

FUTURE LEGENDS U5 Coed (2015) 3v3... KINS

#BringBothJerseys

Germantown Legends Recreational Soccer (Division 4)

www.GermantownLegendsSoccer.com

For field status, check any one of the following:

<https://www.FACEBOOK.com/GermantownLegendsSoccer>

<https://TWITTER.com/GermantownSoc>

<https://www.INSTAGRAM.com/GermantownLegendsSoccer>

Official schedule found online... GAMES.GermantownLegends.com

KickingIsNotASoccerSkill.GermantownLegends.com

CALENDAR.GermantownLegends.com

SkillsForLegends.GermantownLegends.com

When posting messages to social media, please use the hashtag #LegendsSoccer or 'tag' Germantown Legends Soccer

TEAM

- 1 U5 FOSTER - DUCKS - TH
- 2 U5 WILMOTH - EAGLES - TU
- 3 U5 SHIPMAN - FALCONS - M
- 4 U5 COULTER - WOODPECKERS - TU
- 5 U5 Aleman - Bluebirds - M

TEAM

- 6 U5 STROUD - CARDINALS - TU
- 7 U5 ECS - Todd
- 8 U5 ECS - Ring
- 9 U6 BLUNT - PHOENIX - TH

DATE	TIME	LOCATION	FIELD	WEEK	AWAY (White or Light colored jersey)	HOME (Red or dark colored jersey)
Week of February 22					Skills of the week: Pullback, Sideways Roll and Tick Tock	
Week of March 1					Skills of the week: Inside Cut (turn) and Outside Chop (turn)	
Saturday, March 6, 2021					SoccerFEST.GermantownLegends.com	
Week of March 8					Skills of the week: Step-over and Half Zico (1-foot)	
Week of March 15					Skills of the week: Juggling (intro)	
Saturday, March 20, 2021					SoccerFEST2.GermantownLegends.com	
Week of March 22					Skills of the week: Beardsley and Stop & Go	
Originally scheduled for Saturday, March 27	9:30 AM	Cloyes	1-A	1	C 4	U5 COULTER - WOODPECKERS - TU
Re-scheduled for Sunday, April 11	9:30 AM	Cloyes	1-B	1	C 3	U5 SHIPMAN - FALCONS - M
	9:30 AM	Cloyes	1-C	1	C 2	U5 WILMOTH - EAGLES - TU
	10:30 AM	Cloyes	1-A	1	C 8	U5 ECS - Ring
	10:30 AM	Cloyes	1-D	1	C 9	U6 BLUNT - PHOENIX - TH
						OPEN
Week of March 29					Skills of the week: Cryuff (turn), Zig Zag and Juggling intro	
Week of March 29					NIGHT GAMES WEEK	
Monday, March 29, 2021	6:00 PM	Cloyes	1-A	2	5	U5 Aleman - Bluebirds - M
Monday, March 29, 2021	6:00 PM	Cloyes	1-B	2	6	U5 STROUD - CARDINALS - TU
Monday, March 29, 2021	6:00 PM	Cloyes	1-C	2	7	U5 ECS - Todd
Monday, March 29, 2021	6:00 PM	Cloyes	1-D	2	8	U5 ECS - Ring
Monday, March 29, 2021	7:00 PM	Cloyes	1-A	2	4	U5 COULTER - WOODPECKERS - TU
						OPEN
Saturday, April 3, 2021	10:30 AM	Cloyes				BunnyCup.GermantownLegends.com
Sunday, April 4, 2021						Easter
Week of April 5					Skills of the week: Simple Fake (Shoulder Feint) and Matthews	
Saturday, April 10, 2021		Cloyes			Picture Day I	TSS Photography
Saturday, April 10, 2021	9:30 AM	Cloyes	1-A	3	2	U5 WILMOTH - EAGLES - TU
Saturday, April 10, 2021	9:30 AM	Cloyes	1-B	3	5	U5 Aleman - Bluebirds - M
Saturday, April 10, 2021	9:30 AM	Cloyes	1-C	3	1	U5 FOSTER - DUCKS - TH
Saturday, April 10, 2021	10:30 AM	Cloyes	1-A	3	3	U5 SHIPMAN - FALCONS - M
Saturday, April 10, 2021	10:30 AM	Cloyes	1-B	3	1	U5 FOSTER - DUCKS - TH
Sunday, April 11, 2021	1:00 PM	Cloyes	1-A	1	R 9	U6 BLUNT - PHOENIX - TH
Sunday, April 11, 2021	1:00 PM	Cloyes	1-B	1	R 3	U5 SHIPMAN - FALCONS - M
Sunday, April 11, 2021	1:00 PM	Cloyes	1-C	1	R - O 2	U5 WILMOTH - EAGLES - TU
Sunday, April 11, 2021	2:00 PM	Cloyes	1-A	1	C 8	U5 ECS - Ring
Sunday, April 11, 2021	2:00 PM	Cloyes	1-D	1	R 9	U6 BLUNT - PHOENIX - TH
						OPEN
Week of April 12					Skills of the week: Backwards L and Roll-over & Pullback	
April 16- 18 Weekend					Silent Sideline Weekend... SilentSideline.GermantownLegends.com	
Saturday, April 17, 2021		Cloyes			Picture Day II	TSS Photography
Saturday, April 17, 2021	9:30 AM	Cloyes	1-A	4	6	U5 STROUD - CARDINALS - TU
Saturday, April 17, 2021	9:30 AM	Cloyes	1-B	4	9	U6 BLUNT - PHOENIX - TH
Saturday, April 17, 2021	9:30 AM	Cloyes	1-C	4	7	U5 ECS - Todd
Saturday, April 17, 2021	10:30 AM	Cloyes	1-A	4	8	U5 ECS - Ring
Saturday, April 17, 2021	10:30 AM	Cloyes	1-B	4	5	U5 Aleman - Bluebirds - M
						OPEN

