

FUTURE LEGENDS U5 Coed (2017) 3v3... KINS

Germantown Legends Recreational Soccer (Division 4)

www.GermantownLegendsSoccer.com

For field status, check any one of the following:

<https://www.FACEBOOK.com/GermantownLegendsSoccer>

<https://TWITTER.com/GermantownSoc>

<https://www.INSTAGRAM.com/GermantownLegendsSoccer>

Official schedule found online... GAMES.GermantownLegends.com

KickingIsNotASoccerSkill.GermantownLegends.com

When posting messages to social media, please use the hashtag #LegendsSoccer or 'tag' Germantown Legends Soccer

TEAM

- 1 U5 Baum - Borussia Dortmund - TU
- 2 U5 Parham - LEIPZIG - TH
- 3 U5 Powell - Mönchengladbach - TU
- 4 U5 bowles - VfL WOLFSBURG - TH
- 5 U5 Guthrie - BAYER 04 LEVERKUSEN - M
- 6 U5 Justice - BAYERN MÜNCHEN - TH

TEAM

- 7 U5 shroyer - VfB STUTTGART - M
- 8 U5 ECS Young
- 9 U5 ECS Vogel
- 10 U5 ECS Fowler
- 11 U5 OLPH - Dixon

DATE	TIME	LOCATION	FIELD	WEEK	AWAY (White)	HOME (Red/ Dark)
Week of August 23					Skills of the week: Pullback, Sideways Roll and Tick Tock	
Saturday, August 28, 2021					SoccerFEST.GermantownLegends.com	
Week of August 30					Skills of the week: Inside Cut (turn) and Outside Chop (turn)	
Week of September 6					Skills of the week: Step-over and Half Zico (1-foot)	
Saturday, September 11, 2021	9:30 AM	Cloyes	1-A	1	1 U5 Baum - Borussia Dortmund - TU	10 U5 ECS Fowler
Saturday, September 11, 2021	9:30 AM	Cloyes	1-B	1	2 U5 Parham - LEIPZIG - TH	9 U5 ECS Vogel
Saturday, September 11, 2021	9:30 AM	Cloyes	1-C	1	3 U5 Powell - Mönchengladbach - TU	8 U5 ECS Young
Saturday, September 11, 2021	10:30 AM	Cloyes	1-A	1	4 U5 bowles - VfL WOLFSBURG - TH	7 U5 shroyer - VfB STUTTGART - M
Saturday, September 11, 2021	10:30 AM	Cloyes	1-B	1	5 U5 Guthrie - BAYER 04 LEVERKUSEN - M	6 U5 Justice - BAYERN MÜNCHEN - TH
Saturday, September 11, 2021	10:30 AM	OPEN	1-C	1	11 U5 OLPH - Dixon	BYE
Week of September 13					Skills of the week: Beardsley and Stop & Go	
Saturday, September 18, 2021	9:30 AM	Cloyes	1-A	2	6 U5 Justice - BAYERN MÜNCHEN - TH	4
Re-scheduled for FRIDAY, October 1	9:30 AM	Cloyes	1-B	2	7 U5 shroyer - VfB STUTTGART - M	3 U5 Powell - Mönchengladbach - TU
	9:30 AM	Cloyes	1-C	2	8 U5 ECS Young	2 U5 Parham - LEIPZIG - TH
	10:30 AM	Cloyes	1-A	2	9 U5 ECS Vogel	1 U5 Baum - Borussia Dortmund - TU
	10:30 AM	Cloyes	1-B	2	10 U5 ECS Fowler	11 U5 OLPH - Dixon
	10:30 AM	OPEN	1-C	2	5 U5 Guthrie - BAYER 04 LEVERKUSEN - M	BYE
Week of September 20					Skills of the week: Cruyff (turn), Zig Zag and Juggling (intro)	
