

COVID-19 SAFETY AND RESPONSE PLAN SUMMER 2021

FOR YOUR REVIEW OF THE PROTOCOLS SET IN PLACE FOR THE 2021 SUMMER SESSION'S SAFETY OF ALL CAMPERS & STAFF- PROTOCOLS FOR 2022 WILL BE UPDATED AND POSTED IF AND WHEN NEEDED

The information listed below was in place for the 2021 Summer Lacrosse Camp Session:

We know it is critical to keep you updated on what we are implementing for Summer 2021. We want you to understand and feel confident in the steps we are taking to minimize risk while maximizing fun.

PRIOR TO ARRIVING AT CAMP: INFO BELOW SET IN PLACE FOR THE 2021 SESSION

ALL CAMPERS ARE REQUIRED TO PROVIDE EVIDENCE OF NEGATIVE PCR COVID-19 TEST

We want to be clear that all campers need to arrive at camp with a negative PCR Covid-19 test completed prior to arrival. In order to make sure results are as relevant as possible, this test must be administered no more than 4 days before August 8th. Documentation of this test must be handed in at registration the first day of camp.

We recommend obtaining clarity from your health care provider about the best way and time to have results back prior to the first day of camp. Once the test is taken, campers and families should be extremely cautious and practice vigilant covid safety: wearing masks and social distancing until arriving at camp. For the safety of all please avoid high-risk behavior during this period. **Any one that has tested positive in the 4 days prior to camp will not be able allowed to registered or attend.**

If you have tested positive for Covid-19 between May 8 and July 24 you will need to send documentation of the positive Covid test administrated during this time frame, and you need not provide a subsequent covid test to camp (subsequent tests would likely show positive).

***Please note:** We feel it is necessary to have all campers tested prior to arrival since in the event there is a case of covid during the camp, we will need to implement quarantine protocols depending on the extent of "close contacts". Inevitably this will change the programming for some, if not all, of the players but we hope to continue with a fulfilling experience for all despite the quarantine issues. Our goal is not to have to put a quarantine protocol in place.*

PROVIDE COVID-19 VACCINATION RECORD IF APPLICABLE

All campers 12 and older are requested to be vaccinated against Covid-19. It would be helpful for us to have a copy of your vaccination record. (Please note that all coaches/staff are required to be fully vaccinated to be employed at CMLC.) Vaccinated campers and coaches/staff are all required to provide a negative PCR Covid test as stated above.

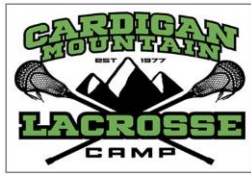
10-Day Pre Screen

Staying safe at camp begins by staying safe at home. We ask that all campers engage in "low risk pre-camp behavior". This includes avoiding unnecessary interactions outside of your family group to minimize the potential exposure as much as possible. We will require all families to complete a documented pre-camp screening which will cover the ten days prior to arrival at camp. This form will inquire whether anyone in the family is showing symptoms, has experienced a fever, or been exposed to someone that has tested positive for Covid.

CAMP ARRIVAL:

Arrival Window for Camp on August 8th

We are looking forward to being back on the lacrosse fields at Cardigan. Parents and Campers, we are hopeful you will understand and support the protocols set in place for a safe camp experience for all. (Summer 2021)



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Arrival information will be sent to everyone soon for procedures to prevent crowding when completing registration. Parents will be allowed a 30-minute window on campus to assist their sons in settling in.

ONCE CAMP IS IN SESSION:

Clinical Screening

Clinical screening will be required for all campers daily. We will do daily temperature test and routine questionnaire each session. If any camper develops symptoms of Covid-19 he will be isolated and tested. We will have isolated housing available. However, IF A POSITIVE TEST OCCURS PARENTS OR STATED CONTACTS NEED TO BE AVAILABLE TO COME AND PICK-UP YOUR SON. We are asking all families to plan ahead just in case the situation arises.

Communication

If there is a confirmed positive case of Covid-19, we will notify the entire camp population. Please note that we are not allowed to share any names or identifying information regarding medical status for any person.

Camper Cohorts

Our campers will be in cohorts based on age. We will have three cohorts: DI (High School), DII (Middle School), DIII (Youngest campers). These Cohorts will be housed together, train together, and basically be 3 separate groups in all camp activities.

All campers and staff will need to wear masks when in an indoor setting, or where physical distancing cannot be reasonably maintained, such as: entering and leaving dorms, entering and leaving cafeteria, entering and leaving locker room, and any indoor setting. **WE RECOMMEND THAT ALL CAMPERS HAVE 10+ cloth or a box of disposable masks packed for camp.**

CAMP ORIENTATION:

On the first day of camp, we will meet in our cohorts to discuss:

- What camp is doing to protect everyone from getting sick
- Ground rules for operating in smaller groups
- Ground rules for wearing masks
- Hand washing protocols
- Physical distancing guidelines and policies when masks will be necessary
- Dining Hall procedures
- Locker Room procedures
- Dorm requirements, limitations, and safety protocols
- What symptoms to look for and when to report them to a coach or staff member

PARENTS WILL NOT BE ALLOWED ON CAMPUS GROUNDS OR IN CAMPUS FACILITIES DURING CAMP (between registration/drop off and closing day activities). Please contact us if you have questions about PCR testing and documentation at (207) 400-5216. Our guidelines have been developed in consultation with Mascoma Community Health Center professionals.

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