

# FUTURE LEGENDS GIRLS U7 (2017) 4v4



## Germantown Legends Recreational Soccer (Division 4)

[www.GermantownLegendsSoccer.com](http://www.GermantownLegendsSoccer.com)

For field status, check any one of the following:

<https://www.FACEBOOK.com/GermantownLegendsSoccer>

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<https://www.INSTAGRAM.com/GermantownLegendsSoccer>

Official schedule found online... [GAMES.GermantownLegends.com](http://GAMES.GermantownLegends.com)

[KickingIsNotASoccerSkill.GermantownLegends.com](http://KickingIsNotASoccerSkill.GermantownLegends.com)

| DATE                         | TIME     | LOCATION | FIELD | WEEK |
|------------------------------|----------|----------|-------|------|
| Week of February 5           |          |          |       |      |
| Week of February 12          |          |          |       |      |
| Week of February 19          |          |          |       |      |
| Week of February 26          |          |          |       |      |
| Wednesday, February 28, 2024 |          |          |       |      |
| Saturday, March 2, 2024      | 9:00 AM  | Cloyes   | 2-A   | 1    |
| Saturday, March 2, 2024      | 9:00 AM  | Cloyes   | 2-B   | 1    |
| Saturday, March 2, 2024      | 9:00 AM  | Cloyes   | 2-C   | 1    |
| Saturday, March 2, 2024      | 10:05 AM | Cloyes   | 2-A   | 1    |
| Open                         | 10:05 AM | Cloyes   | 2-B   | 1    |
| Open                         | 10:05 AM | Cloyes   | 2-C   | 1    |
| Week of February 4           |          |          |       |      |
| Monday, March 4, 2024        | 5:30 PM  | Cloyes   | 2-A   | 2    |
| Open                         | 5:30 PM  | Cloyes   | 2-B   | 2    |
| Monday, March 4, 2024        | 5:30 PM  | Cloyes   | 2-C   | 2    |
| Open                         | 6:30 PM  | Cloyes   | 2-A   | 2    |
| Monday, March 4, 2024        | 6:30 PM  | Cloyes   | 2-B   | 2    |
| Monday, March 4, 2024        | 6:30 PM  | Cloyes   | 2-C   | 2    |
| Week of March 11             |          |          |       |      |
| March 11- 15                 |          |          |       |      |
| Saturday, March 16, 2024     |          | Cloyes   |       |      |
| Week of March 18             |          |          |       |      |
| Wednesday, March 20, 2024    |          |          |       |      |
| Saturday, March 23, 2024     | 12:00 PM | Cloyes   | 2-A   | 3    |
| Saturday, March 23, 2024     | 12:00 PM | Cloyes   | 2-B   | 3    |
| Saturday, March 23, 2024     | 12:00 PM | Cloyes   | 2-C   | 3    |
| Saturday, March 23, 2024     | 1:00 PM  | Cloyes   | 2-A   | 3    |
| Saturday, March 23, 2024     | 1:00 PM  | Cloyes   | 2-B   | 3    |
| Saturday, March 23, 2024     | 1:00 PM  | Cloyes   | 2-C   | 3    |
| Monday, March 25, 2024       | 5:30 PM  | Cloyes   | 2-A   | 4    |
| Monday, March 25, 2024       | 5:30 PM  | Cloyes   | 2-B   | 4    |
| Monday, March 25, 2024       | 5:30 PM  | Cloyes   | 2-C   | 4    |
| Monday, March 25, 2024       | 6:30 PM  | Cloyes   | 2-A   | 4    |
| Monday, March 25, 2024       | 6:30 PM  | Cloyes   | 2-B   | 4    |
| Monday, March 25, 2024       | 6:30 PM  | Cloyes   | 2-C   | 4    |

| TEAM                                | TEAM                                     |
|-------------------------------------|--|
| 1 <b>GU7 Bordeaux - Dixon - TU</b>  | 7 <b>GU7 ECS - O'Bryant</b>              |
| 2 <b>GU7 Cannes - Hubbard - TU</b>  | 8 <b>GU7 ECS - Barnhart</b>              |
| 3 <b>GU7 Granada - Newcomer - M</b> | 9 <b>GU7 ECS - Ring</b>                  |
| 4 <b>GU7 Lyon - Cunningham - M</b>  | 10 <b>GU 7 Lausanne Lynx - Albertson</b> |
| 5 <b>GU7 Sète - Bordwell - M</b>    | 11 <b>GU7 OLPH - Song</b>                |
| 6 <b>GU7 Valencia - Manuel - TH</b> | 12 <b>GU7 OLPH Owls</b>                  |

