

FUTURE LEGENDS U5 (2019) Coed 3v3... KINS

Germantown Legends Recreational Soccer (Division 4)

www.GermantownLegendsSoccer.com

For field status, check any one of the following:

<https://www.FACEBOOK.com/GermantownLegendsSoccer>

<https://TWITTER.com/GermantownSoc>

<https://www.INSTAGRAM.com/GermantownLegendsSoccer>

Official schedule found online... GAMES.GermantownLegends.com

1 U5 Bayer Leverkusen - Kojm - TU

2 U5 Mönchengladbach - Shelby - M

3 U5 Bor. Dortmund - Childress-Pointer - TH

4

5 U5 RB Leipzig - (AC White) - M

6

7

8

9

10

Bundesliga (Germany)

U5 ECS - Bailey

U5 ECS - Crockarell

U5 ECS - Parks

U5 ECS - Parrish

U5 Sporting United - Tynesha

KickingIsNotASoccerSkill.GermantownLegends.com

When posting messages to social media, please use the hashtag #LegendsSoccer or 'tag' Germantown Legends Soccer

| DATE | TIME | LOCATION | FIELD | WEEK | AWAY (White) | HOME (Red/ Dark) |
|------------------------------|----------|----------|-------|------|--|---|
| Week of August 7 | | | | | Pullback, Sideways Roll and Toe Taps | |
| Week of August 14 | | | | | Tick Tock and La Croqueta | |
| Saturday, August 19, 2023 | | | | | SoccerFEST... Small-sided Games | SoccerFEST.GermantownLegends.com |
| Week of August 21 | | | | | REVIEW: Pullback, Sideways Roll, Toe Taps, Tick Tock and La Croqueta | |
| Week of August 28 | | | | | Maradona and Squirrt | |
| Monday, September 4, 2023 | | | | | Labor Day | |
| Week of September 4 | | | | | Inside Cut (turn) and Outside Chop (turn) | |
| Saturday, September 9, 2023 | 9:30 AM | Cloyes | 1-A | 1 | 1 U5 Bayer Leverkusen - Kojm - TU | 8 U5 ECS - Parks |
| Saturday, September 9, 2023 | 9:30 AM | Cloyes | 1-B | 1 | 2 U5 Mönchengladbach - Shelby - M | 7 U5 ECS - Crockarell |
| Saturday, September 9, 2023 | 9:30 AM | Cloyes | 1-C | 1 | 3 U5 Bor. Dortmund - Childress-Pointer - TH | 6 U5 ECS - Bailey |
| Saturday, September 9, 2023 | 10:30 AM | Cloyes | 1-A | 1 | 4 U5 FC Augsburg - (TM Cabbage) - TU | 5 U5 RB Leipzig - (AC White) - M |
| Saturday, September 9, 2023 | 10:30 AM | Cloyes | 1-B | 1 | 9 U5 ECS - Parrish | 10 U5 Sporting United - Tynesha |
| Week of September 11 | | | | | Cruyff (turn) Zig Zag and Juggling | |
| Saturday, September 16, 2023 | 9:30 AM | Cloyes | 1-A | 2 | 4 U5 FC Augsburg - (TM Cabbage) - TU | 10 U5 Sporting United - Tynesha |
| Saturday, September 16, 2023 | 9:30 AM | Cloyes | 1-B | 2 | 5 U5 RB Leipzig - (AC White) - M | 3 U5 Bor. Dortmund - Childress-Pointer - TH |
| Saturday, September 16, 2023 | 9:30 AM | Cloyes | 1-C | 2 | 6 U5 ECS - Bailey | 2 U5 Mönchengladbach - Shelby - M |
