and other implementation essentials that lead to success. Video examples and quick practice exercises are integrated into this fast-paced, interactive training experience.

## **Remote Program Delivery** 🛠️

A 2-hour live Webinar

\$250/participant

With many schools and agencies across North America cancelling or limiting in-person instruction, those of us who care about the integrity of the learning process are faced with new challenges. In response, we have designed an online approach and user-friendly digital materials for you and your students! The Remote Program Delivery Booster Training will walk you through the use of our digital resources, adapting instruction and activities to an online format, and useful tools on various platforms for creating a seamless transition to online CAST groups and

RY classes. Ice breakers and bonding activities will be suggested to bolster relationship building in an online group environment.

## **Making Your Reconnecting Youth Agenda Posters** ®

A 2-hour live Webinar

\$250/participant

When teaching Reconnecting Youth (in person or online), an engaging daily Agenda Poster is essential to creating consistency, security and boundaries. In this quick Booster



Training, you will learn several techniques for creating your own lesson Agendas, designed to guide your teaching and retain student attention and interest.

***Coming Soon!***

## **Student Identification, Selection, and Invitation** ® ©

A 2-hour live Webinar

\$250/participant

Students are invited to attend RY and CAST, never assigned! The invitation to join an RY class or CAST group should include a full explanation of the program, seek student buy-in and motivate a commitment to behavioral change. This interactive Booster Training details the rationale for an invitation model, the steps in the selection and recruitment process, talking points and frequently asked questions (and answers)!

## **Using the Leader Role Strategically** ® ©

A 2-hour live Webinar

\$250/participant

RY classes and CAST groups benefit from a Leader with a broad repertoire of leadership behaviors and the ability to agilely assume the most appropriate roles at various times in a lesson. This brief Booster Training will help you to assess your preferred (or typically used) leadership roles and challenge you to identify the roles that you are least comfortable in assuming. Practice and supportive coaching will prepare you to be an RY or CAST Leader Extraordinaire!

## **Shared Agenda** ®

A 2-hour live Webinar

\$250/participant

Shared Agenda is a special time in RY and provides one of the primary strategies for developing RY peer group support. When asked what they recall about RY class years later, many students remember this part of the lessons more vividly than any other. This Booster Training will outline how the process for Shared Agenda should evolve throughout the program and cover a menu of helpful strategies for each of four major ways that Shared Agenda time can be troublesome.



## **Discussing Drug & Alcohol Use in RY and CAST**

A 2-hour live Webinar

\$250/participant

This Booster Training focuses on the RY and CAST program goal of decreasing drug involvement. Because we know there is a relationship between youth drug use and being at risk for school dropout, emotional distress, and even suicidal behaviors, facilitating honest discussions about drug use is a critical part of both prevention programs. We will introduce the principles and strategies related to facilitating changes in drug use, and you will be given the opportunity to practice the appropriate techniques to motivate students toward being, or remaining, drug free.

## **Appropriate Use of Self-Disclosure in RY and CAST**

A 2-hour live Webinar

\$250/participant

There will be many appropriate opportunities to use yourself or your own stories as examples in the RY class and CAST group. You will be faced, sometimes quite early on, with the decision about how much to share, if anything, about your own personal life, including your drug use history. This Booster Training is designed to raise awareness about when self-disclosure is appropriate and when it is inappropriate. You will have a chance to think through and practice how you will respond to opportunities and requests for disclosure, given various scenarios and examples.



## **Developmental Phases of Groups**

A 2-hour live Webinar

\$250/participant

**Developing a positive peer group in RY and CAST is essential for preventing negative peer influences. This Booster Training compliments the required leader behaviors taught in the Foundational Facilitator Training, by identifying the developmental phases in the life of an RY or CAST group. Each phase is described in terms of typical student behaviors and corresponding leader responsibilities, thereby helping the facilitator identify where the group is and what needs to be done to move the group to the next phase.**