

2018-2019

EAST CAROLINA JUNIOR
VOLLEYBALL CLUB

www.eastcarolinajvc.com



EAST CAROLINA
JUNIOR VOLLEYBALL CLUB

PROGRAM GUIDE



EAST CAROLINA
JUNIOR VOLLEYBALL CLUB

ACCOMPLISHMENTS

5 USAV National bids earned

The Elite program of Eastern NC

More than 5 MAPL Championships Won

Multiple Regional Championship Titles

Over 25 alumni competing collegiately

Welcome! The 2018-2019 season marks 24 years that East Carolina Junior Volleyball Club has been open in eastern North Carolina. Our non-profit organization has grown from 2-4 regional travel teams to over 20 teams competing nationally, regionally and in a non-travel setting. We are extremely proud of our growth and achievement and encourage you to join our continued success!

Visit our [Tryout Details](#) to learn about the tryout process and what ECJVC will offer this season!

Learn more by visiting our [FAQ's](#) and don't forget to [REGISTER HERE!](#)



OUR MISSION:

East Carolina Junior Volleyball Club will provide the resources and education necessary to develop a solid foundation of volleyball skills for every student-athlete. We strive to foster a sound technical knowledge base, skill-set, sportsmanlike conduct, and a love for the game in each player.

We provide the opportunity to develop our student-athletes' leadership skills, competitive attitude, and a desire to achieve their highest goals.

WHY ECJVC?

Quality coaching by knowledgeable staff

Challenging inter-regional competition

High-level National competition

Year-round specialized skills, strength and conditioning clinics

Dedicated practice facilities

Private instruction



What is club volleyball and why play?

Club volleyball gives an athlete the opportunity to play the sport beyond their high school or middle school season. This travel program creates teams based on similar ability, position, and desired level of competition to allow for continued success and the ability to reach an athlete's highest potential.

Those who are interested in playing at the collegiate level must compete at the club level to participate in year round volleyball, build mental and physical strength in an individual and team setting, and get seen by collegiate recruiters at travel events.

Club volleyball is also offered to those who enjoy the sport, want to build lifelong friendships, and find passion in the competition during practices and at tournaments. Our club strives to offer a number of competitive levels for athletes ages 18 and under.



ECJVC Travel Team Options Offered

NATIONAL LEVEL

ECJVC plans to offer National Level teams to ages 14-17. These teams offer our highest level of competition, participating in many multiday events where athletes will be seen by collegiate recruiters. These athletes are expected to be our strongest players, competing against the best in the country. Teams will play through June at the AAU National Championships or the USAV National Championships if a bid is earned. ECJVC currently has over 25 student-athletes playing at the collegiate level due to the fantastic National level of club experience they were offered from our program.

SEMI-NATIONAL LEVEL

ECJVC will offer Semi-National level teams to ages 12-18 years old. These are our strongest athletes that play multiple sports or are unable to commit to the rigorous National Level schedule. This level offers a combination of



ECJVC Travel Team Options Offered

highly competitive multiday events, plus regional level play among the best in North Carolina. These teams will play through April.

REGIONAL LEVEL

ECJVC plans to offer Regional Level teams to ages 12-18. These athletes are some of our top players in the Greenville and surrounding areas who look to progress to even higher levels of competition. They will participate in strong tournaments throughout the NC region with opportunities to compete in multiday events as well.

SEMI-REGIONAL LEVEL

The Semi-Regional Level teams are created for intermediate level athletes who are looking to build their skill and progress in their volleyball ability beyond the middle and high school season. They will compete in day events within NC and complete their season in April.



Other Options Offered with ECJVC

DEVELOPMENTAL LEAGUE

Our Developmental League is geared toward the novice athlete with little or no club experience. ECJVC plans to offer this opportunity to girls and boys ages 10-14 years old. Athletes will focus on building their skill-set and preparing for a future competitive travel season as they gain experience. This season will last from November until March and athletes will participate in 2 1-day tournament events.

