

FUTURE LEGENDS GIRLS U6 (2018) 3v3... KINS

Germantown Legends Recreational Soccer (Division 4)

www.GermantownLegendsSoccer.com

For field status, check any one of the following:

<https://www.FACEBOOK.com/GermantownLegendsSoccer>

<https://TWITTER.com/GermantownSoc>

<https://www.INSTAGRAM.com/GermantownLegendsSoccer>

Official schedule found online... GAMES.GermantownLegends.com

KickingIsNotASoccerSkill.GermantownLegends.com

When posting messages to social media, please use the hashtag #LegendsSoccer or 'tag' Germantown Legends Soccer

* Additional registration required for the REC Skills Club

DATE	TIME	LOCATION	FIELD	WEEK	AWAY (White)	HOME (Red/ Dark)
Week of August 7					Pullback, Sideways Roll and Toe Taps	
Week of August 14					Tick Tock and La Croqueta	
Saturday, August 19, 2023					SoccerFEST... Small-sided Games	SoccerFEST.GermantownLegends.com
Week of August 21					REVIEW: Pullback, Sideways Roll, Toe Taps, Tick Tock and La Croqueta	
Wednesday, August 23, 2023	6:00 PM	Cloyes			REC Skills Club*	
Week of August 28					Maradona and Squirt	
Wednesday, August 30, 2023	6:00 PM	Cloyes			REC Skills Club*	
Monday, September 4, 2023					Labor Day	
Week of September 4					Inside Cut (turn) and Outside Chop (turn)	
Wednesday, September 6, 2023	6:00 PM	Cloyes			REC Skills Club*	
Saturday, September 9, 2023	1:30 PM	Cloyes	1-A	1	1 GU6 Athletic Club - ____ - TH	8 GU6 Lausanne Lynx
Saturday, September 9, 2023	1:30 PM	Cloyes	1-B	1	2 GU6 Real Madrid - Greer - TU	7 GU6 ECS O'Bryant
Saturday, September 9, 2023	1:30 PM	Cloyes	1-C	1	3 GU6 Sevilla - Haba - TH	6 GU6 ECS Joyner
Saturday, September 9, 2023	2:30 PM	Cloyes	1-A	1	4 GU6 Valencia - Burch - M	5 GU6 ECS Barnhart
OPEN	2:30 PM	Cloyes	1-B	1	9 GU6 OLPH -	BYE
Week of September 11					Cruyff (turn) Zig Zag and Juggling	
Wednesday, September 13, 2023	6:00 PM	Cloyes			REC Skills Club*	
Saturday, September 16, 2023	1:30 PM	Cloyes	1-A	2	5 GU6 ECS Barnhart	3 GU6 Sevilla - Haba - TH
Saturday, September 16, 2023	1:30 PM	Cloyes	1-B	2	6 GU6 ECS Joyner	2 GU6 Real Madrid - Greer - TU
Saturday, September 16, 2023	1:30 PM	Cloyes	1-C	2	7 GU6 ECS O'Bryant	1 GU6 Athletic Club - ____ - TH
Saturday, September 16, 2023	2:30 PM	Cloyes	1-A	2	4 GU6 Valencia - Burch - M	9 GU6 OLPH -
OPEN	2:30 PM	Cloyes	1-B	2	OPEN	BYE
Week of September 18					Simple Fake/ Shoulder Feint and Matthews	
Wednesday, September 20, 2023	6:00 PM	Cloyes			REC Skills Club*	
Saturday, September 23, 2023	1:30 PM	Cloyes	1-A	3	2 GU6 Real Madrid - Greer - TU	9 GU6 OLPH -
Saturday, September 23, 2023	1:30 PM	Cloyes	1-B	3	3 GU6 Sevilla - Haba - TH	8 GU6 Lausanne Lynx
Saturday, September 23, 2023	1:30 PM	Cloyes	1-C	3	4 GU6 Valencia - Burch - M	7 GU6 ECS O'Bryant
Saturday, September 23, 2023	2:30 PM	Cloyes	1-A	3	5 GU6 ECS Barnhart	6 GU6 ECS Joyner
OPEN	2:30 PM	Cloyes	1-B	3	1 GU6 Athletic Club - ____ - TH	BYE
Week of September 25					Backwards 'L' and Roll-over & Pullback	
Wednesday, September 27, 2023	6:00 PM	Cloyes			REC Skills Club*	
September 29- October 1					SILENT SIDELINE WEEKEND	
Saturday, September 30, 2023	1:30 PM	Cloyes	1-A	4	6 GU6 ECS Joyner	4 GU6 Valencia - Burch - M
Saturday, September 30, 2023	1:30 PM	Cloyes	1-B	4	7 GU6 ECS O'Bryant	3 GU6 Sevilla - Haba - TH
Saturday, September 30, 2023	1:30 PM	Cloyes	1-C	4	8 GU6 Lausanne Lynx	2 GU6 Real Madrid - Greer - TU
Saturday, September 30, 2023	2:30 PM	Cloyes	1-A	4	9 GU6 OLPH -	1 GU6 Athletic Club - ____ - TH
OPEN	2:30 PM	Cloyes	1-B	4	5 GU6 ECS Barnhart	BYE
Week of October 2					FUTURE LEGENDS NIGHT GAMES WEEK	