Saturday, September 25, 2021	9:30 AM	Cloyes	1-A	3	2 U5 Parham - LEIPZIG - TH	11 U5 OLPH - Dixon
Saturday, September 25, 2021	9:30 AM	Cloyes	1-B	3	3 U5 Powell - Mönchengladbach - TU	10 U5 ECS Fowler
Saturday, September 25, 2021	9:30 AM	Cloyes	1-C	3	4 U5 bowles - VfL WOLFSBURG - TH	9 U5 ECS Vogel
Saturday, September 25, 2021	10:30 AM	Cloyes	1-A	3	5 U5 Guthrie - BAYER 04 LEVERKUSEN - M	8 U5 ECS Young
Saturday, September 25, 2021	10:30 AM	Cloyes	1-B	3	6 U5 Justice - BAYERN MÜNCHEN - TH	7 U5 shroyer - VfB STUTTGART - M
Saturday, September 25, 2021	10:30 AM	OPEN	1-C	3	1 U5 Baum - Borussia Dortmund - TU	BYE
Week of September 27					Skills of the week: Simple Fake/ Shoulder Feint and Matthews	
October 1-3					Silent Sideline Weekend	SilentSideline.GermantownLegends.com
Friday, October 1, 2021	6:00 PM	Cloyes	1-A	2	6 U5 Justice - BAYERN MÜNCHEN - TH	4 U5 bowles - VfL WOLFSBURG - TH
Friday, October 1, 2021	6:00 PM	Cloyes	1-B	2	7 U5 shroyer - VfB STUTTGART - M	3 U5 Powell - Mönchengladbach - TU
Friday, October 1, 2021	6:00 PM	Cloyes	1-C	2	8 U5 ECS Young	2 U5 Parham - LEIPZIG - TH
Friday, October 1, 2021	7:00 PM	Cloyes	1-A	2	9 U5 ECS Vogel	1 U5 Baum - Borussia Dortmund - TU
Friday, October 1, 2021	7:00 PM	Cloyes	1-B	2	10 U5 ECS Fowler	11 U5 OLPH - Dixon
Friday, October 1, 2021	OPEN	OPEN	1-C	2	5 U5 Guthrie - BAYER 04 LEVERKUSEN - M	BYE
October 2-9					FALL BREAK - Private Schools	
Saturday, October 2, 2021	9:30 AM	Cloyes	1-A	4	8 U5 ECS Young	4 U5 bowles - VfL WOLFSBURG - TH
Saturday, October 2, 2021	9:30 AM	Cloyes	1-B	4	9 U5 ECS Vogel	3 U5 Powell - Mönchengladbach - TU
Saturday, October 2, 2021	9:30 AM	Cloyes	1-C	4	10 U5 ECS Fowler	2 U5 Parham - LEIPZIG - TH
Saturday, October 2, 2021	10:30 AM	Cloyes	1-A	4	7 U5 shroyer - VfB STUTTGART - M	5 U5 Guthrie - BAYER 04 LEVERKUSEN - M
Saturday, October 2, 2021	10:30 AM	Cloyes	1-B	4	11 U5 OLPH - Dixon	1 U5 Baum - Borussia Dortmund - TU
Saturday, October 2, 2021	10:30 AM	OPEN	1-C	4	6 U5 Justice - BAYERN MÜNCHEN - TH	BYE

DATE	TIME	LOCATION	FIELD	WEEK		AWAY (White)	HOME (Red/ Dark)
October 4-7							
NIGHT GAMES WEEK							
Monday, October 4, 2021	6:00 PM	Cloyes	1-A	5	11	U5 OLPH - Dixon	1 U5 Baum - Borussia Dortmund - TU
Monday, October 4, 2021	6:00 PM	Cloyes	1-C	5	5	U5 Guthrie - BAYER 04 LEVERKUSEN - M	10 U5 ECS Fowler
Monday, October 4, 2021	6:00 PM	Cloyes	1-D	5	7	U5 shroyer - VfB STUTTGART - M	9 U5 ECS Vogel
Tuesday, October 5, 2021	6:00 PM	Cloyes	1-A	5	2	U5 Parham - LEIPZIG - TH	1 U5 Baum - Borussia Dortmund - TU

