

**Patrick Nicholas' High Performance Training Academy:**  
**Beach Volleyball Tournament**  
**August 16, 2020**  
**At Catawba College**  
**Social Distancing Plan**

**Check-In is 8:00am August 16:**

- Competitors will check-in at the Beach Courts Complex Gazebo. The Beach Courts Complex is located to the back and side of Abernathy Gym and across from the Football Stadium. Please walk up to the area around the Gazebo and Basketball courts area and have your masks on and wait for the Tournament Director to call you over. 6 ft minimum "Social Distancing" as required by the State of NC.
- During check in there will be no contact between the staff and the participant. Waiver Forms are online and are to be completed online. Please have the General Waiver (the Medical Form/Parental Consent pg.1, Medical Consent/Liability Waiver/Photographic Release pg.2), in addition, the Assumption of Risk Relating to Coronavirus Waiver filled out completely with all signatures completed.
- Tournament Director & Assistant and participants will go through a screening when they arrive at Check-in to see if they have any symptoms. Temperatures will be taken and we will be using the questionnaire provided by the North Carolina Health and Human Services.
- If a competitor has any symptoms they will be asked to leave the facility & campus immediately.
- Parent/Parents of participants will be asked to stay in their cars during the check in process. Tents/chairs may be set up at a minimum 6 ft apart on the outside of the fencing of the Beach Complex, across the street around the outside of the Football stadium and up the hill behind the Gazebo and must be at a minimum of 6 ft apart.
- Only the competitors currently playing & the team officiating are to enter the fencing and be on the inside of the Beach Courts Complex, a maximum of 18.
- Bring plenty of water & other fluids as well as meals/snacks and clearly identify all water bottles/drinks, coolers and personal belongs with the participants name on them.
- Please have Hand Sanitizer to sanitize your hands before & after each match.
- There is a shower and hose located at the Beach Courts Complex to use after each match. Please bring antibacterial soap.
- Parking: There is a parking lot between Abernathy Gym and the Beach Courts Complex. In addition, there is parking on the opposite side of the Beach Courts Complex next to the Basketball Court and there is parking in the front of the Football Stadium/Baseball Stadium/Abernathy Gym.
- For maps & directions go to: [www.catawba.edu](http://www.catawba.edu) then under "Campus Information".

**ADDITIONAL INFORMATION:**

- Some reliable sources include:
  - NC DHHS COVID-19,
  - Know Your Ws: Wear, Wait, Wash,
  - NC DHHS COVID-19 Latest Updates,
  - NC DHHS COVID-19 Materials & Resources.