DATE TIME LOCATION FIELD WEEK AWAY (White or Light colored jersey) HOME (Red or dark colored jersey)

Week of April 19

Skills of the week: **Scissors** and **Puskas (V-turn)**

Re-scheduled for Friday, May 7	Saturday, April 24, 2021	9:30 AM	Cloyes	1-A	5	C	3	U5 SHIPMAN - FALCONS - M	1	U5 FOSTER - DUCKS - TH
		9:30 AM	Cloyes	1-B	5	C	4	U5 COULTER - WOODPECKERS - TU	9	U6 BLUNT - PHOENIX - TH
		9:30 AM	Cloyes	1-C	5	C	6	U5 STROUD - CARDINALS - TU	7	U5 ECS - Todd
		10:30 AM	Cloyes	1-A	5	C	5	U5 Aleman - Bluebirds - M	8	U5 ECS - Ring
		10:30 AM	Cloyes	1-D	5	C	2	U5 WILMOTH - EAGLES - TU	OPEN	

Week of April 26

Skills of the week: **Preki** and **Zico (both feet and 1-foot)**

Saturday, May 1, 2021	9:30 AM	Cloyes	1-A	6		9	U6 BLUNT - PHOENIX - TH	3	U5 SHIPMAN - FALCONS - M
Saturday, May 1, 2021	9:30 AM	Cloyes	1-B	6		1	U5 FOSTER - DUCKS - TH	2	U5 WILMOTH - EAGLES - TU
Saturday, May 1, 2021	9:30 AM	Cloyes	1-C	6		7	U5 ECS - Todd	5	U5 Aleman - Bluebirds - M
Saturday, May 1, 2021	10:30 AM	Cloyes	1-A	6		8	U5 ECS - Ring	4	U5 COULTER - WOODPECKERS - TU
Saturday, May 1, 2021	10:30 AM	Cloyes	1-D	6		6	U5 STROUD - CARDINALS - TU	OPEN	