Saturday, October 9, 2021

NO GAMES
FALL BREAK

October 9-16

Week of October 11

Skills of the week: **Juggling**

October 11-14							
NIGHT GAMES WEEK II							
Monday, October 11, 2021	6:00 PM	Cloyes	1-A	5	O 3	U5 Powell - Mönchengladbach - TU	8 U5 ECS Young
Monday, October 11, 2021	6:00 PM	Cloyes	1-B	5	4	U5 bowles - VfL WOLFSBURG - TH	11 U5 OLPH - Dixon
Monday, October 11, 2021	6:00 PM	Cloyes	1-C	5	6	U5 Justice - BAYERN MÜNCHEN - TH	9 U5 ECS Vogel
Tuesday, October 12, 2021	6:00 PM	Cloyes	1-A		1	U5 Baum - Borussia Dortmund - TU	Open
Tuesday, October 12, 2021	6:00 PM	Cloyes				Open	Open
Wednesday, October 13, 2021	6:00 PM	Cloyes	1-A		1	U5 Baum - Borussia Dortmund - TU	Open
Wednesday, October 13, 2021	6:00 PM	Cloyes				Open	Open
Thursday, October 14, 2021	6:00 PM	Cloyes	1-A		+ 7	U6 Alsabeq - ATHLETIC CLUB - M	Open
Thursday, October 14, 2021	6:00 PM	Cloyes				Open	Open

Saturday, October 16, 2021

SoccerFEST 2

SoccerFEST2.GermantownLegends.com

Week of October 18

Skills of the week: **Backwards 'L' and Roll-over Pullback**

Saturday, October 23, 2021	9:30 AM	Cloyes	1-A	6	8	U5 ECS Young	6 U5 Justice - BAYERN MÜNCHEN - TH
Saturday, October 23, 2021	9:30 AM	Cloyes	1-B	6	10	U5 ECS Fowler	4 U5 bowles - VfL WOLFSBURG - TH
Saturday, October 23, 2021	9:30 AM	Cloyes	1-C	6	T 11	U5 OLPH - Dixon	3 U5 Powell - Mönchengladbach - TU
Saturday, October 23, 2021	10:30 AM	Cloyes	1-A	6	T 9	U5 ECS Vogel	5 U5 Guthrie - BAYER 04 LEVERKUSEN - M
Saturday, October 23, 2021	10:30 AM	Cloyes	1-B	6	1	U5 Baum - Borussia Dortmund - TU	2 U5 Parham - LEIPZIG - TH
Saturday, October 23, 2021	10:30 AM	OPEN	1-C	6	7	U5 shroyer - VfB STUTTGART - M	BYE

Week of October 25

Skills of the week: **Scissors and Puskas (V-turn)**

Saturday, October 30, 2021	9:30 AM	Cloyes	1-A	7	4	U5 bowles - VfL WOLFSBURG - TH	2 U5 Parham - LEIPZIG - TH
Saturday, October 30, 2021	9:30 AM	Cloyes	1-B	7	6	U5 Justice - BAYERN MÜNCHEN - TH	11 U5 OLPH - Dixon
Saturday, October 30, 2021	9:30 AM	Cloyes	1-C	7	T 7	U5 shroyer - VfB STUTTGART - M	10 U5 ECS Fowler
Saturday, October 30, 2021	10:30 AM	Cloyes	1-A	7	T 5	U5 Guthrie - BAYER 04 LEVERKUSEN - M	1 U5 Baum - Borussia Dortmund - TU
Saturday, October 30, 2021	10:30 AM	Cloyes	1-B	7	8	U5 ECS Young	9 U5 ECS Vogel
Saturday, October 30, 2021	10:30 AM	OPEN	1-C	7	3	U5 Powell - Mönchengladbach - TU	BYE