\* Additional registration required for the REC Skills Club

| AWAY (White)  | HOME (Red/ Dark)                         |
|---|--|
| REC Skills of the week: PULLBACK, SIDEWAYS ROLL and TOE TAPS                                  |  |
| REC Skills of the week: TICK TOCK and LA CROQUETA   |  |
| REC Skills of the week: Review - PULLBACK, SIDEWAYS ROLL, TOE TAPS, TICK TOCK and LA CROQUETA |  |
| REC Skills of the week: MARADONA and the SQUIRT   |  |
| REC Skills Club*  |  |
| 2 <b>GU7 Cannes - Hubbard - TU</b>  | 1 <b>GU7 Bordeaux - Dixon - TU</b>       |
| 3 <b>GU7 Granada - Newcomer - M</b>   | 12 <b>GU7 OLPH Owls</b>                  |
| 4 <b>GU7 Lyon - Cunningham - M</b>  | 11 <b>GU7 OLPH - Song</b>                |
| 5 <b>GU7 Sète - Bordwell - M</b>  | 10 <b>GU 7 Lausanne Lynx - Albertson</b> |
| 6 <b>GU7 Valencia - Manuel - TH</b>   | 9 NOT Available                          |
| 7 NOT Available   | 8 NOT Available                          |
| REC Skills of the week: INSIDE CUT (Turn) and OUTSIDE CHOP (Turn)                             |  |
| 12 <b>GU7 OLPH Owls</b>   | 2 <b>GU7 Cannes - Hubbard - TU</b>       |
| 1 <b>GU7 Bordeaux - Dixon - TU</b>  | 7 NOT Available                          |
| 5 <b>GU7 Sète - Bordwell - M</b>  | 6 <b>GU7 Valencia - Manuel - TH</b>      |
| 9 NOT Available   | 8 NOT Available                          |
| 10 <b>GU 7 Lausanne Lynx - Albertson</b>  | 4 <b>GU7 Lyon - Cunningham - M</b>       |
| 11 <b>GU7 OLPH - Song</b>   | 3 <b>GU7 Granada - Newcomer - M</b>      |

REC Skill of the week: JUGGLING

GMSD Spring Break

SoccerFEST 2

SoccerFEST2.GermantownLegends.com

REC Skills of the week: CRUYFF (turn), ZIG ZAG and Intro to JUGGLING

REC Skills Club\*

|                                     |  |
|-------------------------------------|--|
| 5 <b>GU7 Sète - Bordwell - M</b>    | 8 <b>GU7 ECS - Barnhart</b>              |
| 6 <b>GU7 Valencia - Manuel - TH</b> | 7 <b>GU7 ECS - O'Bryant</b>              |
| 12 <b>GU7 OLPH Owls</b>             | 1 <b>GU7 Bordeaux - Dixon - TU</b>       |
| 2 <b>GU7 Cannes - Hubbard - TU</b>  | 11 <b>GU7 OLPH - Song</b>                |
| 3 <b>GU7 Granada - Newcomer - M</b> | 10 <b>GU 7 Lausanne Lynx - Albertson</b> |
| 4 <b>GU7 Lyon - Cunningham - M</b>  | 9 <b>GU7 ECS - Ring</b>                  |
| 2 <b>GU7 Cannes - Hubbard - TU</b>  | 8 <b>GU7 ECS - Barnhart</b>              |
| 12 <b>GU7 OLPH Owls</b>             | 9 <b>GU7 ECS - Ring</b>                  |
| 11 <b>GU7 OLPH - Song</b>           | 10 <b>GU 7 Lausanne Lynx - Albertson</b> |
| 5 <b>GU7 Sète - Bordwell - M</b>    | 1 <b>GU7 Bordeaux - Dixon - TU</b>       |
| 4 <b>GU7 Lyon - Cunningham - M</b>  | 6 <b>GU7 Valencia - Manuel - TH</b>      |
| 3 <b>GU7 Granada - Newcomer - M</b> | 7 <b>GU7 ECS - O'Bryant</b>              |

