



4v4 Standards of Play for Little Kickers and 1st/2nd Grades

Field

- 25-35 yards (length)
- 15-25 yards (width)
- Goals should be no larger than 4 feet (height) x 6 feet (width)
- Corner flags are not needed

Games

- Size 3 or 4 ball
- 4v4 (No goalie) Shin guards are required
 - To limit the number of kids sitting out, coaches may agree to play with a 5th player each
- 1st / 2nd Grade games will have an appointed referee
- Substitutions are unlimited and can occur at any time
- Two 20 minute halves with a 3 minute half time
 - **Little Kickers** first 25 minutes of practice followed by 25 minute game
- Kick offs, free kicks, goal kicks and corner kicks are used to start or restart play
 - **Little Kickers** no corner kicks, goal kicks, free kicks or throw-ins
- Kick-ins and/or dribble-ins are also acceptable (**no throw-ins**)
- Goal kicks and corner kicks should be taken in the general vicinity of the respective goal or corner
 - **Little Kickers** no goal kicks or corner kicks
- If used, all free kicks are indirect (which means after a foul, a free kick must be kicked to another player and cannot be a shot on goal)
- Opposing team will start with the ball at midfield after a goal is scored. Opponents should be a minimum of 10 feet away from the ball on the restart
- Opposing team should line up on their side of the field on all goal kicks. (midfield line indicates the side of the field, **coaches and referees need to enforce this on every occasion**)
- No penalty kicks
- No offside, players who stand in front of the opposing goal will be encouraged to move (**coaches and referees need to enforce this on every occasion**)
- No Goalies, players who stand in front of their own goal will be encouraged to move (**Coaches and referees should encourage kids to not stand in front of the goal like a goalie**)
- Together, coaches and parents are expected to create and promote a fun and safe environment for the players



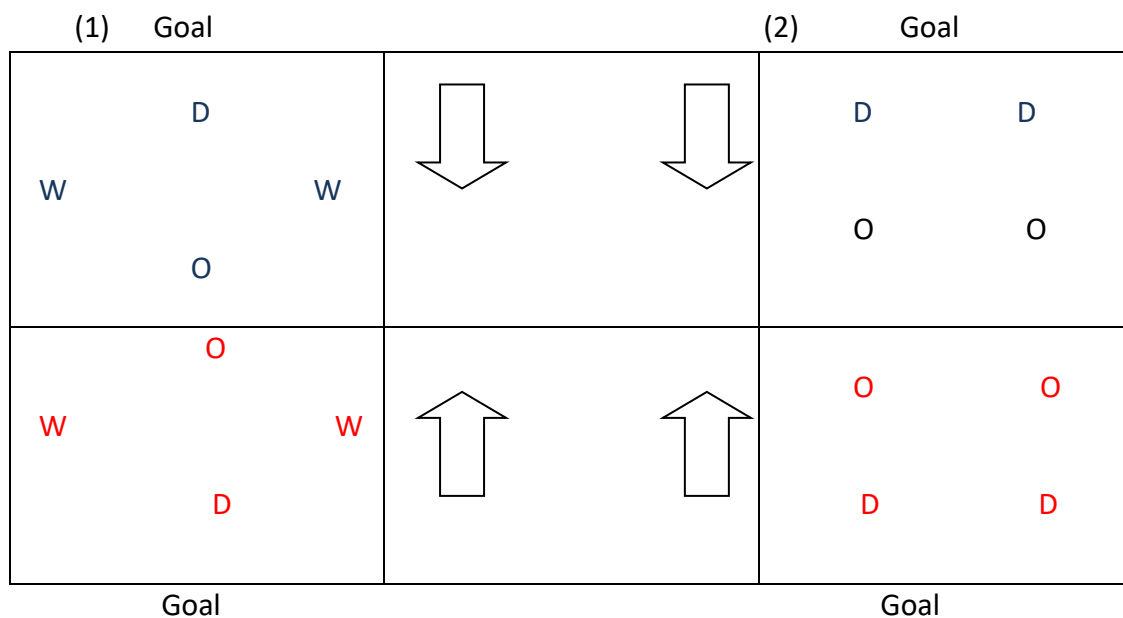
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Issues with fields, parents, coaches, players and/or referees must be reported to the trustees through the MTLsoccer@gmail.com mailbox.

These rules have taken from US Soccer and have been slightly modified to meet MTL Soccer needs. See the below link for more information.

<https://usys-assets.ae-admin.com/assets/1/15/Small%20Sided%20Games%20Rules.pdf>

- Below are two recommended Line-ups of players during the 4v4 games. The 1st/2nd Grade age group should start to understand the general principles of positions. **(Coaches and referees should ensure the kids are lined up accordingly)**



D- Defensive player

W- Wing player/midfielder (offensive and defensive positions)



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O- Offensive player

While we do not want the players to be restricted to these spaces we do want them to start to learn the difference between Offensive and Defensive positions.

Referees Responsibilities

- Show up on time (Minimum 10 minutes before the start of the game)
- Ensure the fields are playable and clear of any garbage, sticks, rocks, etc....
- Ensure goal nets are fastened
- Introduce yourself to the coaches
- Check each player for shin guards and cleats (Cleats are not required)
- Enforce the following standards
 - No goalies, players should not stand in front of the goal during the play
 - Players should return to their side of the field for all opposing goal kicks
- Follow the play, project your voice and explain to the players what they need to do
 - Players may not know the difference between a goal kick and corner kick
- Keep track of the time
- Report any injuries/player/coach issues to mtlsoccer@gmail.com