Week of November 1

Skills of the week: **Preki and Zico**

November 5- 7, 2021

Silent Sideline Weekend

SilentSideline.GermantownLegends.com

Saturday, November 6, 2021	9:30 AM	Cloyes	1-A	8	9	U5 ECS Vogel	7 U5 shroyer - VfB STUTTGART - M
Saturday, November 6, 2021	9:30 AM	Cloyes	1-B	8	10	U5 ECS Fowler	6 U5 Justice - BAYERN MÜNCHEN - TH
Saturday, November 6, 2021	9:30 AM	Cloyes	1-C	8	T 1	U5 Baum - Borussia Dortmund - TU	4 U5 bowles - VfL WOLFSBURG - TH
Saturday, November 6, 2021	10:30 AM	Cloyes	1-A	8	T 11	U5 OLPH - Dixon	5 U5 Guthrie - BAYER 04 LEVERKUSEN - M
Saturday, November 6, 2021	10:30 AM	Cloyes	1-B	8	2	U5 Parham - LEIPZIG - TH	3 U5 Powell - Mönchengladbach - TU
Saturday, November 6, 2021	10:30 AM	OPEN	1-C	8	8	U5 ECS Young	BYE

Week of November 8

Skills of the week: **Elastic and Drag & Go**

DATE	TIME	LOCATION	FIELD	WEEK	AWAY (White)	HOME (Red/ Dark)
Saturday, November 13, 2021	9:30 AM	Cloyes	1-A	9	6 U5 Justice - BAYERN MÜNCHEN - TH	2 U5 Parham - LEIPZIG - TH
Saturday, November 13, 2021	9:30 AM	Cloyes	1-B	9	7 U5 shroyer - VfB STUTTGART - M	1 U5 Baum - Borussia Dortmund - TU
Saturday, November 13, 2021	9:30 AM	Cloyes	1-C	9 T	8 U5 ECS Young	11 U5 OLPH - Dixon
Saturday, November 13, 2021	10:30 AM	Cloyes	1-A	9 T	5 U5 Guthrie - BAYER 04 LEVERKUSEN - M	3 U5 Powell - Mönchengladbach - TU
Saturday, November 13, 2021	10:30 AM	Cloyes	1-B	9	9 U5 ECS Vogel	10 U5 ECS Fowler
Saturday, November 13, 2021	10:30 AM	OPEN	1-C	9	4 U5 bowles - VfL WOLFSBURG - TH	BYE

Week of November 15

Skills of the week: **Maradona**

Saturday, November 27, 2021 10:30 AM Cloyes

TurkeyCup.GermantownLegends.com

2022 SPRING REC SEASON

Saturday, November 20, 2021					Early Bird' registration begins	REGISTER.GermantownLegends.com
Friday, December 31, 2021					Early Bird Registration Period ENDS...	
Saturday, January 15, 2022					TEAM & FRIEND Request Deadline*	Visit RegistrationPolicies.GermantownLegends.com
Thursday, January 27, 2022	6:15 PM	TBD			PRE-SEASON NEW PARENT MEETING	
Monday, January 31, 2022					Pre-season 'Player' Training begins	
Tuesday, February 1, 2022					LATE REGISTRATION begins	
Thursday, February 17, 2022	6:15 PM	Cloyes			Coaches' & New Parent Meeting	
Saturday, February 19, 2022					SoccerFEST... Small-sided Games	SoccerFEST.GermantownLegends.com
Monday, February 21, 2022					Team Practices begin	
Saturday, March 5, 2022				S1	SPRING REC SEASON GAMES BEGIN	(Weather permitting)

TBD
TBD

2022 Fall- 2023 Spring Competitive Tryouts

U8- U12 Legends
U13- U19 Legends

TRYOUTS.Germantonw Legends.com
TRYOUTS.Germantonw Legends.com

GAME RULES FOR THE U5/U6 FUTURE LEGENDS

Kicking is NOT Soccer.... KINS

The KINS Program's main objective is to promote and emphasize the skill of DRIBBLING at the U5 through U6 age groups, and discourage the aimless booting of the ball that is all too prevalent at these young ages. When young players are conditioned to just kick the ball forward as far as possible, their skill development is stunted, making it harder for them to reach their true potential.

