

FUTURE LEGENDS GIRLS U6 (2018) 3v3... KINS

La Liga (Spain)

Germantown Legends Recreational Soccer (Division 4)

www.GermantownLegendsSoccer.com

For field status, check any one of the following:

<https://www.FACEBOOK.com/GermantownLegendsSoccer>

<https://TWITTER.com/GermantownSoc>

<https://www.INSTAGRAM.com/GermantownLegendsSoccer>

Official schedule found online... GAMES.GermantownLegends.com

KickingIsNotASoccerSkill.GermantownLegends.com

When posting messages to social media, please use the hashtag #LegendsSoccer or 'tag' Germantown Legends Soccer

TEAM

- 1 **GU6 Athletic Club - Jarvis - TU**
- 2 **GU6 Levante - Fryerson - M**
- 3 **GU6 Red Star - Rainwater - TH**
- 4 **GU6 Sevilla - Haba - TH**

TEAM

- 5 **GU6 Valencia - Gray - M**
- 6 **GU6 ECS - Bailey**
- 7 **GU6 ECS - Crockarell**

* Additional registration required for the REC Skills Club

DATE	TIME	LOCATION	FIELD	WEEK	AWAY (White)	HOME (Red/ Dark)
Week of February 5					REC Skills of the week: PULLBACK, SIDEWAYS ROLL and TOE TAPS	
Week of February 12					REC Skills of the week: TICK TOCK and LA CROQUETA	
Week of February 19					REC Skills of the week: Review - PULLBACK, SIDEWAYS ROLL, TOE TAPS, TICK TOCK and LA CROQUETA	
Week of February 26					REC Skills of the week: MARADONA and the SQUIRT	
Wednesday, February 28, 2024					REC Skills Club*	
Saturday, March 2, 2024	10:30 AM	Cloyes	1-A	1	1 GU6 Athletic Club - Jarvis - TU	6 NOT Available
Saturday, March 2, 2024	10:30 AM	Cloyes	1-B	1	2 GU6 Levante - Fryerson - M	5 GU6 Valencia - Gray - M
Saturday, March 2, 2024	10:30 AM	Cloyes	1-C	1	3 GU6 Red Star - Rainwater - TH	4 GU6 Sevilla - Haba - TH
Open	11:30 AM	Cloyes	1-A	1	7 NOT Available	BYE
Week of February 4					REC Skills of the week: INSIDE CUT (Turn) and OUTSIDE CHOP (Turn)	
Tuesday, March 5, 2024	5:30 PM	Cloyes	1-A	2	4 GU6 Sevilla - Haba - TH	2 GU6 Levante - Fryerson - M
Tuesday, March 5, 2024	5:30 PM	Cloyes	1-B	2	5 GU6 Valencia - Gray - M	1 GU6 Athletic Club - Jarvis - TU
Open	5:30 PM	Cloyes	1-C	2	6 NOT Available	7 NOT Available
Open	5:30 PM	Cloyes	1-D	2	3 GU6 Red Star - Rainwater - TH	BYE

Week of March 11

March 11- 15

REC Skill of the week: JUGGLING

GMSD Spring Break

Saturday, March 16, 2024 Cloyes SoccerFEST 2 SoccerFEST2.GermantownLegends.com

Week of March 18

Wednesday, March 20, 2024

REC Skills of the week: CRUYFF (turn), ZIG ZAG and Intro to JUGGLING

REC Skills Club*

Saturday, March 23, 2024	1:00 PM	Cloyes	1-A	3	2 GU6 Levante - Fryerson - M	7 GU6 ECS - Crockarell
Saturday, March 23, 2024	1:00 PM	Cloyes	1-B	3	3 GU6 Red Star - Rainwater - TH	6 GU6 ECS - Bailey
Saturday, March 23, 2024	1:00 PM	Cloyes	1-C	3	4 GU6 Sevilla - Haba - TH	5 GU6 Valencia - Gray - M
Open	2:00 PM	Cloyes	1-A	3	1 GU6 Athletic Club - Jarvis - TU	BYE
Tuesday, March 26, 2024	5:30 PM	Cloyes	1-A	4	5 GU6 Valencia - Gray - M	3 GU6 Red Star - Rainwater - TH
Tuesday, March 26, 2024	5:30 PM	Cloyes	1-B	4	6 GU6 ECS - Bailey	2 GU6 Levante - Fryerson - M
Tuesday, March 26, 2024	5:30 PM	Cloyes	1-C	4	7 GU6 ECS - Crockarell	1 GU6 Athletic Club - Jarvis - TU
Open	5:30 PM	Cloyes	1-D	4	4 GU6 Sevilla - Haba - TH	BYE

Saturday, March 30, 2024 Cloyes Bunny Cup BunnyCup.GermantownLegends.com

Week of April 1

Wednesday, April 3, 2024

REC Skills of the week: BACKWARDS 'L' and ROLL-OVER & PULLBACK

REC Skills Club*

April 5-7					Silent Sideline Weekend		SilentSideline.GermantownLegends.com	
Saturday, April 6, 2024	10:30 AM	Cloyes	1-A	5	3 GU6 Red Star - Rainwater - TH	1 GU6 Athletic Club - Jarvis - TU		
Saturday, April 6, 2024	10:30 AM	Cloyes	1-B	5	4 GU6 Sevilla - Haba - TH	7 GU6 ECS - Crockarell		

