GCVA Beach Team

Parent / Player Meeting

* Practice STARTS May 9th - Practice Schedule
  + T/TH 5:30pm – 7:30pm & Sundays 5:00pm – 7:00pm
  + Reminder – DO NOT need to attend all practices but can if you want to. Pick and choose the days you want to practice!
* GCVA Beach Team Head Coaches
  + Travis Clifford - Beach Team Director
  + Katherine Finney - Assistant Director/Head Coach
  + Vicki Vega – Head Coach
  + Mary Clifford – Head Coach
  + We will also have former GCVA National Team players / current college beach players helping out.
* Thank you for signing up for GCVA Beach Team. Here is a little about our program.
  + BVCA (Beach Volleyball Clubs of America) 2nd ranked beach volleyball club in the nation (open division), first ranked (club division) - [Rankings](https://beachvolleyballclubs.com/2022-club-challenge-results/)
  + 23 players committed to play beach volleyball in college
  + 6-time national medalists
  + Year-round beach program (National Travel Team)
* Gear
  + Should arrive in time and will be given to each player on the first practice. Reminder, practice players will only receive practice shirts.
* Point System: We have a point system that we use for practices and tournaments. Points awarded add up and milestones reached earn players prizes that will be handed out at the end of the season at the team party.
  + Check in every practice: It is the players responsibility to keep track of their points. Players log points at the beginning of each practice.
  + System
    - 1 point for attending practice
    - 1 point for attending tournament
    - 2 total points for making playoffs at tournament
    - 3 total points for getting 3rd in tournament
    - 4 total points for getting 2nd in tournament
    - 5 total points for getting 1st in tournament
  + Prizes
    - 20 points gets a free shirt
    - 25 points gets a long sleeve shirt
    - 30 points get a visor
    - 35 points gets a beach volleyball
    - Top 3 points leaders at the end of the year get a special prize pack
* Practices
  + Do not need a partner for practice, we do keep partners together for practice but it’s not necessary to have a partner to practice
  + Courts are divided by mostly age, then by skill if needed
  + Director will explain skill and drill then we break out, coaches can go at their own speed and even add to the drills
  + First 30 minutes is a warmup
  + Then one hour dedicated to skill specific drills
  + Last 30 minutes are competition drills
* Tournaments
  + GCVA provides coaches for players at BRQs and the BNQ, all other tournaments coaches play as well but we do provide some coaching if we are not playing.
  + How to sign up (You can register for tournaments now).
    - Register online: <https://volleyballlife.com/gcva/>
    - Make sure to put GCVA Beach as your club when you register
  + Coupon Code – Use code below for free entry into tournaments (FULL SUMMER BEACH PLAYERS ONLY, NOT FOR PRACTICE ONLY PLAYERS)
    - Code 100% off, both players in summer beach – SUMMER BEACH
    - Code 50% off, one player in summer beach – SUMMER BEACH 50
  + Tournament Links
    - May 13th – <https://volleyballlife.com/tournament/6083?>
    - May 20th – <https://usav.bracketpal.com/signup/280?>
    - May 27th – <https://volleyballlife.com/tournament/6095?>
    - June 4th – <https://volleyballlife.com/tournament/8147?>
    - June 11th – <https://volleyballlife.com/tournament/6101?>
    - July 8th – <https://volleyballlife.com/tournament/6329?>
  + Partners for tournament
    - If you need a partner for a tournament, then let your court coach know the practice before the tournament
    - Also email me and let me know you are looking for a partner and I will send an email out travis@gcva.net
  + What to wear at tournaments?
    - We require players to wear GCVA gear to all tournaments to help support our program. We have built a great program and we are proud of it and hope that you are proud to support us.
    - For qualifiers if you are not wearing GCVA gear then you will not be provided a coach that day.
  + Parents at tournaments
    - Parents please sit back, relax and enjoy volleyball, please do not cause trouble at tournaments. That’s all I’ll say about that.
  + Players and tournaments
    - If there is a question about rules, please do not argue, come up to the tent and ask for someone to come out and clarify the rules
    - No player should be rude to the opposing team, be respectful and represent GCVA
  + Rules
    - Coaching rules
      * Coaches are allowed to cheer on the team
      * Coaches are allowed to coach during side changes
      * Coaches are allowed to suggest a time out
      * Coaches CANNOT coach before, during and after the play
    - Hand setting rules
      * Held Balls (Rule 9.2.2): the player does not hit the ball, a contact that visibly pauses in the hands, is contacted too long a time, or is redirected.
      * Double Contact (Rule 9.3.4): Contacts on the ball that are clearly distinct and separate. NOTE: Spin is not a fault. Spin may indicate that a fault has occurred.
      * Serve Receive (Rule 9): SERVED balls are declared “not hard--driven.” It is legal to receive serve open-handed, however, strict hand setting judgment applies.
* BNQ & BRQ
  + GCVA hosts one of the Lone Star Region Beach National Qualifier (BNQ)
  + BNQ – Beach National Qualifier – May 20th
    - To register, fill out registration form but DO NOT pay, let me know when you have registered, I will then go in and pay for you.
    - Registration page: <https://usav.bracketpal.com/signup/280?>
    - Four bids per division to nationals as a National Open Bid
    - Coaches coach at the BNQ
    - Must wear GCVA gear
  + BRQ – Beach Regional Qualifier – June 4th & July 8th
    - Three bids per division to nationals as a National Regional Bid
    - Coaches coach at the BRQ
    - Must wear GCVA gear
* Nationals are in Ft. Lauderdale, Fl
  + All divisions: July 17th – July 23th
  + More Information: <https://usavolleyball.org/event/2023-usa-volleyball-beach-national-championship/>
  + If you qualify for nationals and plan on attending nationals in Florida, please let me know. We cover the entry for all teams that qualify and attend nationals. I will register all teams for Nationals.

If you have any questions at all, please email me at [travis@gcva.net](mailto:travis@gcva.net)