

# FUTURE LEGENDS GIRLS U7 (2017) 4v4

## Germantown Legends Recreational Soccer (Division 4)

[www.GermantownLegendsSoccer.com](http://www.GermantownLegendsSoccer.com)

For field status, check any one of the following:

<https://www.FACEBOOK.com/GermantownLegendsSoccer>

<https://TWITTER.com/GermantownSoc>

<https://www.INSTAGRAM.com/GermantownLegendsSoccer>

Official schedule found online... [GAMES.GermantownLegends.com](http://GAMES.GermantownLegends.com)

[KickingIsNotASoccerSkill.GermantownLegends.com](http://KickingIsNotASoccerSkill.GermantownLegends.com)

## Ligue 1 (France)

### TEAM

- 1 **GU7 Bordeaux - Dixon - TH**
- 2 **GU7 Cannes - Eckenhoff - TU**
- 3 **GU7 Lyon - Cunningham - M**
- 4 **GU7 Metz - (TM Johnson) - \_**

### TEAM

- 5 **GU7 Sète - Baum - M**
- 6 **GU7 ECS - Holt**
- 7 **GU7 OLPH - Song**
- 8 **GU7 OLPH - Blue**

\* Additional registration required for the REC Skills Club and Fall Break Camp.

DATE	TIME	LOCATION	FIELD	WEEK	AWAY (White)	HOME (Red/ Dark)
Week of August 7					Pullback, Sideways Roll and Toe Taps	
Week of August 14					Tick Tock and La Croqueta	
<b>Saturday, August 19, 2023</b>					SoccerFEST... Small-sided Games	SoccerFEST.GermantownLegends.com
Week of August 21					REVIEW: Pullback, Sideways Roll, Toe Taps, Tick Tock and La Croqueta	
<b>Wednesday, August 23, 2023</b>	6:00 PM	Cloyes			REC Skills Club*	
Week of August 28					Maradona and Squirt	
<b>Wednesday, August 30, 2023</b>	6:00 PM	Cloyes			REC Skills Club*	
Monday, September 4, 2023					Labor Day	
Week of September 4					Inside Cut (turn) and Outside Chop (turn)	
<b>Wednesday, September 6, 2023</b>	6:00 PM	Cloyes			REC Skills Club*	
Saturday, September 9, 2023	1:40 PM	Cloyes	2-A	1	2 <b>GU7 Cannes - Eckenhoff - TU</b>	1 <b>GU7 Bordeaux - Dixon - TH</b>
Saturday, September 9, 2023	1:40 PM	Cloyes	2-B	1	3 <b>GU7 Lyon - Cunningham - M</b>	13 <b>GU8 Sporting United - Jalisa</b>
Saturday, September 9, 2023	1:40 PM	Cloyes	2-C	1	4 <b>GU7 Metz - (TM Johnson) - _</b>	12 <b>GU8 SGIS Lady Gryphons</b>
Saturday, September 9, 2023	2:50 PM	Cloyes	2-A	1	5 <b>GU7 Sète - Baum - M</b>	11 <b>GU8 Lausanne _</b>
Saturday, September 9, 2023	2:50 PM	Cloyes	2-B	1	6 <b>GU8 Everton - Saint - M</b>	10 <b>GU7 OLPH - Blue</b>