FREE SKILLS CLINIC

Those who commit to an ECJVC team at any level will be given the opportunity to participate in additional skill clinics throughout the year. The athlete will be able to work with different ECJVC coaches and other ECJVC athletes who are continuing to improve their mechanics, skill-set, and speed with additional repetitions.



Coaches: Wendie DeHart & Kourtney Stone

2 Team Practices Per Week: Monday & Wednesday 2 Hours

Skills Training & Positional Training: 2 Per Month / Optional

TOURNAMENT SCHEDULE:

Regional: January 13th (location TBD)

City of Oaks: January 19-21st (Raleigh)

Regional: February 2nd (location TBD)

Regional: February 16th (location TBD)

Regional: March 2nd (location TBD)

Regional: March 17th (location TBD)

Regional Championship: March 30th (location TBD)

Big South Qualifier: April 12-14th (Atlanta, GA)

Revolutionary Rumble: April 27-28th (Williamsburg, VA)

TRAVEL PLANS: It is up to the family to provide their own travel for in-state tournaments. Families will be provided a hotel block for out-of-state events.

CLUB FEES: \$1925

Signing Night Deposit: \$500

5 Monthly Payments (December 1st-April 1st): \$285

PLUS: Uniform Package: 3 Jerseys / 2 Practice Shirts / Warm up

PLUS: USAV Membership \$45 (By November 1st)

CLUB FEES INCLUDE: Memberships and Tournament registration fees, Head and Assistant Coach compensation plus travel expenses, Officiating Clinic, All practices through season, Club Training Camp, Strength and agility training, Additional Skills and Positional Training, Usage and fees for two facilities and Equipment, Administrative Costs, Insurance, Business Manager, Website, etc. Travel and housing costs are NOT included.



12 PURPLE: REGIONAL

Coaches: Megan Hall & Hannah Sladick

2 Team Practices Per Week: Monday & Wednesday 2 Hours

Skills Training & Positional Training: 2 Per Month / Optional

TOURNAMENT SCHEDULE:

Regional: January 13th (location TBD)

City of Oaks: January 19-21st (Raleigh)

Regional: February 2nd (location TBD)

Regional: February 16th (location TBD)

Regional: March 2nd (location TBD)

Regional: March 17th (location TBD)

Regional Championship: March 30th (location TBD)

Triangle Spring Classic: April 6th (Raleigh)

TRAVEL PLANS: It is up to the family to provide their own travel for in-state tournaments. Families will be provided a hotel block for out-of-state events.

CLUB FEES: \$1575

Signing Night Deposit: \$400

5 Monthly Payments (December 1st-April 1st): \$235

PLUS: Uniform Package: 3 Jerseys / 2 Practice Shirts / Warm up

PLUS: USAV Membership \$45 (By November 1st)

CLUB FEES INCLUDE: Memberships and Tournament registration fees, Head and Assistant Coach compensation plus travel expenses, Officiating Clinic, All practices through season, Club Training Camp, Strength and agility training, Additional Skills and Positional Training, Usage and fees for two facilities and Equipment, Administrative Costs, Insurance, Business Manager, Website, etc. Travel and housing costs are NOT included.



Coaches: Caroline Collier & Trayce Ruffin

2 Team Practices Per Week: Tuesday & Thursday 2.5 Hours

Skills Training & Positional Training: 2 Per Month / Optional

TOURNAMENT SCHEDULE:

City of Oaks: January 19-21st (Raleigh)

Mid-Atlantic Power League: January 26-27th (Hampton, VA)

Regional: February 3rd (location TBD)

Regional: February 16th (location TBD)

Mid-Atlantic Power League: March 2-3rd (Raleigh)

Regional: March 16th (location TBD)

Regional Championship: March 31st (location TBD)

Big South Qualifier: April 12-14th (Atlanta, GA)

Revolutionary Rumble: April 27-28th (Williamsburg, VA)

TRAVEL PLANS: It is up to the family to provide their own travel for in-state tournaments. Families will be provided a hotel block for out-of-state events.