| Saturday, September 16, 2023 | 10:30 AM | Cloyes | 1-A | 2 | 7 U5 ECS - Crockarell | 1 U5 Bayer Leverkusen - Kojm - TU |
| Saturday, September 16, 2023 | 10:30 AM | Cloyes | 1-B | 2 | 8 U5 ECS - Parks | 9 U5 ECS - Parrish |
| Week of September 18 | | | | | Simple Fake/ Shoulder Feint and Matthews | |
| Saturday, September 23, 2023 | 9:30 AM | Cloyes | 1-A | 3 | 2 U5 Mönchengladbach - Shelby - M | 9 U5 ECS - Parrish |
| Saturday, September 23, 2023 | 9:30 AM | Cloyes | 1-B | 3 | 3 U5 Bor. Dortmund - Childress-Pointer - TH | 8 U5 ECS - Parks |
| Saturday, September 23, 2023 | 9:30 AM | Cloyes | 1-C | 3 | 4 U5 FC Augsburg - (TM Cabbage) - TU | 7 U5 ECS - Crockarell |
| Saturday, September 23, 2023 | 9:30 AM | Cloyes | 1-D | 3 | 5 U5 RB Leipzig - (AC White) - M | 6 U5 ECS - Bailey |
| Saturday, September 23, 2023 | 10:30 AM | Cloyes | 1-B | 3 | 1 U5 Bayer Leverkusen - Kojm - TU | 10 U5 Sporting United - Tynesha |
| Week of September 25 | | | | | Backwards 'L' and Roll-over & Pullback | |
| September 29- October 1 | | | | | SILENT SIDELINE WEEKEND | |
| Saturday, September 30, 2023 | 9:30 AM | Cloyes | 1-A | 4 | 5 U5 RB Leipzig - (AC White) - M | 10 U5 Sporting United - Tynesha |
| Saturday, September 30, 2023 | 9:30 AM | Cloyes | 1-B | 4 | 6 U5 ECS - Bailey | 4 U5 FC Augsburg - (TM Cabbage) - TU |
| Saturday, September 30, 2023 | 9:30 AM | Cloyes | 1-C | 4 | 7 U5 ECS - Crockarell | 3 U5 Bor. Dortmund - Childress-Pointer - TH |
| Saturday, September 30, 2023 | 10:30 AM | Cloyes | 1-A | 4 | 8 U5 ECS - Parks | 2 U5 Mönchengladbach - Shelby - M |
| Saturday, September 30, 2023 | 10:30 AM | Cloyes | 1-B | 4 | 9 U5 ECS - Parrish | 1 U5 Bayer Leverkusen - Kojm - TU |
| Week of October 2 | | | | | FUTURE LEGENDS NIGHT GAMES WEEK | |
| Monday, October 2, 2023 | 5:30 PM | Cloyes | 1-A | 5 | 3 U5 Bor. Dortmund - Childress-Pointer - TH | 1 U5 Bayer Leverkusen - Kojm - TU |
| Monday, October 2, 2023 | 5:30 PM | Cloyes | 1-B | 5 | 2 U5 Mönchengladbach - Shelby - M | 10 U5 Sporting United - Tynesha |
| Monday, October 2, 2023 | 5:30 PM | Cloyes | 1-C | 5 | 4 U5 FC Augsburg - (TM Cabbage) - TU | 9 U5 ECS - Parrish |
| Monday, October 2, 2023 | 5:30 PM | Cloyes | 1-D | 5 | 5 U5 RB Leipzig - (AC White) - M | 8 U5 ECS - Parks |
| Tuesday, October 3, 2023 | 5:30 PM | Cloyes | 1-A | 5 | 6 U5 ECS - Bailey | 7 U5 ECS - Crockarell |
| Saturday, October 7, 2023 | | | | | FALL BREAK | NO GAMES |
| Saturday, October 14, 2023 | | CLOYES | | | SoccerFEST 2 | CANCELLED |

C – Cancelled game; D – Day change; F – Field change; L – Location; O – New opponent; R – Rescheduled game; T – Time change; + Game added; * Day time