DRIBBLING is the foundation and preparation for all the other fundamental skills of soccer, such as controlling, passing, and shooting. Laying the proper dribbling foundation at the youngest years will enhance the players' ability to improve all the soccer skills. No matter what level the players will end up playing, recreational or select, they will derive increased pleasure from the game if they can control the ball better and become more adept at manipulating it.

The spectators will also enjoy the game more if they can watch players who exhibit skill and creativity.

The program's second objective is to promote decision making by the players on the field and reduce their dependence on the adults for problem solving.

NEW BALL METHOD

The idea behind the 'new ball method' is to keep the flow of the game constant and increase the number of ball touches by all the players.

The 'new ball method' eliminates restarts such as throw-ins and corner kicks and keeps the ball in play continuously. Restarts might be important to the game results at the highest level of play, but they have NO relevance or developmental benefits at the U5 or U6 level.

Since the objective of the KINS Program is to teach players to DRIBBLE, every aspect of the traditional game that reduces the opportunity to dribble is removed. The basic principle of this method is that, when a ball goes out of bounds, the coach ROLLS a new ball into play (after a 5 count).

IMPLEMENTING THE KINS PROGRAM:

When a ball goes out of bounds, the coach yells "new ball!" and ROLLS a new one in. The players will learn quickly to react to the new ball.

DATE TIME LOCATION FIELD WEEK AWAY (White) HOME (Red/ Dark)

Always **ROLL** the ball on the ground into the **UNOCCUPIED** space. Players will learn to move towards the ball. Do **NOT** throw the ball in the air since the players are not yet skilled enough to control a bouncing ball.

Count to 5 (to yourself... 1 Mississippi, 2 Mississippi, etc.) before putting a 'new ball' into play.

Coaches can also use this method to get the non-assertive players involved, by rolling the ball towards them. This will help bring them out of their shell. If the players are really shy, simply place the ball at their feet.

After each goal, roll the ball on the ground to the OTHER team on their half of the field.

If one team is dominating the game, the advantage can be shifted to the other team by throwing the ball accordingly.

This method can also be used to break up a 'beehive'. If all the players are bunched up around the ball, shout "new ball" and throw one into the open space.

Remember to always praise the players for every attempt... acknowledging the soccer skill used (if possible). Keep them excited and motivated.

TOPIC	RULES FOR U5/ U6 (KINS)
LENGTH OF GAME	Four 8-minute Quarters, with a minimum of a 2 minute break between each quarter, and 5 minutes at half.
PLAYERS	3v3.... Three on the field at one time from each team, maximum 6 players per roster. May play 2v2 or 2v3
GOALIES	NO Goalkeepers
FOULS	No penalty kicks...just award ball to other team NO sliding. Play on when hand ball occurs unless blatantly obvious
OTHER	All players play a minimum of 50% After each goal, roll the ball to the OTHER team. SHARE players if necessary. Coaches may come on field during restarts for positioning, but must exit field before play resumes.

Players, especially at this age, should be encouraged to **dribble, dribble, dribble**,.....

Just kicking the ball to escape pressure should NEVER be encouraged at this age.

How many times a game do your young players attempt to **dribble into space**, away from pressure? ...versus just kicking the ball (to the other team).

Instead of suggesting a 'kick', why not attempt a soccer skill or move,..... Pull-back, V, Scissors, Cryuff, Step-over, Simple fake, etc.