DATE	TIME	LOCATION	FIELD	WEEK		AWAY (White)		HOME (Red/ Dark)
Thursday, October 5, 2023	5:30 PM	Cloyes	1-A	5	3	GU6 Sevilla - Haba - TH	1	GU6 Athletic Club - __ - TH
Thursday, October 5, 2023	5:30 PM	Cloyes	1-B	5	4	GU6 Valencia - Burch - M	9	GU6 OLPH -
Thursday, October 5, 2023	5:30 PM	Cloyes	1-C	5	O 5	GU6 ECS Barnhart	2	GU6 Real Madrid - Greer - TU
CANCELLED	5:30 PM	Cloyes	1-D	5	C N/A	GU6 ECS Joyner	N/A	GU6 ECS O'Bryant
CANCELLED	6:30 PM	Cloyes	1-A	5	N/A	GU6 Lausanne Lynx	BYE	

Saturday, October 7, 2023

FALL BREAK

NO GAMES

Saturday, October 14, 2023	CLOYES	SoccerFEST 2	CANCELLED
----------------------------	--------	--------------	-----------

Week of October 16						Scissors and Puskas (V-turn)		
Wednesday, October 18, 2023	6:00 PM	Cloyes				REC Skills Club*		
Saturday, October 21, 2023	1:30 PM	Cloyes	1-A	6	7	GU6 ECS O'Bryant	5	GU6 ECS Barnhart
Saturday, October 21, 2023	1:30 PM	Cloyes	1-B	6	8	GU6 Lausanne Lynx	4	GU6 Valencia - Burch - M
Saturday, October 21, 2023	1:30 PM	Cloyes	1-C	6	9	GU6 OLPH -	3	GU6 Sevilla - Haba - TH
Saturday, October 21, 2023	2:30 PM	Cloyes	1-A	6	1	GU6 Athletic Club - __ - TH	2	GU6 Real Madrid - Greer - TU
OPEN	2:30 PM	Cloyes	1-B	6	6	GU6 ECS Joyner	BYE	

Week of October 23						Preki and Zico		
Wednesday, October 25, 2023	6:00 PM	Cloyes				REC Skills Club*		
Saturday, October 28, 2023	1:30 PM	Cloyes	1-A	7	4	GU6 Valencia - Burch - M	2	GU6 Real Madrid - Greer - TU
Saturday, October 28, 2023	1:30 PM	Cloyes	1-B	7	5	GU6 ECS Barnhart	1	GU6 Athletic Club - __ - TH
Saturday, October 28, 2023	1:30 PM	Cloyes	1-C	7	6	GU6 ECS Joyner	9	GU6 OLPH -
Saturday, October 28, 2023	2:30 PM	Cloyes	1-A	7	7	GU6 ECS O'Bryant	8	GU6 Lausanne Lynx
OPEN	2:30 PM	Cloyes	1-B	7	3	GU6 Sevilla - Haba - TH	BYE	

Week of October 30						Elastico and Drag & Go		
Wednesday, November 1, 2023	6:00 PM	Cloyes				REC Skills Club*		

November 3- 5						SILENT SIDELINE WEEKEND II		
Saturday, November 4, 2023	1:30 PM	Cloyes	1-A	8	8	GU6 Lausanne Lynx	6	GU6 ECS Joyner
Saturday, November 4, 2023	1:30 PM	Cloyes	1-B	8	9	GU6 OLPH -	5	GU6 ECS Barnhart
Saturday, November 4, 2023	1:30 PM	Cloyes	1-C	8	1	GU6 Athletic Club - __ - TH	4	GU6 Valencia - Burch - M
Saturday, November 4, 2023	2:30 PM	Cloyes	1-A	8	2	GU6 Real Madrid - Greer - TU	3	GU6 Sevilla - Haba - TH
OPEN	2:30 PM	Cloyes	1-B	8	7	GU6 ECS O'Bryant	BYE	