Saturday, September 9, 2023	2:50 PM	Cloyes	2-C	1	7 <b>GU8 Fulham - _ - _</b>	9 <b>GU7 OLPH - Song</b>
<b>OPEN</b>	4:00 PM	Cloyes	2-A	1	8 <b>GU7 ECS - Holt</b>	Bye
Week of September 11					Cruyff (turn) Zig Zag and Juggling	
<b>Wednesday, September 13, 2023</b>	6:00 PM	Cloyes			REC Skills Club*	
Saturday, September 16, 2023	1:40 PM	Cloyes	2-A	2	8 <b>GU7 ECS - Holt</b>	9 <b>GU7 OLPH - Song</b>
Saturday, September 16, 2023	1:40 PM	Cloyes	2-B	2	1 <b>GU7 Bordeaux - Dixon - TH</b>	3 <b>GU7 Lyon - Cunningham - M</b>
Saturday, September 16, 2023	1:40 PM	Cloyes	2-C	2	7 <b>GU8 Fulham - _ - _</b>	10 <b>GU7 OLPH - Blue</b>
Saturday, September 16, 2023	2:50 PM	Cloyes	2-A	2 O	12 <b>GU8 SGIS Lady Gryphons</b>	13 <b>GU8 Sporting United - Jalisa</b>
Saturday, September 16, 2023	2:50 PM	Cloyes	2-B	2	6 <b>GU8 Everton - Saint - M</b>	11 <b>GU8 Lausanne _</b>
Saturday, September 16, 2023	2:50 PM	Cloyes	2-C	2 O	5 <b>GU7 Sète - Baum - M</b>	4 <b>GU7 Metz - (TM Johnson) - _</b>
<b>OPEN</b>	4:00 PM	Cloyes	2-A	2	2 <b>GU7 Cannes - Eckenhoff - TU</b>	Bye
Week of September 18					Simple Fake/ Shoulder Feint and Matthews	
<b>Wednesday, September 20, 2023</b>	6:00 PM	Cloyes			REC Skills Club*	
Saturday, September 23, 2023	1:40 PM	Cloyes	2-A	3	6 <b>GU7 ECS - Holt</b>	2 <b>GU7 Cannes - Eckenhoff - TU</b>
Saturday, September 23, 2023	1:40 PM	Cloyes	2-B	3	7 <b>GU7 OLPH - Song</b>	8 <b>GU7 OLPH - Blue</b>
Saturday, September 23, 2023	1:40 PM	Cloyes	2-C	3	4 <b>GU7 Metz - (TM Johnson) - _</b>	1 <b>GU7 Bordeaux - Dixon - TH</b>
Saturday, September 23, 2023	2:50 PM	Cloyes	2-A	3	5 <b>GU7 Sète - Baum - M</b>	3 <b>GU7 Lyon - Cunningham - M</b>
Week of September 25					Backwards 'L' and Roll-over & Pullback	
<b>Wednesday, September 27, 2023</b>	6:00 PM	Cloyes			REC Skills Club*	
<b>September 29- October 1</b>					SILENT SIDELINE WEEKEND	
Saturday, September 30, 2023	1:40 PM	Cloyes	2-A	4	7 <b>GU7 OLPH - Song</b>	5 <b>GU7 Sète - Baum - M</b>
Saturday, September 30, 2023	1:40 PM	Cloyes	2-B	4	8 <b>GU7 OLPH - Blue</b>	4 <b>GU7 Metz - (TM Johnson) - _</b>
Saturday, September 30, 2023	1:40 PM	Cloyes	2-C	4	2 <b>GU7 Cannes - Eckenhoff - TU</b>	3 <b>GU7 Lyon - Cunningham - M</b>
Saturday, September 30, 2023	2:50 PM	Cloyes	2-A	4	6 <b>GU7 ECS - Holt</b>	1 <b>GU7 Bordeaux - Dixon - TH</b>