CLUB FEES: **\$2250**

Signing Night Deposit: \$500

5 Monthly Payments (December 1st-April 1st): \$350

PLUS: Uniform Package: 3 Jerseys / 2 Practice Shirts / Warm up

PLUS: USAV Membership \$45 (By November 1st)

CLUB FEES INCLUDE: Memberships and Tournament registration fees, Head and Assistant Coach compensation plus travel expenses, Officiating Clinic, All practices through season, Club Training Camp, Strength and agility training, Additional Skills and Positional Training, Usage and fees for two facilities and Equipment, Administrative Costs, Insurance, Business Manager, Website, etc. Housing and travel costs are NOT included.



13 PURPLE: SEMI-NATIONAL

Coaches: Bridget Herring & Jessie Sbrocco

2 Team Practices Per Week: Monday & Wednesday 2 Hours

Skills Training & Positional Training: 2 Per Month / Optional

TOURNAMENT SCHEDULE:

Regional: January 12th (location TBD)

City of Oaks: January 19-21st (Raleigh)

Regional: February 3rd (location TBD)

Regional: February 16th (location TBD)

Regional: March 2nd (location TBD)

Regional: March 16th (location TBD)

Regional Championship: March 31st (location TBD)

Big South Qualifier: April 12-14th (Atlanta, GA)

Revolutionary Rumble: April 27-28th (Williamsburg, VA)

TRAVEL PLANS: It is up to the family to provide their own travel for in-state tournaments. Families will be provided a hotel block for out-of-state events.

CLUB FEES: \$1925

Signing Night Deposit: \$500

5 Monthly Payments (December 1st-April 1st): \$285

PLUS: Uniform Package: 3 Jerseys / 2 Practice Shirts / Warm up

PLUS: USAV Membership \$45 (By November 1st)

CLUB FEES INCLUDE: Memberships and Tournament registration fees, Head and Assistant Coach compensation plus travel expenses, Officiating Clinic, All practices through season, Club Training Camp, Strength and agility training, Additional Skills and Positional Training, Usage and fees for two facilities and Equipment, Administrative Costs, Insurance, Business Manager, Website, etc. Travel and housing costs are NOT included.



13 WHITE: REGIONAL

Coaches: TBA

2 Team Practices Per Week: Monday & Wednesday 2 Hours

Skills Training & Positional Training: 2 Per Month / Optional

TOURNAMENT SCHEDULE:

Regional: January 12th (location TBD)

City of Oaks: January 19-21st (Raleigh)

Regional: February 3rd (location TBD)

Regional: February 16th (location TBD)

Regional: March 2nd (location TBD)

Regional: March 16th (location TBD)

Regional Championship: March 31st (location TBD)

Revolutionary Rumble: April 27-28th (Williamsburg, VA)

TRAVEL PLANS: It is up to the family to provide their own travel for in-state tournaments. Families will be provided a hotel block for out-of-state events.

CLUB FEES: \$1700

Signing Night Deposit: \$400

5 Monthly Payments (December 1st-April 1st): \$260

PLUS: Uniform Package: 3 Jerseys / 2 Practice Shirts / Warm up

PLUS: USAV Membership \$45 (By November 1st)

CLUB FEES INCLUDE: Memberships and Tournament registration fees, Head and Assistant Coach compensation plus travel expenses, Officiating Clinic, All practices through season, Club Training Camp, Strength and agility training, Additional Skills and Positional Training, Usage and fees for two facilities and Equipment, Administrative Costs, Insurance, Business Manager, Website, etc. Travel and housing costs are NOT included.



14 BLACK: NATIONAL

Coaches: Danielle Munoz & Trayce Ruffin

2 Team Practices Per Week: Tuesday & Thursday 2.5 Hours

Skills Training & Positional Training: 2 Per Month / Optional

TOURNAMENT SCHEDULE:

City of Oaks: January 19-21st (Raleigh)

Mid-Atlantic Power League: January 26-27th (Hampton, VA)

Carolina Power Event: February 9th (Raleigh)

Capitol Hill Classic: February 16-18th (Washington DC)

Mid-Atlantic Power League: March 2-3rd (Raleigh)

Regional: March 9th (location TBD)

Regional Championship: March 24th (location TBD)

Big South Qualifier: April 12-14th (Atlanta, GA)

JVA Challenge: May 4-5th (Charlotte)

Late May / Early June Tournament (TBD)

AAU National Championship: June 17-20th (Orlando, FL)

TRAVEL PLANS: It is up to the family to provide their own travel for in-state tournaments. Families will be provided a hotel block for out-of-state events.