Week of November 6						Beardsley and Stop & Go		
Wednesday, November 1, 2023	6:00 PM	Cloyes				REC Skills Club*		
Saturday, November 11, 2023	1:30 PM	Cloyes	1-A	9	9	GU6 OLPH -	7	GU6 ECS O'Bryant
Saturday, November 11, 2023	1:30 PM	Cloyes	1-B	9	1	GU6 Athletic Club - __ - TH	6	GU6 ECS Joyner
Saturday, November 11, 2023	1:30 PM	Cloyes	1-C	9	2	GU6 Real Madrid - Greer - TU	5	GU6 ECS Barnhart
Saturday, November 11, 2023	2:30 PM	Cloyes	1-A	9	3	GU6 Sevilla - Haba - TH	4	GU6 Valencia - Burch - M
OPEN	2:30 PM	Cloyes	1-B	9	8	GU6 Lausanne Lynx	BYE	

Week of November 13						FUTURE LEGENDS NIGHT GAMES WEEK II		
Thursday, November 16, 2023	5:30 PM	Cloyes	1-A	10	8	GU6 Lausanne Lynx	1	GU6 Athletic Club - __ - TH
Thursday, November 16, 2023	5:30 PM	Cloyes	1-B	10	7	GU6 ECS O'Bryant	2	GU6 Real Madrid - Greer - TU
Thursday, November 16, 2023	5:30 PM	Cloyes	1-C	10	6	GU6 ECS Joyner	3	GU6 Sevilla - Haba - TH
Thursday, November 16, 2023	5:30 PM	Cloyes	1-D	10	5	GU6 ECS Barnhart	4	GU6 Valencia - Burch - M
OPEN	6:30 PM	Cloyes	1-A	10	9	GU6 OLPH -	BYE	

DATE	TIME	LOCATION	FIELD	WEEK		AWAY (White)		HOME (Red/ Dark)
Saturday, November 18, 2023	1:30 PM	Cloyes	1-A	11	3	GU6 Sevilla - Haba - TH	5	GU6 ECS Barnhart
Saturday, November 18, 2023	1:30 PM	Cloyes	1-B	11	2	GU6 Real Madrid - Greer - TU	6	GU6 ECS Joyner
Saturday, November 18, 2023	1:30 PM	Cloyes	1-C	11	1	GU6 Athletic Club - ___ - TH	7	GU6 ECS O'Bryant
Saturday, November 18, 2023	2:30 PM	Cloyes	1-A	11	9	GU6 OLPH -	8	GU6 Lausanne Lynx
OPEN	2:30 PM	Cloyes	1-B	11	4	GU6 Valencia - Burch - M	BYE	

Monday, November 20, 2023

Spring 'Early Bird' Registration begins

REGISTER.GermantownLegends.com

Saturday, November 25, 2023

Turkey Cup

TurkeyCup.GermantownLegends.com

Saturday, December 9, 2023

Christmas Parade

PARADE.GermantownLegends.com

2024 SPRING REC SEASON

Saturday, November 18, 2023				Registration begins for Spring	
Friday, December 15, 2023				Early Bird registration ends	
Monday, January 15, 2024				TEAM & FRIEND Request Deadline*	Visit RegistrationPolicies.GermantownLegend
Thursday, January 25, 2024	6:15 PM	TBD		PRE-SEASON <u>NEW</u> PARENT MEETING	
Monday, January 29, 2024				Pre-season 'Player' Training begins	
Thursday, February 1, 2024				LATE REGISTRATION begins	
Thursday, February 15, 2024	6:15 PM	Cloyes		Coaches' & New Parent Meeting	
Saturday, February 17, 2024		Cloyes		SoccerFEST.GermantownLegends.com	SoccerFEST... Small-sided Games
Monday, February 19, 2024				Team Practices begin	
Saturday, March 2, 2024			S1	Spring REC Season begins	

GAME RULES FOR THE U5/U6 FUTURE LEGENDS

Kicking is NOT Soccer.... KINS

The KINS Program's main objective is to promote and emphasize the skill of **DRIBBLING** at the U5 through U6 age groups, and discourage the aimless booting of the ball that is all too prevalent at these young ages. When young players are conditioned to just kick the ball forward as far as possible, their skill development is stunted, making it harder for them to reach their true potential.

DRIBBLING is the foundation and preparation for all the other fundamental skills of soccer, such as controlling, passing, and shooting. Laying the proper dribbling foundation at the youngest years will enhance the players' ability to improve all the soccer skills. No matter what level the players will end up playing, recreational or select, they will derive increased pleasure from the game if they can control the ball better and become more adept at manipulating it.

The spectators will also enjoy the game more if they can watch players who exhibit skill and creativity.

The program's **second objective** is to promote decision making by the players on the field and reduce their dependence on the adults for problem solving.

NEW BALL METHOD

The idea behind the 'new ball method' is to keep the flow of the game constant and increase the number of ball touches by all the players.

The 'new ball method' eliminates restarts such as throw-ins and corner kicks and keeps the ball in play continuously. Restarts might be important to the game results at the highest level of play, but they have NO relevance or developmental benefits at the U5 or U6 level.

Since the objective of the KINS Program is to teach players to **DRIBBLE**, every aspect of the traditional game that reduces the opportunity to dribble is removed. The basic principle of this method is that, when a ball goes out of bounds, the coach **ROLLS** a new ball into play (after a 5 count).

IMPLEMENTING THE KINS PROGRAM:

When a ball goes out of bounds, the coach yells "new ball!!" and ROLLS a new one in. The players will learn quickly to react to the new ball.

Always **ROLL** the ball on the ground into the **UNOCCUPIED** space. Players will learn to move towards the ball.

Do NOT throw the ball in the air since the players are not yet skilled enough to control a bouncing ball.

Count to 5 (to yourself... 1 Mississippi, 2 Mississippi, etc.) before putting a 'new ball' into play.

Coaches can also use this method to get the non-assertive players involved, by rolling the ball towards them. This will help bring them out of their shell. If the players are really shy, simply place the ball at their feet.

After each goal, roll the ball on the ground to the OTHER team on their half of the field.

If one team is dominating the game, the advantage can be shifted to the other team by throwing the ball accordingly.

C – Cancelled game; D – Day change; F – Field change; L– Location; O– New opponent; R – Rescheduled game; T – Time change; + Game added; * Day time

DATE

TIME

LOCATION

FIELD

WEEK

AWAY (White)

HOME (Red/ Dark)

This method can also be used to break up a 'beehive'. If all the players are bunched up around the ball, shout "new ball" and throw one into the open space.

Remember to always praise the players for every attempt... acknowledging the soccer skill used (if possible). Keep them excited and motivated.

TOPIC	RULES FOR U5/ U6 (KINS)
LENGTH OF GAME	Four 8-minute Quarters, with a minimum of a 2 minute break between each quarter, and 5 minutes at half.
PLAYERS	3v3.... Three on the field at one time from each team, maximum 6 players per roster. May play 2v2 or 2v3
GOALIES	NO Goalkeepers. Players can defend but are not allowed to stand in front of the goal regardless of where the ball is in the field. Players are encouraged to attack and defend as a team.
FOULS	No penalty kicks...just award ball to other team NO sliding. Play on when hand ball occurs unless blatantly obvious
OTHER	All players play a minimum of 50% . Player's time is connected to practice and participation, if a player regularly misses practice, it will affect playtime. After each goal, roll the ball to the OTHER team from the sideline. As it is NOT age appropriate, never throw the ball into the air. TWO goals of these age group: 1. Positive first touch 2. Ability to dribble Goal differential: Differentials of 3- 4 goals, teams should start getting creative by asking players to do certain moves before dribbling towards the goal, moving team up the field to begin play, dribbling the ball into the defensive side of the field before going forward. Coaches may come on field during restarts for positioning, but MUST EXIT THE FIELD BEFORE PLAY RESUMES . NO results are being recorded, NO league standings, or win/loss/tie records, this league exists for beginning player development. SHARE players if necessary.
SAFETY	All items of jewelry (necklaces, rings, bracelets, watches, earrings, leather bands, rubber bands, large hair bows etc.) are strictly forbidden and must be removed. Using tape to cover jewelry is not acceptable. NO heading. (US Soccer does NOT recommend heading until a player reaches the U12 age group.)

Players, especially at this age, should be encouraged to **dribble, dribble, dribble**,.....

Just kicking the ball to escape pressure should NEVER be encouraged at this age.

How many times a game do your young players attempt to **dribble into space**, away from pressure? ...versus just kicking the ball (to the other team).

Instead of suggesting a 'kick', why not attempt a soccer skill or move,..... Pull-back, V, Scissors, Cruyff, Step-over, Simple fake, etc.