



Park Sharon Baseball COVID-19 Policy

PSAA COVID-19 POLICY IN EFFECT UNTIL FURTHER NOTICE

Dated: 2/22/2021

In accordance with direction provided by the *North Carolina Department of Health and Human Services*, baseball has been deemed a non-contact sport activity that is permitted for play given that participants can maintain social distancing or have limited and brief close-contact. CMS has allowed baseball to return to play at the Quail Hollow Middle School fields. Please note, as Federal, State and Local COVID-19 guidelines change or evolve, PSAA's policies may as well, so we ask that you be flexible as we navigate this. Our #1 goal is to provide a safe and fun baseball experience for our players and families this Spring season.

MASK* MANDATE

- ✓ 100% mask requirement for all players (other than TBall Division)
- ✓ 100% mask requirement for all coaches
- ✓ 100% mask requirement for all spectators 5-years and older
- ✓ NC Dept of Health Exceptions Include: anyone with a disability, behavioral condition or medical concern including an adult or child who has trouble breathing

**Mask = any kind of face-covering that covers both the nose and the mouth.*

ADDITIONAL INFORMATION

- Dugouts will be open for players & coaches wearing masks but please avoid contact
- Players will also be allowed to sit near the dugout along fence with parents during games
- Bleachers will be open with new mask mandate in effect but please maintain distance
- Coaches will limit sharing of catcher equipment and ensure catcher mask is sanitized for MP, Minors and Majors
- Players are asked to not share equipment
- Team drinks and snacks are prohibited
- Coaches will discourage player fist-bumps and high-fives etc.
- Post-game team "hat-wave" continues to replace hand-shakes
- Anyone **exhibiting** symptoms of an illness (i.e. sneezing, coughing, congestion, runny nose, headache, sore throat, difficulty breathing, new loss of taste or smell, fever or chills, nausea, diarrhea, etc.) should NOT attend any PSAA event
- Anyone who is **repeatedly** sneezing, coughing, or exhibiting other symptoms consistent with COVID-19 may be asked to immediately cease participation and/or leave the PSAA fields and/or the PSAA event.

All PSAA families are expected to closely follow CDC guidance related to experiencing COVID symptoms, adhere to positive case protocol and stay-at-home requirements.

PSAA leadership believes this policy offers the best path for us to protect our families during the pandemic while also allowing us to play a full Spring season with minimal schedule disruption.

This policy will be reviewed regularly based on the latest guidance from our Federal, State and Local governments and it's possible the mask mandate for players in particular could be lifted as the season progresses based on conditions.

Please do not confront anyone who is not wearing a mask. PSAA leadership will address any concerns related to compliance in a private setting away from the fields.

PSAA COVID-19 QUARANTINE POLICY

PSAA Quarantine Policy follows the recommendation of both the CDC* and the Mecklenburg County Health Department**.

The recommended quarantine period is still **14 days**. Both the CDC and Mecklenburg County have guidelines to shorten this timeframe if you follow strict precautions at ALL times.

- **DIRECT** Exposure *** to a COVID-19 Positive Person requires a 10-Day Quarantine.
- Once your 10 days have been completed **AND** you have **NO** symptoms you can then return to normal activities with the team.
- If a player tests **POSITIVE and had symptoms**, the player can return to normal activities 10 days after the onset of symptoms **AND** 24 hours with no fever without fever-reducing medication **AND** other COVID-19 symptoms are improving. ****
- If a player tests **POSITIVE and had NO symptoms**, the player can return to normal activities 10 days after the positive test was administered. ****

!!! Failure to report DIRECT exposure of ANY immediate family member to your Coach will result in penalties up to and including being expelled from the team. !!!

* <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>

** <https://www.mecknc.gov/COVID-19/Documents/Self-Quarantine-Instructions-English.pdf>

*** <https://www.cdc.gov/coronavirus/2019-ncov/php/contact-tracing/contact-tracing-plan/appendix.html#contact>

**** <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/isolation.html>