

FALL CLINICS & OPEN GYMS

5th-8th Grade Players

2012 Saturdays

September 15, 22, 29 October 6, 13, 20, 27 November 3

Great preparation for the upcoming Club Tryouts. Tryouts will be in late September, early October, but on going evaluations will be occurring at these clinics. If your goal is to be selected to the Juggernaut Volleyball Club Program or just to improve your skills and have some fun, these clinics can be very beneficial.

DESCRIPTION	TIMES
Attacking	930-1030am
Passing or Setting	1030-1130am
Serving	1130-12pm
Open Play (no charge)	12-1pm

\$20 per day for all three sessions

***BUY 3 days - GET fourth day FREE!**

What will be covered?

- Movement training and skills development
- Technique and foundation training for all levels of players
- Beginning thru Advanced training for individual skills at this age group

All registrations will be on-line (preferred) or walk up each Saturday.

- Pre-register on-line at www.juggernautvolleyball.com
- or, arrive 15 minutes early to register in the VolleyZone at the rMac

OPEN PLAY

- No charge
- 12-1pm
- Offered every Saturday after the clinic sessions.
- When your clinics have completed for the day, stay and play.



"...BUILDING A FAMILY OF CHAMPIONS"