| DATE | TIME | LOCATION | FIELD | WEEK | AWAY (White) | | HOME (Red/ Dark) | | |
|-----------------------------|----------|----------|-------|------|---|---|--------------------------------|---|------------------------------|
| Week of October 16 | | | | | Scissors and Puskas (V-turn) | | | | |
| Saturday, October 21, 2023 | 9:30 AM | Cloyes | 1-A | 6 | 7 | U5 ECS - Crockarell | 5 | U5 RB Leipzig - (AC White) - M | |
| Saturday, October 21, 2023 | 9:30 AM | Cloyes | 1-B | 6 | 8 | U5 ECS - Parks | 4 | U5 FC Augsburg - (TM Cabbage) - TU | |
| Saturday, October 21, 2023 | 9:30 AM | Cloyes | 1-C | 6 | 9 | U5 ECS - Parrish | 3 | U5 Bor. Dortmund - Childress-Pointer - TH | |
| Saturday, October 21, 2023 | 10:30 AM | Cloyes | 1-A | 6 | 10 | U5 Sporting United - Tynesha | 6 | U5 ECS - Bailey | |
| Saturday, October 21, 2023 | 10:30 AM | Cloyes | 1-B | 6 | 1 | U5 Bayer Leverkusen - Kojm - TU | 2 | U5 Mönchengladbach - Shelby - M | |
| Week of October 23 | | | | | Preki and Zico | | | | |
| Saturday, October 28, 2023 | 9:30 AM | Cloyes | 1-A | 7 | 4 | U5 FC Augsburg - (TM Cabbage) - TU | 2 | U5 Mönchengladbach - Shelby - M | |
| Saturday, October 28, 2023 | 9:30 AM | Cloyes | 1-B | 7 | 5 | U5 RB Leipzig - (AC White) - M | 1 | U5 Bayer Leverkusen - Kojm - TU | |
| Saturday, October 28, 2023 | 9:30 AM | Cloyes | 1-C | 7 | 10 | U5 Sporting United - Tynesha | 3 | U5 Bor. Dortmund - Childress-Pointer - TH | |
| Saturday, October 28, 2023 | 10:30 AM | Cloyes | 1-A | 7 | 6 | U5 ECS - Bailey | 9 | U5 ECS - Parrish | |
| Saturday, October 28, 2023 | 10:30 AM | Cloyes | 1-B | 7 | 7 | U5 ECS - Crockarell | 8 | U5 ECS - Parks | |
| Week of October 30 | | | | | Elastico and Drag & Go | | | | |
| November 3- 5 | | | | | SILENT SIDELINE WEEKEND II | | | | |
| Saturday, November 4, 2023 | 9:30 AM | Cloyes | 1-A | 8 | 8 | U5 ECS - Parks | 6 | U5 ECS - Bailey | |
| Saturday, November 4, 2023 | 9:30 AM | Cloyes | 1-B | 8 | 9 | U5 ECS - Parrish | 5 | U5 RB Leipzig - (AC White) - M | |
| Saturday, November 4, 2023 | 9:30 AM | Cloyes | 1-C | 8 | 10 | U5 Sporting United - Tynesha | 7 | U5 ECS - Crockarell | |
| Saturday, November 4, 2023 | 10:30 AM | Cloyes | 1-A | 8 | 1 | U5 Bayer Leverkusen - Kojm - TU | 4 | U5 FC Augsburg - (TM Cabbage) - TU | |
| Saturday, November 4, 2023 | 10:30 AM | Cloyes | 1-B | 8 | 2 | U5 Mönchengladbach - Shelby - M | 3 | U5 Bor. Dortmund - Childress-Pointer - TH | |
| Week of November 6 | | | | | Beardsley and Stop & Go | | | | |
| Saturday, November 11, 2023 | 9:30 AM | Cloyes | 1-A | 9 | 8 | U5 ECS - Parks | 10 | U5 Sporting United - Tynesha | |
| Saturday, November 11, 2023 | 9:30 AM | Cloyes | 1-B | 9 | 9 | U5 ECS - Parrish | 7 | U5 ECS - Crockarell | |
| Saturday, November 11, 2023 | 9:30 AM | Cloyes | 1-C | 9 | 1 | U5 Bayer Leverkusen - Kojm - TU | 6 | U5 ECS - Bailey | |
| Saturday, November 11, 2023 | 10:30 AM | Cloyes | 1-A | 9 | 2 | U5 Mönchengladbach - Shelby - M | 5 | U5 RB Leipzig - (AC White) - M | |
| Saturday, November 11, 2023 | 10:30 AM | Cloyes | 1-B | 9 | 3 | U5 Bor. Dortmund - Childress-Pointer - TH | 4 | U5 FC Augsburg - (TM Cabbage) - TU | |
| Week of November 13 | | | | | FUTURE LEGENDS NIGHT GAMES WEEK II | | | | |
| Monday, November 13, 2023 | 5:30 PM | Cloyes | 1-A | 10 | 8 | U5 ECS - Parks | 1 | U5 Bayer Leverkusen - Kojm - TU | |
| Monday, November 13, 2023 | 5:30 PM | Cloyes | 1-B | 10 | 7 | U5 ECS - Crockarell | 2 | U5 Mönchengladbach - Shelby - M | |
| Monday, November 13, 2023 | 5:30 PM | Cloyes | 1-C | 10 | 6 | U5 ECS - Bailey | 3 | U5 Bor. Dortmund - Childress-Pointer - TH | |
| Open | 5:30 PM | Cloyes | 1-D | 10 | 5 | U5 RB Leipzig - (AC White) - M | 4 | Open | |
| Tuesday, November 14, 2023 | 5:30 PM | Cloyes | 1-A | 10 | 10 | U5 Sporting United - Tynesha | 9 | U5 ECS - Parrish | |
| Thursday, November 16, 2023 | 6:30 PM | Cloyes | 1-D | 10 | O | 5 | U5 RB Leipzig - (AC White) - M | 10 | U5 Sporting United - Tynesha |
| Open | 9:30 AM | Cloyes | 1-A | 11 | 10 | U5 Sporting United - Tynesha | 4 | Open | |
| Saturday, November 18, 2023 | 9:30 AM | Cloyes | 1-B | 11 | 3 | U5 Bor. Dortmund - Childress-Pointer - TH | 5 | U5 RB Leipzig - (AC White) - M | |
| Saturday, November 18, 2023 | 9:30 AM | Cloyes | 1-C | 11 | 2 | U5 Mönchengladbach - Shelby - M | 6 | U5 ECS - Bailey | |
| Saturday, November 18, 2023 | 10:30 AM | Cloyes | 1-A | 11 | 1 | U5 Bayer Leverkusen - Kojm - TU | 7 | U5 ECS - Crockarell | |
| Saturday, November 18, 2023 | 10:30 AM | Cloyes | 1-B | 11 | 9 | U5 ECS - Parrish | 8 | U5 ECS - Parks | |
| Monday, November 20, 2023 | | | | | Spring 'Early Bird' Registration begins | | | | |
| Saturday, November 25, 2023 | | | | | Turkey Cup | | | | |
| Saturday, December 9, 2023 | | | | | Christmas Parade | | | | |
| | | | | | PARADE.GermantownLegends.com | | | | |

