

2023 Spring Germantown Future Legends

REC Skills of the Week

WEEK	SKILLS OF THE WEEK	END OF PRACTICE SCRIMMAGE FORMAT
Week of February 13	Pullback, Sideways Roll and Tick Tock	End Zone
Week of February 20	Cruyff (turn), Zig Zag and Juggling	End Zone
Saturday, February 25	SoccerFEST – Small-sided Games	SoccerFEST.GermantownLegends.com
Week of February 27	Maradona and the Squirt	2-Box
Monday, March 6	Future Legends 'Night Games' Week (Juggling)	
Week of March 13	GMSD Spring Break	
Saturday, March 18	SoccerFEST 2 – Small-sided Games	SoccerFEST2.GermantownLegends.com
Week of March 20	Inside Cut (Turn) and Outside Chop (turn)	2-Box
Week of March 27	Simple Fake/ Shoulder Feint and Matthews	2-Goal (Gates)
March 31- April 2	Silent Sideline Weekend	
Week of April 3	NIGHT GAMES WEEK (Juggling)	
Saturday, April 8	Easter Bunny Cup	BunnyCup.GermantownLegends.com
Week of April 10	Backwards 'L' and Roll-over & Pullback	2-Goal (Gates)
Week of April 17	Scissors and Puskas (V-turn)	2-Triangles
Week of April 24	Preki and Zico	2-Triangles
Week of May 1	Elastico and Drag & Go	2 Targets
May 5- 7	Silent Sideline Weekend II	
Week of May 8	Beardsley and Stop & Go	2-Targets

For videos of each move, visit:

CALENDAR.GermantownLegends.com
SkillsForLegends.GermantownLegends.com

www.GermantownLegendsSoccer.com

