

# 2 KNIGHTS

## LACROSSE

Dear 2KL Families,

We are excited to be hosting our annual fall lacrosse league! We will begin games this Sunday, October 4th, at Soccer Centers in Somerset, NJ.

**Please review the first day schedule and ALL information below. Please do not arrive more than 10 minutes before your scheduled game time. Please leave immediately upon the ending of the game. We have allotted 10 minutes for teams to transition off and on the field safely. We are excited to get back on the field but want to do so as safely as possible.**

**\*\*Please be aware, we are allowing for more time on the first evening to accommodate organization and COVID protocols. Game and transition times may be adjusted.\*\***

Sunday - October 4th, 2020		
4:00pm-4:50pm	South Brunswick/RU Prep Vs. Hillsborough/Watchung Hills	<p><b>*Stay at home if you are feeling sick or experiencing any of the following symptoms:</b>  <b>Cough, Shortness of breath/difficulty breathing, Fever of 100.0°F, Chills, Muscle pain, Sore Throat, New Loss of taste or smell</b></p> <p><b>*This list is not all possible symptoms. Other less common symptoms have been reported, including gastrointestinal symptoms like nausea, vomiting, or diarrhea.</b></p> <p><a href="https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html">https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html</a>  <a href="https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youthsports.html">https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youthsports.html</a></p>
5:00pm-5:50pm	Somerville Vs. Spartans	
6:00pm-6:50pm	SI Black Vs. SI White	
7:00 pm-7:50pm	BR White Vs. BR Black	

### **Pre-Arrival**

- **Please monitor your player for symptoms** of Covid-19 as stated above. Stay home if your child or anyone in your household is displaying symptoms.
- Prepare and complete all necessary paperwork.
- **Do not carpool** with other players. Only travel with someone from your immediate household.
- Please go to the bathroom prior to arrival. On-site bathrooms are available but we want to minimize their use.
- Wash or sanitize hands and all equipment before arrival.
- Players should report dressed and prepared to play

### **Check-In**

- Do not arrive more than 10 minutes before the stated time
- During check-in, you will be asked to park in the lot and come to the **field entrance to the LEFT**.
- Players must remain **socially distanced as we take attendance and check temperatures before entering the field**.

### **Games**

- All coaches will be wearing masks as per state guidelines
- Players will not be asked to wear masks while playing however it is recommended
  - **Parents/guardians on sidelines must be wearing masks & socially distance**. Any parent/guardian who leaves their car is asked to wear a mask and follow social distancing guidelines
- Players are reminded that there will be **NO CONTACT** when not playing in the game.
  - No high fives, handshakes, etc.
  - Sneeze or cough into the elbow
  - No spitting (saliva or water) on the field at any time
  - No sharing of any equipment of any kind
  - Players will not touch any equipment of any kind with their hands
- Players **are to bring their own water bottle, labeled with their name**

### **End of Game**

- Players will be released to the **RIGHT side (when viewed from the parking lot) field exit**.
- They will be released separately to maintain social distancing.
- Upon exiting we ask that all players/families **leave the facility immediately** as to maintain social distancing players leave and new players arrive.
- Wash or sanitize hands and sanitize all equipment after use.

We know this time has been difficult and we appreciate your patience. Again, please make sure to familiarize yourself with all the information above. We can't wait to be back on the field but are intent on doing so the right way. If you have any questions please let us know!

See you soon,

2 Knights Lacrosse