DATE	TIME	LOCATION	FIELD	WEEK	AWAY (White)						HOME (Red/ Dark)	
Week of October 2					FUTURE LEGENDS NIGHT GAMES WEEK							
Thursday, October 5, 2023	5:30 PM	Cloyes	2-A	5	1	GU7 Bordeaux - Dixon - TH	3	GU7 Lyon - Cunningham - M				
Thursday, October 5, 2023	5:30 PM	Cloyes	2-B	5	4	GU7 Metz - (TM Johnson) - _	2	GU7 Cannes - Eckenhoff - TU				
Thursday, October 5, 2023	5:30 PM	Cloyes	2-C	5	5	GU7 Sète - Baum - M	8	GU7 OLPH - Blue				
CANCELLED	6:40 PM	Cloyes	2-A	5	C	N/A	7	GU7 OLPH - Song				
Saturday, October 7, 2023					FALL BREAK				NO GAMES			
October 9- 13		8:30 AM	OLPH	Fall Break Camp*				2010- 2017 Birth Year				
Saturday, October 14, 2023		CLOYES		SoccerFEST 2				CANCELLED				
Week of October 16				Scissors and Puskas (V-turn)								
Wednesday, October 18, 2023	6:00 PM	Cloyes		REC Skills Club*								
Saturday, October 21, 2023	1:40 PM	Cloyes	2-A	6	4	GU7 Metz - (TM Johnson) - _	5	GU7 Sète - Baum - M				
Saturday, October 21, 2023	1:40 PM	Cloyes	2-B	6	8	GU7 OLPH - Blue	1	GU7 Bordeaux - Dixon - TH				
Saturday, October 21, 2023	1:40 PM	Cloyes	2-C	6	2	GU7 Cannes - Eckenhoff - TU	7	GU7 OLPH - Song				
Saturday, October 21, 2023	2:50 PM	Cloyes	2-A	6	3	GU7 Lyon - Cunningham - M	6	GU7 ECS - Holt				
Week of October 23				Preki and Zico								
Wednesday, October 25, 2023	6:00 PM	Cloyes		REC Skills Club*								
Saturday, October 28, 2023	1:40 PM	Cloyes	2-A	7	7	GU7 OLPH - Song	3	GU7 Lyon - Cunningham - M				
Saturday, October 28, 2023	1:40 PM	Cloyes	2-B	7	8	GU7 OLPH - Blue	2	GU7 Cannes - Eckenhoff - TU				
Saturday, October 28, 2023	1:40 PM	Cloyes	2-C	7	1	GU7 Bordeaux - Dixon - TH	5	GU7 Sète - Baum - M				
Saturday, October 28, 2023	2:50 PM	Cloyes	2-A	7	6	GU7 ECS - Holt	4	GU7 Metz - (TM Johnson) - _				
Week of October 30				Elastico and Drag & Go								
Wednesday, November 1, 2023	6:00 PM	Cloyes		REC Skills Club*								
November 3- 5					SILENT SIDELINE WEEKEND II							
Saturday, November 4, 2023	1:40 PM	Cloyes	2-A	8	2	GU7 Cannes - Eckenhoff - TU	1	GU7 Bordeaux - Dixon - TH				
Saturday, November 4, 2023	1:40 PM	Cloyes	2-B	8	3	GU7 Lyon - Cunningham - M	8	GU7 OLPH - Blue				
Saturday, November 4, 2023	1:40 PM	Cloyes	2-C	8	4	GU7 Metz - (TM Johnson) - _	7	GU7 OLPH - Song				
Saturday, November 4, 2023	2:50 PM	Cloyes	2-A	8	5	GU7 Sète - Baum - M	6	GU7 ECS - Holt				
Week of November 6				Beardsley and Stop & Go								
Wednesday, November 8, 2023	6:00 PM	Cloyes		REC Skills Club*								
Saturday, November 11, 2023	1:40 PM	Cloyes	2-A	9	3	GU7 Lyon - Cunningham - M	4	GU7 Metz - (TM Johnson) - _				
Saturday, November 11, 2023	1:40 PM	Cloyes	2-B	9	1	GU7 Bordeaux - Dixon - TH	7	GU7 OLPH - Song				
Saturday, November 11, 2023	1:40 PM	Cloyes	2-C	9	8	GU7 OLPH - Blue	6	GU7 ECS - Holt				
Saturday, November 11, 2023	2:50 PM	Cloyes	2-A	9	2	GU7 Cannes - Eckenhoff - TU	5	GU7 Sète - Baum - M				
Week of November 13					FUTURE LEGENDS NIGHT GAMES WEEK II							
Wednesday, November 15, 2023	5:30 PM	Cloyes	2-A	10	6	GU7 ECS - Holt	2	GU7 Cannes - Eckenhoff - TU				
Wednesday, November 15, 2023	5:30 PM	Cloyes	2-B	10	7	GU7 OLPH - Song	8	GU7 OLPH - Blue				
Wednesday, November 15, 2023	5:30 PM	Cloyes	2-C	10	4	GU7 Metz - (TM Johnson) - _	1	GU7 Bordeaux - Dixon - TH				
Wednesday, November 15, 2023	6:40 PM	Cloyes	2-A	10	5	GU7 Sète - Baum - M	3	GU7 Lyon - Cunningham - M				
Saturday, November 18, 2023		1:40 PM	Cloyes	2-A	11	7	GU7 OLPH - Song	5	GU7 Sète - Baum - M			
Saturday, November 18, 2023		1:40 PM	Cloyes	2-B	11	8	GU7 OLPH - Blue	4	GU7 Metz - (TM Johnson) - _			