CLUB FEES: \$3055

Signing Night Deposit: \$500

7 Monthly Payments (December 1st-June 1st): \$365

PLUS: Uniform Package: 4 Jerseys / 2 Practice Shirts / Warm up

PLUS: USAV Membership \$45 (By November 1st)

CLUB FEES INCLUDE: Memberships and Tournament registration fees, Head and Assistant Coach compensation plus travel expenses, Officiating Clinic, All practices through season, Club Training Camp, Strength and agility training, Additional Skills and Positional Training, Usage and fees for two facilities and Equipment, Administrative Costs, Insurance, Business Manager, Website, etc. Travel and housing costs are NOT included.



Coaches: Ashton Barbee & Alyssa Pitt

2 Team Practices Per Week: Tuesday & Thursday 2.5 Hours

Skills Training & Positional Training: 2 Per Month / Optional

TOURNAMENT SCHEDULE:

Regional: January 5th (location TBD)

City of Oaks: January 19-21st (Raleigh)

Regional: January 27th (location TBD)

Regional: February 9th (location TBD)

Regional: February 23rd (location TBD)

Regional: March 9th (location TBD)

Regional Championship: March 24th (location TBD)

Big South Qualifier: April 12-14th (Atlanta, GA)

Revolutionary Rumble: April 27-28th (Williamsburg, VA)

TRAVEL PLANS: It is up to the family to provide their own travel for in-state tournaments. Families will be provided a hotel block for out-of-state events.

CLUB FEES: \$2025

Signing Night Deposit: \$500

5 Monthly Payments (December 1st-April 1st): \$305

PLUS: Uniform Package: 4 Jerseys / 2 Practice Shirts / Warm up

PLUS: USAV Membership \$45 (By November 1st)

CLUB FEES INCLUDE: Memberships and Tournament registration fees, Head and Assistant Coach compensation plus travel expenses, Officiating Clinic, All practices through season, Club Training Camp, Strength and agility training, Additional Skills and Positional Training, Usage and fees for two facilities and Equipment, Administrative Costs, Insurance, Business Manager, Website, etc. Travel and housing costs are NOT included.



14 WHITE: REGIONAL

Coaches: Meredith Colhoun & Maggie Hallow

2 Team Practices Per Week: Monday & Wednesday 2 Hours

Skills Training & Positional Training: 2 Per Month / Optional

TOURNAMENT SCHEDULE:

Regional: January 5th (location TBD)

City of Oaks: January 19-21st (Raleigh)

Regional: January 27th (location TBD)

Regional: February 9th (location TBD)

Regional: February 23rd (location TBD)

Regional: March 9th (location TBD)

Regional Championship: March 24th (location TBD)

Raleigh Roundup: April 13th (Raleigh)

Revolutionary Rumble: April 27-28th (Williamsburg, VA)

TRAVEL PLANS: It is up to the family to provide their own travel for in-state tournaments. Families will be provided a hotel block for out-of-state events.

CLUB FEES: \$1750

Signing Night Deposit: \$400

5 Monthly Payments (December 1st-April 1st): \$270

PLUS: Uniform Package: 3 Jerseys / 2 Practice Shirts / Warm up

PLUS: USAV Membership \$45 (By November 1st)

CLUB FEES INCLUDE: Memberships and Tournament registration fees, Head and Assistant Coach compensation plus travel expenses, Officiating Clinic, All practices through season, Club Training Camp, Strength and agility training, Additional Skills and Positional Training, Usage and fees for two facilities and Equipment, Administrative Costs, Insurance, Business Manager, Website, etc. Travel and housing costs are NOT included.