2024 SPRING REC SEASON

Saturday, November 18, 2023 Registration begins for Spring

| DATE | TIME | LOCATION | FIELD | WEEK | AWAY (White) | HOME (Red/ Dark) |
|-----------------------------|---------|----------|-------|------|--------------------------------------|--|
| Friday, December 15, 2023 | | | | | Early Bird registration ends | |
| Monday, January 15, 2024 | | | | | TEAM & FRIEND Request Deadline* | Visit RegistrationPolicies.GermantownLegends.com |
| Thursday, January 25, 2024 | 6:15 PM | TBD | | | PRE-SEASON NEW PARENT MEETING | |
| Monday, January 29, 2024 | | | | | Pre-season 'Player' Training begins | |
| Thursday, February 1, 2024 | | | | | LATE REGISTRATION begins | |
| Thursday, February 15, 2024 | 6:15 PM | Cloyes | | | Coaches' & New Parent Meeting | |
| Saturday, February 17, 2024 | | Cloyes | | | SoccerFEST.GermantownLegends.com | SoccerFEST... Small-sided Games |
| Monday, February 19, 2024 | | | | | Team Practices begin | |
| Saturday, March 2, 2024 | | | | S1 | Spring REC Season begins | |

GAME RULES FOR THE U5/U6 FUTURE LEGENDS

Kicking is **NOT** Soccer.... KINS

The KINS Program's main objective is to promote and emphasize the skill of DRIBBLING at the U5 through U6 age groups, and discourage the aimless booting of the ball that is all too prevalent at these young ages. When young players are conditioned to just kick the ball forward as far as possible, their skill development is stunted, making it harder for them to reach their true potential.

DRIBBLING is the foundation and preparation for all the other fundamental skills of soccer, such as controlling, passing, and shooting. Laying the proper dribbling foundation at the youngest years will enhance the players' ability to improve all the soccer skills. No matter what level the players will end up playing, recreational or select, they will derive increased pleasure from the game if they can control the ball better and become more adept at manipulating it.