DATE	TIME	LOCATION	FIELD	WEEK	AWAY (White)		HOME (Red/ Dark)	
Saturday, April 6, 2024	10:30 AM	Cloyes	1-C	5	5	GU6 Valencia - Gray - M	6	GU6 ECS - Bailey
Open	11:30 AM	Cloyes	1-A	5	2	GU6 Levante - Fryerson - M	BYE	
Week of April 8					REC Skills of the Week: SIMPLE FAKE/ SHOULDER FEINT and MATTHEWS			
Wednesday, April 10, 2024					REC Skills Club*			
Saturday, April 13, 2024	10:30 AM	Cloyes	1-A	6	6	GU6 ECS - Bailey	4	GU6 Sevilla - Haba - TH
Saturday, April 13, 2024	10:30 AM	Cloyes	1-B	6	7	GU6 ECS - Crockarell	3	GU6 Red Star - Rainwater - TH
Saturday, April 13, 2024	10:30 AM	Cloyes	1-C	6	1	GU6 Athletic Club - Jarvis - TU	2	GU6 Levante - Fryerson - M
Open	11:30 AM	Cloyes	1-A	6	5	GU6 Valencia - Gray - M	BYE	
Week of April 15					REC Skills of the week: SCISSORS and PUSKAS (V-turn)			
Wednesday, April 17, 2024					REC Skills Club*			
Saturday, April 20, 2024	10:30 AM	Cloyes	1-A	7	7	GU6 ECS - Crockarell	5	GU6 Valencia - Gray - M
Saturday, April 20, 2024	10:30 AM	Cloyes	1-B	7	1	GU6 Athletic Club - TU	4	GU6 Sevilla - Haba - TH
Saturday, April 20, 2024	10:30 AM	Cloyes	1-C	7	2	GU6 Levante - Fryerson - M	3	GU6 Red Star - Rainwater - TH
Open	11:30 AM	Cloyes	1-A	7	6	GU6 ECS - Bailey	BYE	
Week of April 22					REC Skills of the week: ELASTICO and DRAG & GO			
Wednesday, April 24, 2024					REC Skills Club*			
Saturday, April 27, 2024	10:30 AM	Cloyes	1-A	8	6	GU6 ECS - Bailey	1	GU6 Athletic Club - Jarvis - TU
Saturday, April 27, 2024	10:30 AM	Cloyes	1-B	8	5	GU6 Valencia - Gray - M	2	GU6 Levante - Fryerson - M
Saturday, April 27, 2024	10:30 AM	Cloyes	1-C	8	4	GU6 Sevilla - Haba - TH	3	GU6 Red Star - Rainwater - TH
Open	11:30 AM	Cloyes	1-A	8	7	GU6 ECS - Crockarell	BYE	
Week of April 29					REC Skills of the Week: BEARDSLEY and STOP & GO			
Wednesday, May 1, 2024					REC Skills Club*			
May 3-5					Silent Sideline Weekend 2			
					SilentSideline2.GermantownLegends.com			
Saturday, May 4, 2024	10:30 AM	Cloyes	1-A	9	2	GU6 Levante - Fryerson - M	4	GU6 Sevilla - Haba - TH
Saturday, May 4, 2024	10:30 AM	Cloyes	1-B	9	1	GU6 Athletic Club - Jarvis - TU	5	GU6 Valencia - Gray - M
Saturday, May 4, 2024	10:30 AM	Cloyes	1-C	9	7	GU6 ECS - Crockarell	6	GU6 ECS - Bailey
Open	11:30 AM	Cloyes	1-A	9	3	GU6 Red Star - Rainwater - TH	BYE	
Week of May 6					REC Skills of the week: PREKI and ZICO			
Tuesday, May 7, 2024	5:30 PM	Cloyes	1-A	10	7	GU6 ECS - Crockarell	2	GU6 Levante - Fryerson - M
Tuesday, May 7, 2024	5:30 PM	Cloyes	1-B	10	6	GU6 ECS - Bailey	3	GU6 Red Star - Rainwater - TH
Tuesday, May 7, 2024	5:30 PM	Cloyes	1-C	10	5	GU6 Valencia - Gray - M	4	GU6 Sevilla - Haba - TH
Open	5:30 PM	Cloyes	1-D	10	1	GU6 Athletic Club - Jarvis - TU	BYE	
Saturday, May 11, 2024	10:30 AM	Cloyes	1-A	11	3	GU6 Red Star - Rainwater - TH	5	GU6 Valencia - Gray - M
Saturday, May 11, 2024	10:30 AM	Cloyes	1-B	11	2	GU6 Levante - Fryerson - M	6	GU6 ECS - Bailey
Saturday, May 11, 2024	10:30 AM	Cloyes	1-C	11	1	GU6 Athletic Club - Jarvis - TU	7	GU6 ECS - Crockarell
Open	11:30 AM	Cloyes	1-A	11	4	GU6 Sevilla - Haba - TH	BYE	

GAME RULES FOR THE U5/U6 FUTURE LEGENDS

Kicking is **NOT** Soccer.... KINS

DATE

TIME

LOCATION

FIELD

WEEK

AWAY (White)

HOME (Red/ Dark)

The KINS Program's main objective is to promote and emphasize the skill of DRIBBLING at the U5 through U6 age groups, and discourage the aimless booting of the ball that is all too prevalent at these young ages. When young players are conditioned to just kick the ball forward as far as possible, their skill development is stunted, making it harder for them to reach their true potential.