14 GOLD: SEMI-REGIONAL

Coaches: TBA

2 Team Practices Per Week: Monday & Wednesday 2 Hours

Skills Training & Positional Training: 2 Per Month / Optional

TOURNAMENT SCHEDULE:

Regional: January 5th (location TBD)

Regional: January 27th (location TBD)

Regional: February 9th (location TBD)

Regional: February 23rd (location TBD)

Regional: March 9th (location TBD)

Regional Championship: March 24th (location TBD)

Triangle Spring Classic: April 6th (Raleigh)

Revolutionary Rumble: April 27-28th (Williamsburg, VA)

TRAVEL PLANS: It is up to the family to provide their own travel for in-state tournaments. Families will be provided a hotel block for out-of-state events.

CLUB FEES: **\$1575**

Signing Night Deposit: \$400

5 Monthly Payments (December 1st-April 1st): \$235

PLUS: Uniform Package: 3 Jerseys / 2 Practice Shirts / Warm up

PLUS: USAV Membership \$45 (By November 1st)

CLUB FEES INCLUDE: Memberships and Tournament registration fees, Head and Assistant Coach compensation plus travel expenses, Officiating Clinic, All practices through season, Club Training Camp, Strength and agility training, Additional Skills and Positional Training, Usage and fees for two facilities and Equipment, Administrative Costs, Insurance, Business Manager, Website, etc. Travel and housing are NOT included.



Coaches: April Nichols & Chelsea Bailey

2 Team Practices Per Week: Tuesday & Thursday 2.5 Hours

Skills Training & Positional Training: 2 Per Month / Optional

TOURNAMENT SCHEDULE:

City of Oaks: January 19-21st (Raleigh)

Mid-Atlantic Power League: January 26-27th (Hampton, VA)

Carolina Power Event: February 9th (Raleigh)

Capitol Hill Classic: February 16-18th (Washington DC)

Mid-Atlantic Power League: March 2-3rd (Raleigh)

Carolina Power Event: March 30th (Raleigh)

Big South Qualifier: April 6-8th (Atlanta, GA)

Northeast Qualifier: April 19-21st (Philadelphia, PA)

JVA Challenge: May 4-5th (Charlotte)

Late May / Early June Tournament (TBD)

AAU National Championship: June 21-24th (Orlando, FL)

TRAVEL PLANS: It is up to the family to provide their own travel for in-state tournaments. Families will be provided a hotel block for out-of-state events. For Northeast Qualifier, travel and hotel are included in monthly dues and are handled by club.

CLUB FEES: \$3475

Signing Night Deposit: \$500

7 Monthly Payments (December 1st-June 1st): \$425

PLUS: Uniform Package: 4 Jerseys / 2 Practice Shirts / Warm up

PLUS: USAV Membership \$45 (By November 1st)

CLUB FEES INCLUDE: Memberships and Tournament registration fees, Head and Assistant Coach compensation plus travel expenses, Officiating Clinic, All practices through season, Club Training Camp, Strength and agility training, Additional Skills and Positional Training, Usage and fees for two facilities and Equipment, Administrative Costs, Insurance, Business Manager, Website, etc. Travel and housing are NOT included except for NEQ.



Coaches: Mackenzie Reaves & Ashley Yeager

2 Team Practices Per Week: Tuesday & Thursday 2.5 Hours

Skills Training & Positional Training: 2 Per Month / Optional

TOURNAMENT SCHEDULE:

Regional: January 6th (location TBD)

City of Oaks: January 19-21st (Raleigh)

Regional: February 9th (location TBD)

Capitol Hill Classic: February 16-18th (Washington DC)

Regional: February 24th (location TBD)

Regional: March 9th (location TBD)

Regional Championship: March 23rd (location TBD)

Big South Qualifier: April 6-8th (Atlanta, GA)

Revolutionary Rumble: April 27-28th (Williamsburg, VA)

TRAVEL PLANS: It is up to the family to provide their own travel for in-state tournaments. Families will be provided a hotel block for out-of-state events.