Saturday, March 30, 2024

Cloyes

Bunny Cup

BunnyCup.GermantownLegends.com

| DATE                            | TIME           | LOCATION      | FIELD      | WEEK | AWAY (White)   | HOME (Red/ Dark)                         |
|---------------------------------|----------------|---------------|------------|------|--|--|
| Week of April 1                 |                |               |            |      | REC Skills of the week: BACKWARDS 'L' and ROLL-OVER & PULLBACK   |  |
| Wednesday, April 3, 2024        |                |               |            |      | REC Skills Club*   |  |
| <b>April 5-7</b>                |                |               |            |      | <b>Silent Sideline Weekend</b>                                   |  |
|                                 |                |               |            |      | <b>SilentSideline.GermantownLegends.com</b>                      |  |
| Saturday, April 6, 2024         | 9:00 AM        | Cloyes        | 2-A        | 5    | 12 <b>GU7 OLPH Owls</b>  | 8 <b>GU7 ECS - Barnhart</b>              |
| Saturday, April 6, 2024         | 9:00 AM        | Cloyes        | 2-B        | 5    | 2 <b>GU7 Cannes - Hubbard - TU</b>                               | 7 <b>GU7 ECS - O'Bryant</b>              |
| Saturday, April 6, 2024         | 9:00 AM        | Cloyes        | 2-C        | 5    | 3 <b>GU7 Granada - Newcomer - M</b>                              | 6 <b>GU7 Valencia - Manuel - TH</b>      |
| Saturday, April 6, 2024         | 10:05 AM       | Cloyes        | 2-A        | 5    | 4 <b>GU7 Lyon - Cunningham - M</b>                               | 5 <b>GU7 Sète - Bordwell - M</b>         |
| Saturday, April 6, 2024         | 10:05 AM       | Cloyes        | 2-B        | 5    | 10 <b>GU 7 Lausanne Lynx - Albertson</b>                         | 1 <b>GU7 Bordeaux - Dixon - TU</b>       |
| Saturday, April 6, 2024         | 10:05 AM       | Cloyes        | 2-C        | 5    | 11 <b>GU7 OLPH - Song</b>  | 9 <b>GU7 ECS - Ring</b>                  |
| Week of April 8                 |                |               |            |      | REC Skills of the Week: SIMPLE FAKE/ SHOULDER FEINT and MATTHEWS |  |
| Wednesday, April 10, 2024       |                |               |            |      | REC Skills Club*   |  |
| Saturday, April 13, 2024        | 9:00 AM        | Cloyes        | 2-A        | 6    | 4 <b>GU7 Lyon - Cunningham - M</b>                               | 2 <b>GU7 Cannes - Hubbard - TU</b>       |
| Saturday, April 13, 2024        | 9:00 AM        | Cloyes        | 2-B        | 6    | 5 <b>GU7 Sète - Bordwell - M</b>                                 | 12 <b>GU7 OLPH Owls</b>                  |
| Saturday, April 13, 2024        | 9:00 AM        | Cloyes        | 2-C        | 6    | 6 <b>GU7 Valencia - Manuel - TH</b>                              | 11 <b>GU7 OLPH - Song</b>                |
| Saturday, April 13, 2024        | 10:05 AM       | Cloyes        | 2-A        | 6    | 7 <b>GU7 ECS - O'Bryant</b>                                      | 10 <b>GU 7 Lausanne Lynx - Albertson</b> |
| Saturday, April 13, 2024        | 10:05 AM       | Cloyes        | 2-B        | 6    | 8 <b>GU7 ECS - Barnhart</b>                                      | 9 <b>GU7 ECS - Ring</b>                  |
| <b>Saturday, April 13, 2024</b> | <b>1:30 PM</b> | <b>Cloyes</b> | <b>1-D</b> | 6 T  | 1 <b>GU7 Bordeaux - Dixon - TU</b>                               | 3 <b>GU7 Granada - Newcomer - M</b>      |
| Week of April 15                |                |               |            |      | REC Skills of the week: SCISSORS and PUSKAS (V-turn)             |  |
| Wednesday, April 17, 2024       |                |               |            |      | REC Skills Club*   |  |
| Saturday, April 20, 2024        | 9:00 AM        | Cloyes        | 2-A        | 7    | 8 <b>GU7 ECS - Barnhart</b>                                      | 1 <b>GU7 Bordeaux - Dixon - TU</b>       |