DATE	TIME	LOCATION	FIELD	WEEK		AWAY (White)		HOME (Red/ Dark)
Saturday, November 18, 2023	1:40 PM	Cloyes	2-C	11	2	<b>GU7 Cannes - Eckenhoff - TU</b>	3	<b>GU7 Lyon - Cunningham - M</b>
Saturday, November 18, 2023	2:50 PM	Cloyes	2-A	11	6	<b>GU7 ECS - Holt</b>	1	<b>GU7 Bordeaux - Dixon - TH</b>
<b>Monday, November 20, 2023</b>					<b>Spring 'Early Bird' Registration begins</b>			<b>REGISTER.GermantownLegends.com</b>
<b>Saturday, November 25, 2023</b>					<b>Turkey Cup</b>			<b>TurkeyCup.GermantownLegends.com</b>
<b>Saturday, December 9, 2023</b>					<b>Christmas Parade</b>			<b>PARADE.GermantownLegends.com</b>

2024 SPRING REC SEASON								
Saturday, November 18, 2023						Registration begins for Spring		
Friday, December 15, 2023						Early Bird registration ends		
<b>Monday, January 15, 2024</b>						<b>TEAM &amp; FRIEND Request Deadline*</b>		<b>Visit RegistrationPolicies.GermantownLegends.com</b>
<b>Thursday, January 25, 2024</b>	6:15 PM	TBD				<b>PRE-SEASON NEW PARENT MEETING</b>		
<b>Monday, January 29, 2024</b>						<b>Pre-season 'Player' Training begins</b>		
<b>Thursday, February 1, 2024</b>						<b>LATE REGISTRATION begins</b>		
<b>Thursday, February 15, 2024</b>	6:15 PM	Cloyes				<b>Coaches' &amp; New Parent Meeting</b>		
<b>Saturday, February 17, 2024</b>		Cloyes				<b>SoccerFEST.GermantownLegends.com</b>		<b>SoccerFEST... Small-sided Games</b>
<b>Monday, February 19, 2024</b>						<b>Team Practices begin</b>		
Saturday, March 2, 2024				S1		Spring REC Season begins		

## U7/U8

TOPIC	MODIFIED RULES FOR THE FUTURE LEGENDS U7/U8 DIVISION
LENGTH OF GAME	Four 10-minute quarters with a 2-minute break between each. 5-minutes for half time.
PLAYERS	4v4.... Four players per team.... 1 Forward, 2 Midfielders, 1 Defender <b>NO Goalkeepers.</b> Players can defend but are not allowed to stand in front of the goal regardless of where the ball is in the field. Players are encouraged to attack and defend as a team.
FOULS	Only on referees discretion No penalty kicks - ball is awarded to the other team via indirect (free) kick.
SET PLAYS	Yes, Corner kicks Yes, Goal kicks Yes, Throw-ins Yes, Kick-offs All re-starts are 'in-direct' including kick-offs, goal kicks, penalty kicks, corner kicks, etc..
GOAL BOX	<b>No player may touch the ball within the goal box;</b> however, any player may move through the goal box. Any part of the ball or player's body on the line is considered in the goal box; the player is an extension of the box. An INFRACTION occurs if a defender touches the ball in the goal box, a penalty kick is awarded to the offensive team. If an offensive player touches the ball within the goal box, a goal kick is awarded to the defensive team. If the ball comes to a complete stop in the goal box, regardless of which team touched it last, a goal kick is awarded to the defensive team.
GOAL KICKS	Being encouraged to play out of the back, goal kicks can be played vertically without encroachment until the second touch (see build out line).
BUILD OUT LINE	Edge of the center circle extended to the sidelines. The build out line promotes playing the ball out of the back in a less pressured setting. The opposing team must move behind the build out line during a goal kick until the ball is put into play (when played VERTICALLY).
SPORTSMANSHIP	Good sportsmanship is to prevail at all times. Coaches will be held responsible for the conduct of themselves, their players, players' parents and guests.

DATE	TIME	LOCATION	FIELD	WEEK	AWAY (White)	HOME (Red/ Dark)
<b>THROW-INS</b>	Proper form must be used... both feet must stay on the ground, ball is held with both hands, and thrown with a continuous motion starting behind the head. Throw-ins should be taken by the last defender, to keep him/ her involved in the game.					
<b>OTHER</b>	NO slide tackling NO scores are kept All players play a minimum of <b>50%</b> . Player's time is connected to practice and participation, if a player regularly misses practice, it will affect playtime. Share players if necessary. Goal differential: Differentials of 3-4 goals, teams should start getting creative by limit touches, ten passes before shooting, shoot outside of the box only, moving players positions or playing a player or two down to challenge the winning team. Coaches may come on field during restarts for positioning, but must exit field before play resumes.					
<b>SPORTSMANSHIP</b>	Good sportsmanship is to prevail at all times. Coaches will be held responsible for the conduct of themselves, their players, players' parents and guests. NO results are being recorded, NO league standings, or win/loss/tie records. Please do NOT relate success of your team to how many games they win.					
<b>SAFETY</b>	All items of jewelry (necklaces, rings, bracelets, watches, earrings, leather bands, rubber bands, large hair bows etc.) are strictly forbidden and must be removed. Using tape to cover jewelry is not acceptable. NO heading. (US Soccer does NOT recommend heading until a player reaches the U12 age group.)					

Players, especially at this age, should be encouraged to **dribble, dribble, dribble**,.....

Just kicking the ball to escape pressure should NEVER be encouraged at this age.

How many times a game do your young players attempt to **dribble into space**, away from pressure? ...versus just kicking the ball (to the other team).

Instead of suggesting a 'kick', why not attempt a soccer skill or move,..... Pull-back, V, Scissors, Cruyff, Step-over, Simple fake, etc.