## Bloomington Volleyball Club: Players Code of Conduct

Players are expected to conduct themselves at all times in a manner, which is in keeping with representing Bloomington Volleyball Club, and will not bring discredit upon the Club. Players should have respect for property of others, adherence to the rules and guidelines as specified in the Bloomington Volleyball Club Code of Conduct.

\_\_\_\_\_ I WILL Conduct myself in a manner that is respectful to me, my team, and to Bloomington Volleyball Club.

\_\_\_\_\_ I WILL Commit to my team by getting adequate sleep, eating a healthy diet, and abstaining for alcohol, illegal drugs or tobacco during the course of the club season.

\_\_\_\_\_ I WILL Play with full effort and intensity during all practices and games.

\_\_\_\_\_ I WILL Avoid criticism or any negative words towards my teammates, as I believe no one is trying to make a mistake.

\_\_\_\_\_ I WILL Avoid giving unsolicited coaching tips to teammates and defer responsibility to my coaches.

\_\_\_\_\_ I WILL Refrain from posting or communicating negative comments about other players, coaches, parents or the club via texting, email or social media.

\_\_\_\_\_ I WILL Accept decisions by my coaches knowing that everyone cannot start. I will accept my role on the team and do what it takes for the team to succeed.

\_\_\_\_\_ I WILL Manage my time to meet my commitments to my team, my family, my classes and my other commitments.

\_\_\_\_\_ I WILL Proactively contact my coach as far as ahead of time if I am unable to make it to practice or a tournament.

\_\_\_\_\_ I WILL Commit to being ready to step on the floor at the scheduled practice start time. That means I will have to get to practice at least 15 minutes ahead of time so that I can change and get ready.

\_\_\_\_\_ I WILL Agree that if I fail to abide by the aforementioned rules and guidelines, I will be subject to disciplinary action that could include, but is not limited to the following:

- One Game Suspension (i.e. one game to 25 points)
- One Match Suspension (i.e. one best of three match)
- Full Playdate or Tournament
- Removal from BVC

BVC is committed to creating and upholding traditions of excellence through volleyball, focusing on responsibility and accountability. Based upon this commitment, we endeavor to adhere to the Bloomington Volleyball Club Players Code of Conduct Agreement. By signing this document, I am acknowledging that I have read, understand, and will abide by the Bloomington Volleyball Club Players Code of Conduct. Players and parents agree that all code of conduct decisions and subsequent disciplinary action will be at the discretion of BVC coaches and staff.

I have read, understand, and will ABIDE by the Bloomington Volleyball Club Players Code of Conduct:

Parent Signature

Date