| Saturday, April 20, 2024        | 9:00 AM        | Cloyes        | 2-B        | 7    | 9 <b>GU7 ECS - Ring</b>  | 7 <b>GU7 ECS - O'Bryant</b>              |
| Saturday, April 20, 2024        | 9:00 AM        | Cloyes        | 2-C        | 7    | 10 <b>GU 7 Lausanne Lynx - Albertson</b>                         | 6 <b>GU7 Valencia - Manuel - TH</b>      |
| Saturday, April 20, 2024        | 10:05 AM       | Cloyes        | 2-A        | 7    | 11 <b>GU7 OLPH - Song</b>  | 5 <b>GU7 Sète - Bordwell - M</b>         |
| Saturday, April 20, 2024        | 10:05 AM       | Cloyes        | 2-B        | 7    | 12 <b>GU7 OLPH Owls</b>  | 4 <b>GU7 Lyon - Cunningham - M</b>       |
| Saturday, April 20, 2024        | 10:05 AM       | Cloyes        | 2-C        | 7    | 2 <b>GU7 Cannes - Hubbard - TU</b>                               | 3 <b>GU7 Granada - Newcomer - M</b>      |
| Week of April 22                |                |               |            |      | REC Skills of the week: ELASTICO and DRAG & GO                   |  |
| Wednesday, April 24, 2024       |                |               |            |      | REC Skills Club*   |  |
| Saturday, April 27, 2024        | 9:00 AM        | Cloyes        | 2-A        | 8    | 11 <b>GU7 OLPH - Song</b>  | 12 <b>GU7 OLPH Owls</b>                  |
| Saturday, April 27, 2024        | 9:00 AM        | Cloyes        | 2-B        | 8    | 6 <b>GU7 Valencia - Manuel - TH</b>                              | 1 <b>GU7 Bordeaux - Dixon - TU</b>       |
| Saturday, April 27, 2024        | 9:00 AM        | Cloyes        | 2-C        | 8    | 7 <b>GU7 ECS - O'Bryant</b>                                      | 5 <b>GU7 Sète - Bordwell - M</b>         |
| Saturday, April 27, 2024        | 10:05 AM       | Cloyes        | 2-A        | 8    | 8 <b>GU7 ECS - Barnhart</b>                                      | 4 <b>GU7 Lyon - Cunningham - M</b>       |
| Saturday, April 27, 2024        | 10:05 AM       | Cloyes        | 2-B        | 8    | 9 <b>GU7 ECS - Ring</b>  | 3 <b>GU7 Granada - Newcomer - M</b>      |
| Saturday, April 27, 2024        | 10:05 AM       | Cloyes        | 2-C        | 8    | 10 <b>GU 7 Lausanne Lynx - Albertson</b>                         | 2 <b>GU7 Cannes - Hubbard - TU</b>       |
| Week of April 29                |                |               |            |      | REC Skills of the Week: BEARDSLEY and STOP & GO                  |  |
| Wednesday, May 1, 2024          |                |               |            |      | REC Skills Club*   |  |
| <b>May 3-5</b>                  |                |               |            |      | <b>Silent Sideline Weekend 2</b>                                 |  |
|                                 |                |               |            |      | <b>SilentSideline2.GermantownLegends.com</b>                     |  |
| Saturday, May 4, 2024           | 9:00 AM        | Cloyes        | 2-A        | 9    | 7 <b>GU7 ECS - O'Bryant</b>                                      | 4 <b>GU7 Lyon - Cunningham - M</b>       |
| Saturday, May 4, 2024           | 9:00 AM        | Cloyes        | 2-B        | 9    | 6 <b>GU7 Valencia - Manuel - TH</b>                              | 5 <b>GU7 Sète - Bordwell - M</b>         |
| Saturday, May 4, 2024           | 9:00 AM        | Cloyes        | 2-C        | 9    | 11 <b>GU7 OLPH - Song</b>  | 1 <b>GU7 Bordeaux - Dixon - TU</b>       |
| Saturday, May 4, 2024           | 10:05 AM       | Cloyes        | 2-A        | 9    | 10 <b>GU 7 Lausanne Lynx - Albertson</b>                         | 12 <b>GU7 OLPH Owls</b>                  |
| Saturday, May 4, 2024           | 10:05 AM       | Cloyes        | 2-B        | 9    | 9 <b>GU7 ECS - Ring</b>  | 2 <b>GU7 Cannes - Hubbard - TU</b>       |