CLUB FEES: **\$2250**

Signing Night Deposit: \$500

5 Monthly Payments (December 1st-April 1st): \$350

PLUS: Uniform Package: 4 Jerseys / 2 Practice Shirts / Warm up

PLUS: USAV Membership \$45 (By November 1st)

CLUB FEES INCLUDE: Memberships and Tournament registration fees, Head and Assistant Coach compensation plus travel expenses, Officiating Clinic, All practices through season, Club Training Camp, Strength and agility training, Additional Skills and Positional Training, Usage and fees for two facilities and Equipment, Administrative Costs, Insurance, Business Manager, Website, etc. Travel and housing are NOT included.



15 WHITE: REGIONAL

Coaches: Jessica Everette & Kyla Strother

2 Team Practices Per Week: Monday & Wednesday 2 Hours

Skills Training & Positional Training: 2 Per Month / Optional

TOURNAMENT SCHEDULE:

Regional: January 6th (location TBD)

City of Oaks: January 19-21st (Raleigh)

Regional: January 26th (location TBD)

Regional: February 9th (location TBD)

Regional: February 24th (location TBD)

Regional: March 9th (location TBD)

Regional Championship: March 23rd (location TBD)

Raleigh Roundup: April 13th (Raleigh)

Revolutionary Rumble: April 27-28th (Williamsburg, VA)

TRAVEL PLANS: It is up to the family to provide their own travel for in-state tournaments. Families will be provided a hotel block for out-of-state events.

CLUB FEES: \$1750

Signing Night Deposit: \$400

5 Monthly Payments (December 1st-April 1st): \$270

PLUS: Uniform Package: 3 Jerseys / 2 Practice Shirts / Warm up

PLUS: USAV Membership \$45 (By November 1st)

CLUB FEES INCLUDE: Memberships and Tournament registration fees, Head and Assistant Coach compensation plus travel expenses, Officiating Clinic, All practices through season, Club Training Camp, Strength and agility training, Additional Skills and Positional Training, Usage and fees for two facilities and Equipment, Administrative Costs, Insurance, Business Manager, Website, etc. Travel and housing are NOT included.



15 GOLD: SEMI-REGIONAL

Coaches: Keturah Wells

2 Team Practices Per Week: Monday & Wednesday 2 Hours

Skills Training & Positional Training: 2 Per Month / Optional

TOURNAMENT SCHEDULE:

Regional: January 6th (location TBD)

Regional: January 26th (location TBD)

Regional: February 9th (location TBD)

Regional: February 24th (location TBD)

Regional: March 9th (location TBD)

Regional Championship: March 23rd (location TBD)

Raleigh Roundup: April 13th (Raleigh)

Revolutionary Rumble: April 27-28th (Williamsburg, VA)

TRAVEL PLANS: It is up to the family to provide their own travel for in-state tournaments. Families will be provided a hotel block for out-of-state events.

CLUB FEES: \$1575

Signing Night Deposit: \$400

5 Monthly Payments (December 1st-April 1st): \$235

PLUS: Uniform Package: 3 Jerseys / 2 Practice Shirts / Warm up

PLUS: USAV Membership \$45 (By November 1st)

CLUB FEES INCLUDE: Memberships and Tournament registration fees, Head and Assistant Coach compensation plus travel expenses, Officiating Clinic, All practices through season, Club Training Camp, Strength and agility training, Additional Skills and Positional Training, Usage and fees for two facilities and Equipment, Administrative Costs, Insurance, Business Manager, Website, etc. Travel and housing are NOT included.



16 BLACK: NATIONAL

Coaches: Kelley Krainiak & Kirsten Evans

2 Team Practices Per Week: Tuesday & Thursday 2.5 Hours

Skills Training & Positional Training: 2 Per Month / Optional

TOURNAMENT SCHEDULE:

City of Oaks: January 19-21st (Raleigh)

Mid-Atlantic Power League: January 26-27th (Hampton, VA)

Carolina Power Event: February 9th (Raleigh)

Capitol Hill Classic: February 16-18th (Washington DC)

Mid-Atlantic Power League: March 2-3rd (Raleigh)

Carolina Power Event: March 30th (Raleigh)

Big South Qualifier: April 6-8th (Atlanta, GA)

Northeast Qualifier: April 19-21st (Philadelphia, PA)

JVA Challenge: May 4-5th (Charlotte)

Late May / Early June Tournament (TBD)

AAU National Championship: June 25-28th (Orlando, FL)

TRAVEL PLANS: It is up to the family to provide their own travel for in-state tournaments. Families will be provided a hotel block for out-of-state events. For Northeast Qualifier, travel and hotel are included in monthly dues and are handled by club.

