

COVID-19 Return to Play Plan

Phase 4: Sports and Recreational Guidelines

HappyFeet Sk



Before Playing

- Arrive only five minutes before the rental time begins, coming dressed and ready, and exiting no later than 10 minutes after the rental time ends.
- Play only with family members, persons living in your household or individuals you believe to be low risk.
- Do not play if you or your playing partner: (establish and include screening protocols)
 - “Have you have been in close contact with a confirmed or probable case of COVID-19?”
 - “Do you have a cough, shortness of breath or fever?”
 - All parents are sent COVID health checklist prior to classes starting. They must also consult signage posted upon entering the facility and rental room.
- Classes are restricted to 10 kids per class and spectators other than parents are not allowed in the room. We also request that only one parent come when possible.

Preparing to Play

- All coaches are supplied with hand sanitizer and will be wearing face shields during their sessions.
- All balls, discs and cones are disinfected prior to each class
- Participants must wash hands or use hand sanitizer before class starts
- Do not share equipment with others.
- If you cough or sneeze, do so in a tissue or in your sleeve.
- Stay home if sick
- Coach will be consulting their provided roster and taking notes of attendance

While Playing

- We are abiding by the individual sports and activities guidelines, players in their designated classes will be apart of their own ‘league’ but will not be playing

against any other players. This means there will only be one 'team' of 10 children maximum on their designated day/duration of play.

- Spacing will be encouraged for the duration of the class
- Participants must bring their own water bottles
- Parents must sit 2 meters apart from those who are not within their household and masks are encouraged to be worn.
- High-fives and fist bumps are not allowed, nor are hand stamps.

After Playing

- Ensure the area is cleaned including facility equipment.
- Wash your hands carefully with water and disinfectant soap or with hand sanitizer.
- Encourage all participants and their parents to practice safe hand hygiene before returning home
- Leave the space immediately after you finish playing and exit the facility. There will be two classes with 15 minutes in between each class to ensure proper sanitization of coaches equipment.