Week of May 3

Skills of the week: **Elastico** and **Dray & Go**

Friday, May 7, 2021	5:30 PM	Cloyes	1-A	5	R	3	U5 SHIPMAN - FALCONS - M	1	U5 FOSTER - DUCKS - TH
Friday, May 7, 2021	5:30 PM	Cloyes	1-B	5	R	4	U5 COULTER - WOODPECKERS - TU	9	U6 BLUNT - PHOENIX - TH
Friday, May 7, 2021	5:30 PM	Cloyes	1-C	5	R	6	U5 STROUD - CARDINALS - TU	7	U5 ECS - Todd
Friday, May 7, 2021	5:30 PM	Cloyes	1-D	5	R	5	U5 Aleman - Bluebirds - M	8	U5 ECS - Ring
		Cloyes	1-D	5	R	2	U5 WILMOTH - EAGLES - TU	OPEN	

Sunday, May 9, 2021

Mother's Day

Saturday, May 8, 2021	9:30 AM	Cloyes	1-A	7		4	U5 COULTER - WOODPECKERS - TU	2	U5 WILMOTH - EAGLES - TU
Saturday, May 8, 2021	9:30 AM	Cloyes	1-B	7		5	U5 Aleman - Bluebirds - M	1	U5 FOSTER - DUCKS - TH
Saturday, May 8, 2021	9:30 AM	Cloyes	1-C	7		7	U5 ECS - Todd	8	U6 BLUNT - PHOENIX - TH
Saturday, May 8, 2021	10:30 AM	Cloyes	1-A	7		6	U5 STROUD - CARDINALS - TU	9	U5 ECS - Ring
Saturday, May 8, 2021	10:30 AM	Cloyes	1-D	7		3	U5 SHIPMAN - FALCONS - M	OPEN	

Week of May 10

Skill of the week: **Maradona**

Saturday, May 15, 2021	9:30 AM	Cloyes	1-A	8		9	U6 BLUNT - PHOENIX - TH	5	U5 Aleman - Bluebirds - M
Saturday, May 15, 2021	9:30 AM	Cloyes	1-B	8		1	U5 FOSTER - DUCKS - TH	4	U5 COULTER - WOODPECKERS - TU
Saturday, May 15, 2021	9:30 AM	Cloyes	1-C	8		2	U5 WILMOTH - EAGLES - TU	3	U5 SHIPMAN - FALCONS - M
Saturday, May 15, 2021	10:30 AM	Cloyes	1-A	8		8	U5 ECS - Ring	6	U5 STROUD - CARDINALS - TU
Saturday, May 15, 2021	10:30 AM	Cloyes	1-D	8		7	U5 ECS - Todd	OPEN	

Week of May 17

U8- U12 Competitive Tryouts begin

2014- 2010 birth years

Week of May 31

U13- U19 Competitive Tryouts begin

2009- 2003 birth years

2021 FALL REC SEASON

Tuesday, June 1, 2021							Early Bird' registration begins		REGISTER.GermantownLegends.com
June 14- 18	9:00 AM	OLPH					Future Legends REC Camp		2017- 2010 birth years
Wednesday, June 30, 2021							Early Bird Registration Period ENDS...		
Thursday, July 15, 2021							TEAM & FRIEND Request Deadline		
Thursday, July 29, 2021	6:15 PM	TBD					PRE-SEASON NEW PARENT MEETING		
Sunday, August 1, 2021							LATE REGISTRATION begins		
Monday, August 2, 2021							Pre-season 'Player' Training begins		
Thursday, August 19, 2021	6:15 PM	Cloyes					Coaches' & New Parent Meeting		
Saturday, August 21, 2021							SoccerFEST... Small-sided Games		SoccerFEST.GermantownLegends.com
Monday, August 23, 2021							Team Practices begin		