| DATE                   | TIME     | LOCATION | FIELD | WEEK | AWAY (White)                             | HOME (Red/ Dark)                         |
|------------------------|----------|----------|-------|------|--|--|
| Saturday, May 4, 2024  | 10:05 AM | Cloyes   | 2-C   | 9    | 8 <b>GU7 ECS - Barnhart</b>              | 3 <b>GU7 Granada - Newcomer - M</b>      |
| Week of May 6          |          |          |       |      | REC Skills of the week: PREKI and ZICO   |  |
| Monday, May 6, 2024    | 5:30 PM  | Cloyes   | 2-A   | 10   | 7 <b>GU7 ECS - O'Bryant</b>              | 12 <b>GU7 OLPH Owls</b>                  |
| Monday, May 6, 2024    | 5:30 PM  | Cloyes   | 2-B   | 10   | 8 <b>GU7 ECS - Barnhart</b>              | 11 <b>GU7 OLPH - Song</b>                |
| Monday, May 6, 2024    | 5:30 PM  | Cloyes   | 2-C   | 10   | 9 <b>GU7 ECS - Ring</b>                  | 10 <b>GU 7 Lausanne Lynx - Albertson</b> |
| Monday, May 6, 2024    | 6:30 PM  | Cloyes   | 2-A   | 10   | 4 <b>GU7 Lyon - Cunningham - M</b>       | 1 <b>GU7 Bordeaux - Dixon - TU</b>       |
| Monday, May 6, 2024    | 6:30 PM  | Cloyes   | 2-B   | 10   | 5 <b>GU7 Sète - Bordwell - M</b>         | 3 <b>GU7 Granada - Newcomer - M</b>      |
| Monday, May 6, 2024    | 6:30 PM  | Cloyes   | 2-C   | 10   | 6 <b>GU7 Valencia - Manuel - TH</b>      | 2 <b>GU7 Cannes - Hubbard - TU</b>       |
| Saturday, May 11, 2024 | 9:00 AM  | Cloyes   | 2-A   | 11   | 11 <b>GU7 OLPH - Song</b>                | 7 <b>GU7 ECS - O'Bryant</b>              |
| Saturday, May 11, 2024 | 9:00 AM  | Cloyes   | 2-B   | 11   | 12 <b>GU7 OLPH Owls</b>                  | 6 <b>GU7 Valencia - Manuel - TH</b>      |
| Saturday, May 11, 2024 | 9:00 AM  | Cloyes   | 2-C   | 11   | 2 <b>GU7 Cannes - Hubbard - TU</b>       | 5 <b>GU7 Sète - Bordwell - M</b>         |
| Saturday, May 11, 2024 | 10:05 AM | Cloyes   | 2-A   | 11   | 3 <b>GU7 Granada - Newcomer - M</b>      | 4 <b>GU7 Lyon - Cunningham - M</b>       |
| Saturday, May 11, 2024 | 10:05 AM | Cloyes   | 2-B   | 11   | 1 <b>GU7 Bordeaux - Dixon - TU</b>       | 9 <b>GU7 ECS - Ring</b>                  |
| Saturday, May 11, 2024 | 10:05 AM | Cloyes   | 2-C   | 11   | 10 <b>GU 7 Lausanne Lynx - Albertson</b> | 8 <b>GU7 ECS - Barnhart</b>              |

Week of May 13 Soccerplex U8- U12 Competitive Tryouts begin (2017, 2016, 2015, 2014, 2013) TryOuts.GermantownLegends.com