DRIBBLING is the foundation and preparation for all the other fundamental skills of soccer, such as controlling, passing, and shooting. Laying the proper dribbling foundation at the youngest years will enhance the players' ability to improve all the soccer skills. No matter what level the players will end up playing, recreational or select, they will derive increased pleasure from the game if they can control the ball better and become more adept at manipulating it.

The spectators will also enjoy the game more if they can watch players who exhibit skill and creativity.

The program's second objective is to promote decision making by the players on the field and reduce their dependence on the adults for problem solving.

NEW BALL METHOD

The idea behind the 'new ball method' is to keep the flow of the game constant and increase the number of ball touches by all the players.

The 'new ball method' eliminates restarts such as throw-ins and corner kicks and keeps the ball in play continuously. Restarts might be important to the game results at the highest level of play, but they have NO relevance or developmental benefits at the U5 or U6 level.

Since the objective of the KINS Program is to teach players to DRIBBLE, every aspect of the traditional game that reduces the opportunity to dribble is removed. The basic principle of this method is that, when a ball goes out of bounds, the coach ROLLS a new ball into play (after a 5 count).

IMPLEMENTING THE KINS PROGRAM:

When a ball goes out of bounds, the coach yells "new ball!" and ROLLS a new one in. The players will learn quickly to react to the new ball.

Always **ROLL** the ball on the ground into the UNOCCUPIED space. Players will learn to move towards the ball.

Do NOT throw the ball in the air since the players are not yet skilled enough to control a bouncing ball.

Count to 5 (to yourself... 1 Mississippi, 2 Mississippi, etc.) before putting a 'new ball' into play.

Coaches can also use this method to get the non-assertive players involved, by rolling the ball towards them. This will help bring them out of their shell. If the players are really shy, simply place the ball at their feet.

After each goal, roll the ball on the ground to the OTHER team on their half of the field.

If one team is dominating the game, the advantage can be shifted to the other team by throwing the ball accordingly.

This method can also be used to break up a 'beehive'. If all the players are bunched up around the ball, shout "new ball" and throw one into the open space.

Remember to always praise the players for every attempt... acknowledging the soccer skill used (if possible). Keep them excited and motivated.

TOPIC	RULES FOR U5/ U6 (KINS)
LENGTH OF GAME	Four 8-minute Quarters, with a minimum of a 2 minute break between each quarter, and 5 minutes at half.
PLAYERS	3v3.... Three on the field at one time from each team, maximum 6 players per roster. May play 2v2 or 2v3
GOALIES	NO Goalkeepers. Players can defend but are not allowed to stand in front of the goal regardless of where the ball is in the field. Players are encouraged to attack and defend as a team.
FOULS	No penalty kicks...just award ball to other team NO sliding. Play on when hand ball occurs unless blatantly obvious
OTHER	All players play a minimum of 50% . Player's time is connected to practice and participation, if a player regularly misses practice, it will affect playtime. After each goal, roll the ball to the OTHER team from the sideline. As it is NOT age appropriate, never throw the ball into the air. TWO goals of these age group: 1. Positive first touch 2. Ability to dribble Goal differential: Differentials of 3- 4 goals, teams should start getting creative by asking players to do certain moves before dribbling towards the goal, moving team up the field to begin play, dribbling the ball into the defensive side of the field before going forward. Coaches may come on field during restarts for positioning, but MUST EXIT THE FIELD BEFORE PLAY RESUMES. NO results are being recorded, NO league standings, or win/loss/tie records, this league exists for beginning player development. SHARE players if necessary.
SAFETY	All items of jewelry (necklaces, rings, bracelets, watches, earrings, leather bands, rubber bands, large hair bows etc.) are strictly forbidden and must be removed. Using tape to cover jewelry is not acceptable.

DATE

TIME

LOCATION

FIELD

WEEK

AWAY (White)

HOME (Red/ Dark)

DATE	TIME	LOCATION	FIELD	WEEK	AWAY (White)	HOME (Red/ Dark)
NO heading. (US Soccer does NOT recommend heading until a player reaches the U12 age group.)						

Players, especially at this age, should be encouraged to **dribble, dribble, dribble**,.....

Just kicking the ball to escape pressure should NEVER be encouraged at this age.

How many times a game do your young players attempt to **dribble into space**, away from pressure? ...versus just kicking the ball (to the other team).

Instead of suggesting a 'kick', why not attempt a soccer skill or move,..... Pull-back, V, Scissors, Cryuff, Step-over, Simple fake, etc.