The spectators will also enjoy the game more if they can watch players who exhibit skill and creativity.

The program's **second objective is to promote decision making by the players** on the field and reduce their dependence on the adults for problem solving.

NEW BALL METHOD

The idea behind the 'new ball method' is to keep the flow of the game constant and increase the number of ball touches by all the players.

The 'new ball method' eliminates restarts such as throw-ins and corner kicks and keeps the ball in play continuously. Restarts might be important to the game results at the highest level of play, but they have NO relevance or developmental benefits at the U5 or U6 level.

Since the objective of the KINS Program is to teach players to **DRIBBLE**, every aspect of the traditional game that reduces the opportunity to dribble is removed. The basic principle of this method is that, when a ball goes out of bounds, the coach **ROLLS** a new ball into play (after a 5 count).

IMPLEMENTING THE KINS PROGRAM:

When a ball goes out of bounds, the coach yells "new ball!!" and ROLLS a new one in. The players will learn quickly to react to the new ball.

Always **ROLL the ball on the ground into the UNOCCUPIED space**. Players will learn to move towards the ball.

Do NOT throw the ball in the air since the players are not yet skilled enough to control a bouncing ball.

Count to 5 (to yourself... 1 Mississippi, 2 Mississippi, etc.) before putting a 'new ball' into play.

Coaches can also use this method to get the non-assertive players involved, by rolling the ball towards them. This will help bring them out of their shell. If the players are really shy, simply place the ball at their feet.

After each goal, roll the ball on the ground to the OTHER team on their half of the field.

If one team is dominating the game, the advantage can be shifted to the other team by throwing the ball accordingly.

This method can also be used to break up a 'beehive'. If all the players are bunched up around the ball, shout "new ball" and throw one into the open space.

Remember to always praise the players for every attempt... acknowledging the soccer skill used (if possible). Keep them excited and motivated.

| TOPIC | RULES FOR U5/ U6 (KINS) |
|----------------|---|
| LENGTH OF GAME | Four 8-minute Quarters, with a minimum of a 2 minute break between each quarter, and 5 minutes at half. |
| PLAYERS | 3v3.... Three on the field at one time from each team, maximum 6 players per roster. May play 2v2 or 2v3 |
| GOALIES | NO Goalkeepers. Players can defend but are not allowed to stand in front of the goal regardless of where the ball is in the field. Players are encouraged to attack and defend as a team. |
| FOULS | No penalty kicks...just award ball to other team NO sliding. Play on when hand ball occurs unless blatantly obvious |

| DATE | TIME | LOCATION | FIELD | WEEK | AWAY (White) | HOME (Red/ Dark) |
|---------------|--|----------|-------|------|--------------|------------------|
| OTHER | All players play a minimum of 50% . Player's time is connected to practice and participation, if a player regularly misses practice, it will affect playtime. | | | | | |
| | After each goal, roll the ball to the OTHER team from the sideline. As it is NOT age appropriate, never throw the ball into the air. TWO goals of these age group: 1. Positive first touch 2. Ability to dribble Goal differential: Differentials of 3- 4 goals, teams should start getting creative by asking players to do certain moves before dribbling towards the goal, moving team up the field to begin play, dribbling the ball into the defensive side of the field before going forward. Coaches may come on field during restarts for positioning, but MUST EXIT THE FIELD BEFORE PLAY RESUMES. NO results are being recorded, NO league standings, or win/loss/tie records, this league exists for beginning player development. SHARE players if necessary. | | | | | |
| SAFETY | All items of jewelry (necklaces, rings, bracelets, watches, earrings, leather bands, rubber bands, large hair bows etc.) are strictly forbidden and must be removed. Using tape to cover jewelry is not acceptable. NO heading. (US Soccer does NOT recommend heading until a player reaches the U12 age group.) | | | | | |

Players, especially at this age, should be encouraged to **dribble, dribble, dribble**,.....

Just kicking the ball to escape pressure should NEVER be encouraged at this age.

How many times a game do your young players attempt to **dribble into space**, away from pressure? ...versus just kicking the ball (to the other team).

Instead of suggesting a 'kick', why not attempt a soccer skill or move,..... Pull-back, V, Scissors, Cryuff, Step-over, Simple fake, etc.