## U7/U8

| TOPIC                 | MODIFIED RULES FOR THE FUTURE LEGENDS U7/U8 DIVISION   |
|-----------------------|--|
| <b>LENGTH OF GAME</b> | Four 10-minute quarters with a 2-minute break between each. 5-minutes for half time.   |
| <b>PLAYERS</b>        | 4v4.... Four players per team.... 1 Forward, 2 Midfeilders, 1 Defender<br><b>NO Goalkeepers.</b> Players can defend but are not allowed to stand in front of the goal regardless of where the ball is in the field. Players are encouraged to attack and defend as a team.   |
| <b>FOULS</b>          | Only on referees discretion<br>No penalty kicks - ball is awarded to the other team via indirect (free) kick.  |
| <b>SET PLAYS</b>      | Yes, Corner kicks<br>Yes, Goal kicks<br>Yes, Throw-ins<br>Yes, Kick-offs<br>All re-starts are 'in-direct' including kick-offs, goal kicks, plenalty kicks, corner kicks, etc..   |
| <b>GOAL BOX</b>       | <b>No player may touch the ball within the goal box;</b> however, any player may move through the goal box. Any part of the ball or player's body on the line is considered in the goal box; the player is an extension of the box. An INFRACTION occurs if a defender touches the ball in the goal box, a penalty kick is awarded to the offensive team. If an offensive player touches the ball within the goal box, a goal kick is awarded to the defensive team. If the ball comes to a complete stop in the goal box, regardless of which team touched it last, a goal kick is awarded to the defensive team. |
| <b>GOAL KICKS</b>     | Being encouraged to play out of the back, goal kicks can be played vertically without encroachment until the second touch (see build out line).  |
| <b>BUILD OUT LINE</b> | Edge of the center circle extended to the sidelines.<br>The build out line promotes playing the ball out of the back in a less pressured setting.<br>The opposing team must move behind the build out line during a goal kick until the ball is put into play (when played VERTICALLY).  |
| <b>SPORTSMANSHIP</b>  | Good sportsmanship is to prevail at all times. Coaches will be held responsible for the conduct of themselves, their players, players' parents and guests.   |

| DATE   | TIME | LOCATION | FIELD | WEEK | AWAY (White) | HOME (Red/ Dark) |
|--|------|----------|-------|------|--------------|------------------|
| <b>THROW-INS</b>   |      |          |       |      |              |                  |
| <p>Proper form must be used... both feet must stay on the ground, ball is held with both hands, and thrown with a continuous motion starting behind the head.<br/>                     Throw-ins should be taken by the last defender, to keep him/ her involved in the game.</p>  |      |          |       |      |              |                  |
| <b>OTHER</b>   |      |          |       |      |              |                  |
| <p>NO slide tackling<br/>                     NO scores are kept<br/>                     All players play a minimum of <b>50%</b>. Player's time is connected to practice and participation, if a player regularly misses practice, it will affect playtime.<br/>                     Share players if necessary.<br/>                     Goal differential: Differentials of 3-4 goals, teams should start getting creative by limit touches, ten passes before shooting, shoot outside of the box only, moving players positions or playing a player or two down to challenge the winning team.<br/>                     Coaches may come on field during restarts for positioning, but must exit field before play resumes.</p> |      |          |       |      |              |                  |
| <b>SPORTSMANSHIP</b>   |      |          |       |      |              |                  |
| <p>Good sportsmanship is to prevail at all times. Coaches will be held responsible for the conduct of themselves, their players, players' parents and guests.<br/>                     NO results are being recorded, NO league standings, or win/loss/tie records. Please do NOT relate success of your team to how many games they win.</p>  |      |          |       |      |              |                  |
| <b>SAFETY</b>  |      |          |       |      |              |                  |
| <p>All items of jewelry (necklaces, rings, bracelets, watches, earrings, leather bands, rubber bands, large hair bows etc.) are strictly forbidden and must be removed. Using tape to cover jewelry is not acceptable.<br/>                     NO heading. (US Soccer does NOT recommend heading until a player reaches the U12 age group.)</p>   |      |          |       |      |              |                  |

Players, especially at this age, should be encouraged to **dribble, dribble, dribble,.....**  
 Just kicking the ball to escape pressure should NEVER be encouraged at this age.  
 How many times a game do your young players attempt to **dribble into space**, away from pressure? ...versus just kicking the ball (to the other team).  
 Instead of suggesting a 'kick', why not attempt a soccer skill or move,..... Pull-back, V, Scissors, Cryuff, Step-over, Simple fake, etc.