DATE
Saturday, September 11, 2021

TIME LOCATION FIELD WEEK
F1

AWAY (White or Light colored jersey)
FALL REC SEASON GAMES BEGIN

HOME (Red or dark colored jersey)
(Weather permitting)

Saturday, November 27, 2021

TurkeyCup.GermantownLegends.com

GAME RULES FOR THE U5/U6 FUTURE LEGENDS

Kicking is **NOT** Soccer.... KINS

The KINS Program's main objective is to promote and emphasize the skill of DRIBBLING at the U5 through U6 age groups, and discourage the aimless booting of the ball that is all too prevalent at these young ages. When young players are conditioned to just kick the ball forward as far as possible, their skill development is stunted, making it harder for them to reach their true potential.

DRIBBLING is the foundation and preparation for all the other fundamental skills of soccer, such as controlling, passing, and shooting. Laying the proper dribbling foundation at the youngest years will enhance the players' ability to improve all the soccer skills. No matter what level the players will end up playing, recreational or select, they will derive increased pleasure from the game if they can control the ball better and become more adept at manipulating it.

The spectators will also enjoy the game more if they can watch players who exhibit skill and creativity. The program's second objective is to promote decision making by the players on the field and reduce their dependence on the adults for problem solving.

NEW BALL METHOD

The idea behind the 'new ball method' is to keep the flow of the game constant and increase the number of ball touches by all the players.

The 'new ball method' eliminates restarts such as throw-ins and corner kicks and keeps the ball in play continuously. Restarts might be important to the game results at the highest level of play, but they have NO relevance or developmental benefits at the U5 or U6 level.

Since the objective of the KINS Program is to teach players to DRIBBLE, every aspect of the traditional game that reduces the opportunity to dribble is removed. The basic principle of this method is that, when a ball goes out of bounds, the coach ROLLS a new ball into play (after a 5 count).

IMPLEMENTING THE KINS PROGRAM:

When a ball goes out of bounds, the coach yells "new ball!" and ROLLS a new one in. The players will learn quickly to react to the new ball.

Always **ROLL the ball on the ground into the UNOCCUPIED space**. Players will learn to move towards the ball. Do **NOT throw the ball** in the air since the players are not yet skilled enough to control a bouncing ball.

Count to 5 (to yourself... 1 Mississippi, 2 Mississippi, etc.) before putting a 'new ball' into play.

Coaches can also use this method to get the non-assertive players involved, by rolling the ball towards them. This will help bring them out of their shell. If the players are really shy, simply place the ball at their feet.

After each goal, roll the ball on the ground to the OTHER team on their half of the field.

If one team is dominating the game, the advantage can be shifted to the other team by throwing the ball accordingly.

This method can also be used to break up a 'beehive'. If all the players are bunched up around the ball, shout "new ball" and throw one into the open space.

Remember to always praise the players for every attempt... acknowledging the soccer skill used (if possible). Keep them excited and motivated.

TOPIC	RULES FOR U5/ U6 (KINS)
LENGTH OF GAME	Four 8-minute Quarters, with a minimum of a 2 minute break between each quarter, and 5 minutes at half.
PLAYERS	3v3.... Three on the field at one time from each team, maximum 6 players per roster. May play 2v2 or 2v3
GOALIES	NO Goalkeepers
FOULS	No penalty kicks...just award ball to other team NO sliding. Play on when hand ball occurs unless blatantly obvious
OTHER	All players play a minimum of 50% After each goal, roll the ball to the OTHER team. SHARE players if necessary. Coaches may come on field during restarts for positioning, but must exit field before play resumes.

Players, especially at this age, should be encouraged to **dribble, dribble, dribble,.....**

Just kicking the ball to escape pressure should NEVER be encouraged at this age.

How many times a game do your young players attempt to **dribble into space**, away from pressure? ...versus just kicking the ball (to the other team).

Instead of suggesting a 'kick', why not attempt a soccer skill or move,..... Pull-back, V, Scissors, Cryuff, Step-over, Simple fake, etc.