CLUB FEES: \$3475

Signing Night Deposit: \$500

7 Monthly Payments (December 1st-June 1st): \$425

PLUS: Uniform Package: 4 Jerseys / 2 Practice Shirts / Warm up

PLUS: USAV Membership \$45 (By November 1st)

CLUB FEES INCLUDE: Memberships and Tournament registration fees, Head and Assistant Coach compensation plus travel expenses, Officiating Clinic, All practices through season, Club Training Camp, Strength and agility training, Additional Skills and Positional Training, Usage and fees for two facilities and Equipment, Administrative Costs, Insurance, Business Manager, Website, etc. Travel and housing are NOT included except for NEQ.



16 PURPLE: SEMI-NATIONAL

Coaches: Ginny Howard & Haley Bidgood

2 Team Practices Per Week: Tuesday & Thursday 2.5 Hours

Skills Training & Positional Training: 2 Per Month / Optional

TOURNAMENT SCHEDULE:

Regional: January 12th (location TBD)

City of Oaks: January 19-21st (Raleigh)

Regional: February 2nd (location TBD)

Capitol Hill Classic: February 16-18th (Washington DC)

Regional: March 3rd (location TBD)

Regional: March 16th (location TBD)

Regional Championship: March 30th (location TBD)

Big South Qualifier: April 6-8th (Atlanta, GA)

Revolutionary Rumble: April 27-28th (Williamsburg, VA)

TRAVEL PLANS: It is up to the family to provide their own travel for in-state tournaments. Families will be provided a hotel block for out-of-state events.

CLUB FEES: \$2250

Signing Night Deposit: \$500

5 Monthly Payments (December 1st-April 1st): \$350

PLUS: Uniform Package: 4 Jerseys / 2 Practice Shirts / Warm up

PLUS: USAV Membership \$45 (By November 1st)

CLUB FEES INCLUDE: Memberships and Tournament registration fees, Head and Assistant Coach compensation plus travel expenses, Officiating Clinic, All practices through season, Club Training Camp, Strength and agility training, Additional Skills and Positional Training, Usage and fees for two facilities and Equipment, Administrative Costs, Insurance, Business Manager, Website, etc. Travel and housing are NOT included.



16 WHITE: REGIONAL

Coaches: Abbey Donahue & Ashton Barbee

2 Team Practices Per Week: Monday & Wednesday 2 Hours

Skills Training & Positional Training: 2 Per Month / Optional

TOURNAMENT SCHEDULE:

Regional: January 12th (location TBD)

City of Oaks: January 19-21st (Raleigh)

Regional: February 2nd (location TBD)

Regional: February 16th (location TBD)

Regional: March 3rd (location TBD)

Regional: March 16th (location TBD)

Regional Championship: March 30th (location TBD)

Raleigh Roundup: April 13th (Raleigh)

Revolutionary Rumble: April 27-28th (Williamsburg, VA)

TRAVEL PLANS: It is up to the family to provide their own travel for in-state tournaments. Families will be provided a hotel block for out-of-state events.

CLUB FEES: \$1750

Signing Night Deposit: \$400

5 Monthly Payments (December 1st-April 1st): \$270

PLUS: Uniform Package: 3 Jerseys / 2 Practice Shirts / Warm up

PLUS: USAV Membership \$45 (By November 1st)

CLUB FEES INCLUDE: Memberships and Tournament registration fees, Head and Assistant Coach compensation plus travel expenses, Officiating Clinic, All practices through season, Club Training Camp, Strength and agility training, Additional Skills and Positional Training, Usage and fees for two facilities and Equipment, