## FUTURE LEGENDS BOYS U6 (2018) 3v3... KINS

## La Liga (Spain)

**BU6 ECS - Cunningham** 

#### **Germantown Legends Recreational Soccer (Division 4) TEAM TEAM** www.GermantownLegendsSoccer.com **BU6 Alavés - Clothier - TU BU6 FC Barcelona - Greer - TU BU6 Athletic Bilbao - Guthrie - TU** For field status, check any one of the following: 9 **BU6 ECS - Cunningham** https://www.FACEBOOK.com/GermantownLegendsSoccer **BU6 Atlético Madrid - Montague - TH BU6 ECS - Cummins/ Gagnon** 10 **BU6 CÁDIZ- HINTE - TU** https://TWITTER.com/GermantownSoc **BU6 ECS - Viner** 11 https://www.INSTAGRAM.com/GermantownLegendsSoccer **BU6 CELTA VIGO - ASKEW - TU BU6 Lausanne Gold BU6 Elche - Hammett - TH BU6 Lausanne Navy** Official schedule found online... GAMES.GermantownLegends.com 13 **BU6 OLPH -BU6 Espanyol - Martin - TH** 14 KickingIsNotASoccerSkill.GermantownLegends.com \* Additional registration required for the REC Skills Club DATE TIME LOCATION FIELD WEEK AWAY (White) HOME (Red/Dark) Week of August 7 Pullback, Sideways Roll and Toe Taps Week of August 14 Tick Tock and La Croqueta Saturday, August 19, 2023 SoccerFEST... Small-sided Games SoccerFEST.GermantownLegends.com Week of August 21 REVIEW: Pullback, Sideways Roll, Toe Taps, Tick Tock and La Croqueta Wednesday, August 23, 2023 6:00 PM Cloyes REC Skills Club\* Week of August 28 Maradona and Squirt Wednesday, August 30, 2023 6:00 PM Cloyes REC Skills Club\* Monday, September 4, 2023 Labor Day Inside Cut (turn) and Outside Chop (turn) Week of September 4 Wednesday, September 6, 2023 6:00 PM Cloves REC Skills Club\* Saturday, September 9, 2023 10:30 AM Cloves 1-0 BU6 Espanvol - Martin - TH 9 **BU6 ECS - Cunningham** 11:30 AM 1 BU6 FC Barcelona - Greer - TU 14 BU6 OLPH -Saturday, September 9, 2023 Cloyes 1-A BU6 ECS - Cummins/ Gagnon Saturday, September 9, 2023 11:30 AM 1-B BU6 Elche - Hammett - TH 10 Cloyes **BU6 Lausanne Gold** 1 1-C **BU6 CÁDIZ- HINTE - TU** 12 Saturday, September 9, 2023 11:30 AM Cloyes 4 Saturday, September 9, 2023 12:30 PM Cloyes 1-A 1 BU6 Alavés - Clothier - TU 2 BU6 Athletic Bilbao - Guthrie - TU **BU6 CELTA VIGO - ASKEW - TU** Saturday, September 9, 2023 12:30 PM Cloyes 1-B 11 **BU6 ECS - Viner** Saturday, September 9, 2023 12:30 PM Cloyes 1-C BU6 Atlético Madrid - Montague - TH 13 **BU6 Lausanne Navy** Week of September 11 Cruyff (turn) Zig Zag and Juggling Wednesday, September 13, 2023 RFC Skills Club\* 6:00 PM Cloyes **BU6 ECS - Cunningham** BU6 FC Barcelona - Greer - TU Saturday, September 16, 2023 10:30 AM Cloyes 1-C 8 2 BU6 Atlético Madrid - Montague - TH **BU6 Alavés - Clothier - TU** Saturday, September 16, 2023 11:30 AM Cloyes 1-A 3 1 **BU6 CÁDIZ- HINTE - TU** 2 Saturday, September 16, 2023 11:30 AM Cloyes 1-B 13 **BU6 Lausanne Navy** 4 **BU6 ECS - Viner** BU6 Elche - Hammett - TH Saturday, September 16, 2023 11:30 AM 1-C 2 11 Cloves 6 12:30 PM 2 14 **BU6 OLPH -**2 BU6 Athletic Bilbao - Guthrie - TU Saturday, September 16, 2023 Cloves 1-A 2 **BU6 ECS - Cummins/ Gagnon** BU6 Espanyol - Martin - TH Saturday, September 16, 2023 12:30 PM Cloyes 1-B т 10 7 Saturday, September 16, 2023 12:30 PM 1-C **BU6 Lausanne Gold BU6 CELTA VIGO - ASKEW - TU** Cloyes Week of September 18 Simple Fake/ Shoulder Feint and Matthews Wednesday, September 20, 2023 6:00 PM Cloyes REC Skills Club3 Saturday, September 23, 2023 10:30 AM BU6 FC Barcelona - Greer - TU **BU6 ECS - Cummins/ Gagnon** Cloves 1-C BU6 CÁDIZ- HINTE - TU 3 BU6 Alavés - Clothier - TU Saturday, September 23, 2023 11:30 AM Cloves 1-A 4 3 BU6 Elche - Hammett - TH 12 **BU6 Lausanne Gold** Saturday, September 23, 2023 11:30 AM Cloyes 1-B **BU6 ECS - Cunningham** Saturday, September 23, 2023 11:30 AM Cloyes 1-C 3 14 BU6 OLPH -12:30 PM 3 2 BU6 Athletic Bilbao - Guthrie - TU 3 BU6 Atlético Madrid - Montague - TH Saturday, September 23, 2023 Cloves 1-A 3 BU6 Espanyol - Martin - TH **BU6 ECS - Viner** 11:30 AM 1-B 7 11 Saturday, September 23, 2023 Cloyes **BU6 CELTA VIGO - ASKEW - TU BU6 Lausanne Navy** Saturday, September 23, 2023 12:30 PM 1-C Cloyes Week of September 25 Backwards 'L' and Roll-over & Pullback Wednesday, September 27, 2023 6:00 PM Cloyes REC Skills Club\* September 29- October 1 SILENT SIDELINE WEEKEND

**BU6 ECS - Cummins/ Gagnon** 

10:30 AM

Saturday, September 30, 2023

4

								2023 Fall BU6 - 14 10/29/23 1
DATE Saturday, September 30, 2023	TIME 11:30 AM	LOCATION Cloyes	FIELD 1-A	WEEK 4 T	4	AWAY (White) BU6 CÁDIZ- HINTE - TU	2	HOME (Red/ Dark) BU6 Athletic Bilbao - Guthrie - TU
Saturday, September 30, 2023	11:30 AM	Cloyes	1-B	4	5	BU6 CELTA VIGO - ASKEW - TU	1	BU6 Alavés - Clothier - TU
Saturday, September 30, 2023	11:30 AM	Cloyes	1-C	4 <b>T</b>	13	BU6 Lausanne Navy	6	BU6 Elche - Hammett - TH
CANCELLED	11:30 AM	Cloyes	1-A	4 C	N/A	BU6 ECS - Viner	8	BU6 FC Barcelona - Greer - TU
Saturday, September 30, 2023	12:30 PM	Cloyes	1-B	4	14	BUG OLPH -	3	BU6 Atlético Madrid - Montague - TH
Saturday, September 30, 2023	12:30 PM	Cloyes	1-D	4 T/F	12	BU6 Lausanne Gold	7	BU6 Espanyol - Martin - TH
Week of October 2						FUTURE LEGENDS NIGHT GAMES WEEK		
Tuesday, October 3, 2023	5:30 PM	Cloyes	1-B	5	3	BU6 Atlético Madrid - Montague - TH	4	BU6 CÁDIZ- HINTE - TU
CANCELLED	5:30 PM	Cloyes	1-C	5 C	N/A	BU6 ECS - Cunningham	N/A	BU6 ECS - Viner
Tuesday, October 3, 2023	5:30 PM	Cloyes	1-D	5	2	BU6 Athletic Bilbao - Guthrie - TU	5	BU6 CELTA VIGO - ASKEW - TU
Tuesday, October 3, 2023 Tuesday, October 3, 2023	6:30 PM 6:30 PM	Cloyes Cloyes	1-A 1-B	5 5	8 1	BU6 FC Barcelona - Greer - TU BU6 Alavés - Clothier - TU	12 6	BU6 Lausanne Gold BU6 Elche - Hammett - TH
Tuesday, October 3, 2023	6:30 PM	Cloyes	1-G	5	7	BU6 Espanyol - Martin - TH	13	BU6 Lausanne Navy
CANCELLED	6:30 PM	Cloyes	1-D	5	N/A	BU6 ECS - Cummins/ Gagnon	14	BU6 OLPH -
Saturday, October 7, 2023						FALL BREAK		NO GAMES
Saturday, October 14, 2023		CLOYES				SoccerFEST 2		CANCELLED
Week of October 16						Scissors and Puskas (V-turn)		
Wednesday, October 18, 2023	6:00 PM	Cloyes				REC Skills Club*		
Saturday, October 21, 2023	10:30 AM	Cloyes	1-C	6	10	BU6 ECS - Cummins/ Gagnon	11	BU6 ECS - Viner
Saturday, October 21, 2023	11:30 AM	Cloyes	1-A	6	3	BU6 Atlético Madrid - Montague - TH	5	BU6 CELTA VIGO - ASKEW - TU
Saturday, October 21, 2023	11:30 AM	Cloyes	1-B	6	9	BU6 ECS - Cunningham	12	BU6 Lausanne Gold
Saturday, October 21, 2023	<b>11:30 AM</b> 12:30 PM	Cloyes Cloyes	1-C 1-A	6 <b>T</b>	4 2	BU6 CÁDIZ- HINTE - TU BU6 Athletic Bilbao - Guthrie - TU	14 6	BU6 OLPH - BU6 Elche - Hammett - TH
Saturday, October 21, 2023 Saturday, October 21, 2023	12:30 PM	Cloyes	1-A 1-B	6	1	BU6 Alavés - Clothier - TU	7	BU6 Espanyol - Martin - TH
Saturday, October 21, 2023	12:30 PM	Cloyes	1-C	6 <b>T</b>	8	BU6 FC Barcelona - Greer - TU	13	BU6 Lausanne Navy
Week of October 23						Preki and Zico		
Wednesday, October 25, 2023	6:00 PM	Cloyes				REC Skills Club*		
Saturday, October 28, 2023	10:30 AM	Cloyes	1-C	7	5	BU6 CELTA VIGO - ASKEW - TU	4	BU6 CÁDIZ- HINTE - TU
Saturday, October 28, 2023	11:30 AM	Cloyes	1-A	7	12	BU6 Lausanne Gold	10	BU6 ECS - Cummins/ Gagnon
Saturday, October 28, 2023	11:30 AM	Cloyes	1-B	7	6	BU6 Elche - Hammett - TH	3	BU6 Atlético Madrid - Montague - TH
Saturday, October 28, 2023	11:30 AM 12:30 PM	Cloyes	1-C 1-A	7 7	13 7	BU6 Lausanne Navy BU6 Espanyol - Martin - TH	9 2	BU6 ECS - Cunningham BU6 Athletic Bilbao - Guthrie - TU
Saturday, October 28, 2023 Saturday, October 28, 2023	12:30 PM	Cloyes Cloyes	1-A 1-B	7	14	BU6 OLPH -	11	BU6 ECS - Viner
Saturday, October 28, 2023	12:30 PM	Cloyes	1-C	7	8	BU6 FC Barcelona - Greer - TU	1	BU6 Alavés - Clothier - TU
Week of October 30						Elastico and Drag & Go		
Wednesday, November 1, 2023	6:00 PM	Cloyes				REC Skills Club*		
	0.00 PIVI	Cloyes				REC Skills Club		
November 3-5						SILENT SIDELINE WEEKEND II		PHO I
Saturday, November 4, 2023	10:30 AM	Cloyes	1-C	8	11	BU6 ECS - Viner	12	
Saturday, November 4, 2023	11:30 AM	Cloyes	1-A	8	4	BU6 CÁDIZ- HINTE - TU	6	BU6 Elche - Hammett - TH
Saturday, November 4, 2023	11:30 AM	•	1-B	8	10	BU6 ECS - Cummins/ Gagnon	13	BU6 Lausanne Navy
Saturday, November 4, 2023	11:30 AM	Cloyes	1-C	8 T	5	BU6 CELTA VIGO - ASKEW - TU	14	BU6 OLPH -
Saturday, November 4, 2023	12:30 AM	Cloyes	1-A	8 T	3	BU6 Atlético Madrid - Montague - TH	7	BU6 Espanyol - Martin - TH
Saturday, November 4, 2023	12:30 PM	Cloyes	1-B	8	2	BU6 Athletic Bilbao - Guthrie - TU	8	BU6 FC Barcelona - Greer - TU
Saturday, November 4, 2023	12:30 PM	Cloyes	1-C	8	1	BU6 Alavés - Clothier - TU	9	BU6 ECS - Cunningham
Week of November 6						Beardsley and Stop & Go		
Wednesday, November 8, 2023	6:00 PM	Cloyes				REC Skills Club*		
	40.00.44	-	4.5		_	DUC Flaha Hammatt TH	_	DUC CELTA VICO A CIVENA TIL
Saturday, November 11, 2023	10:30 AM	Cloyes	1-C	9	6	BU6 Elche - Hammett - TH	5	BU6 CELTA VIGO - ASKEW - TU

DATE	TIME	LOCATION	FIELD	WEEK			AWAY (White)		2023 Fall BU6 - 14 10/29/23 HOME (Red/ Dark)
Saturday, November 11, 2023	11:30 AM	Cloyes	1-A	9		13	BU6 Lausanne Navy	11	BU6 ECS - Viner
Saturday, November 11, 2023	11:30 AM	Cloyes	1-B	9		7	BU6 Espanyol - Martin - TH	4	BU6 CÁDIZ- HINTE - TU
Saturday, November 11, 2023	11:30 AM	Cloyes	1-C	9		14	BU6 OLPH -	12	BU6 Lausanne Gold
Saturday, November 11, 2023	12:30 PM	Cloyes	1-A	9		8	BU6 FC Barcelona - Greer - TU	3	BU6 Atlético Madrid - Montague - TH
Saturday, November 11, 2023	12:30 PM	Cloves	1-B	9		10	BU6 ECS - Cummins/ Gagnon	1	BU6 Alavés - Clothier - TU
Saturday, November 11, 2023	12:30 PM	Cloyes	1-C	9		9	BU6 ECS - Cunningham	2	BU6 Athletic Bilbao - Guthrie - TU
Saturday, November 11, 2023	12.501111	0.0703	10	J		•	200 200 Cummignam	_	
Week of November 13							FUTURE LEGENDS NIGHT GAMES WEEK II		
Tuesday, November 14, 2023	5:30 PM	Cloyes	1-B	10		12	BU6 Lausanne Gold	13	BU6 Lausanne Navy
Tuesday, November 14, 2023	5:30 PM	Cloyes	1-B	10		5	BU6 CELTA VIGO - ASKEW - TU	7	BU6 Espanyol - Martin - TH
Tuesday, November 14, 2023	5:30 PM	Cloyes	1-C 1-D	10	т	3 4	BU6 CÁDIZ- HINTE - TU	8	BU6 FC Barcelona - Greer - TU
	6:30 PM	•	1-D 1-A	10	Ť	6	BU6 Elche - Hammett - TH	0 14	BU6 OLPH -
Tuesday, November 14, 2023	6:30 PM	Cloves	1-A 1-B	10	•	1	BU6 Alavés - Clothier - TU	11	BU6 ECS - Viner
Tuesday, November 14, 2023		Cloves	1-в 1-С			3	BU6 Atlético Madrid - Montague - TH	9	BU6 ECS - Cunningham
Tuesday, November 14, 2023	6:30 PM	Cloyes	_	10		-	BU6 Athletic Bilbao - Guthrie - TU		BU6 ECS - Cummins/ Gagnon
Tuesday, November 14, 2023	6:30 PM	Cloyes	1-D	10		2	Buo Athletic Blibao - Guthi le - 10	10	BUO ECS - Cullillillis/ Gagilon
						_	BU05	_	BUOTIL II "TI
Saturday, November 18, 2023	10:30 AM	Cloyes	1-C	11		7	BU6 Espanyol - Martin - TH	6	BU6 Elche - Hammett - TH
Saturday, November 18, 2023	11:30 AM	Cloyes	1-A	11	Т	9	BU6 ECS - Cunningham	4	BU6 CÁDIZ- HINTE - TU
Saturday, November 18, 2023	11:30 AM	Cloyes	1-B	11		8	BU6 FC Barcelona - Greer - TU	5	BU6 CELTA VIGO - ASKEW - TU
Saturday, November 18, 2023	11:30 AM	Cloyes	1-C	11		12	BU6 Lausanne Gold	1	BU6 Alavés - Clothier - TU
Saturday, November 18, 2023	12:30 PM	Cloyes	1-A	11		14	BU6 OLPH -	13	BU6 Lausanne Navy
Saturday, November 18, 2023	12:30 PM	Cloyes	1-B	11		11	BU6 ECS - Viner	2	BU6 Athletic Bilbao - Guthrie - TU
Saturday, November 18, 2023	12:30 PM	Cloyes	1-C	11		10	BU6 ECS - Cummins/ Gagnon	3	BU6 Atlético Madrid - Montague - TH
Monday, November 20, 2023							Spring 'Early Bird' Registration begins		REGISTER.GermantownLegends.com
Saturday, November 25, 2023							Turkey Cup		TurkeyCup.GermantownLegends.com
Saturday, December 9, 2023							Christmas Parade		PARADE.GermantownLegends.com
							2024 SPRING REC SEASON		
Saturday, November 18, 2023							Registration begins for Spring		
Friday, December 15, 2023							Early Bird registration ends		
Monday, January 15, 2024							TEAM & FRIEND Request Deadline*		Visit RegistrationPolicies.GermantownLegende
Thursday, January 25, 2024	6:15 PM	TBD					PRE-SEASON <u>NEW</u> PARENT MEETING		
Monday, January 29, 2024							Pre-season 'Player' Training begins		
Thursday, February 1, 2024							LATE REGISTRATION begins		
Thursday, February 15, 2024	6:15 PM	Cloyes					Coaches' & New Parent Meeting		
Saturday, February 17, 2024		Cloyes					SoccerFEST.GermantownLegends.com		SoccerFEST Small-sided Games
Monday, February 19, 2024				-			Team Practices begin		
Saturday, March 2, 2024				<b>S1</b>			Spring REC Season begins		

# **GAME RULES FOR THE U5/U6 FUTURE LEGENDS**

Kicking is NOT Soccer.... KINS

DATE TIME LOCATION FIELD WEEK AWAY (White) HOME (Red/ Dark)

The KINS Program's main objective is to promote and emphasize the skill of DRIBBLING at the U5 through U6 age groups, and discourage the aimless booting of the ball that is all too prevalent at these young ages. When young players are conditioned to just kick the ball forward as far as possible, their skill development is stunted, making it harder for them to reach their true potential.

**DRIBBLING** is the foundation and preparation for all the other fundamental skills of soccer, such as controlling, passing, and shooting. Laying the proper dribbling foundation at the youngest years will enhance the players' ability to improve all the soccer skills. No matter what level the players will end up playing, recreational or select, they will derive increased pleasure from the game if they can control the ball better and become more adept at manipulating it.

The spectators will also enjoy the game more if they can watch players who exhibit skill and creativity.

The program's second objective is to promote decision making by the players on the field and reduce their dependence on the adults for problem solving.

### **NEW BALL METHOD**

The idea behind the 'new ball method' is to keep the flow of the game constant and increase the number of ball touches by all the players.

The 'new ball method' eliminates restarts such as throw-ins and corner kicks and keeps the ball in play continuously. Restarts might be important to the game results at the highest level of play, but they have NO relevance or developmental benefits at the U5 or U6 level.

Since the objective of the KINS Program is to teach players to **DRIBBLE**, every aspect of the traditional game that reduces the opportunity to dribble is removed. The basic principle of this method is that, when a ball goes out of bounds, the coach **ROLLS** a new ball into play (after a 5 count).

### IMPLEMENTING THE KINS PROGRAM:

When a ball goes out of bounds, the coach yells "new ball!" and ROLLS a new one in. The players will learn quickly to react to the new ball.

Always ROLL the ball on the ground into the UNOCCUPIED space. Players will learn to move towards the ball.

Do NOT throw the ball in the air since the players are not yet skilled enough to control a bouncing ball.

Count to 5 (to yourself... 1 Mississippi, 2 Mississippi, etc.) before putting a 'new ball' into play.

Coaches can also use this method to get the non-assertive players involved, by rolling the ball towards them. This will help bring them out of their shell. If the players are really shy, simply place the ball at their feet.

After each goal, roll the ball on the ground to the OTHER team on their half of the field.

If one team is dominating the game, the advantage can be shifted to the other team by throwing the ball accordingly.

This method can also be used to break up a 'beehive'. If all the players are bunched up around the ball, shout "new ball" and throw one into the open space.

Remember to always praise the players for every attempt... acknowledging the soccer skill used (if possible). Keep them excited and motivated.

TOPIC	RULES FOR U5/ U6 (KINS)
LENGTH OF GAME	Four 8-minute Quarters, with a minimum of a 2 minute break between each quarter, and 5 minutes at half.
PLAYERS	3v3 Three on the field at one time from each team, maximum 6 players per roster.  May play 2v2 or 2v3
GOALIES	<b>NO</b> Goalkeepers. Players can defend but are not allowed to stand in front of the goal regardless of where the ball is in the field. Players are encouraged to attack and defend as a team.
FOULS	No penalty kicksjust award ball to other team NO sliding. Play on when hand ball occurs unless blatantly obvious
OTHER	All players play a minimum of <b>50%</b> . Player's time is connected to practice and participation, if a player regularly misses practice, it will affect playtime.  After each goal, roll the ball to the OTHER team from the sideline.  As it is NOT age appropriate, never throw the ball into the air.  TWO goals of these age group: 1. Posititve first touch 2. Ability to dribble  Goal differential: Differentials of 3- 4 goals, teams should start getting creative by asking players to do certain moves before dribbling towards the goal, moving team up the field to begin play, dribbling the ball into the defensive side of the field before going forward.  Coaches may come on field during restarts for positioning, but <b>MUST EXIT THE FIELD BEFORE PLAY RESUMES</b> .  NO results are being recorded, NO league standings, or win/loss/tie records, this league exists for beginning player development.  SHARE players if necessary.
SAFETY	All items of jewelry (necklaces, rings, bracelets, watches, earrings, leather bands, rubber bands, large hair bows etc.) are strictly forbidden and must be removed. Using tape to cover jewelry is not acceptable.  NO heading. (US Soccer does NOT recommend heading until a player reaches the U12 age group.)

HOME (Red/ Dark)

Discourse of the state of the same and the state of the s

LOCATION

Players, especially at this age, should be encouraged to  ${\it dribble, drib$ 

TIME

Just kicking the ball to escape pressure should NEVER be encouraged at this age.

DATE

How many times a game do your young players attempt to **dribble into space**, away from pressure? ...versus just kicking the ball (to the other team).

WEEK

AWAY (White)

FIELD

Instead of suggesting a 'kick', why not attempt a soccer skill or move,....... Pull-back, V, Scissors, Cryuff, Step-over, Simple fake, etc.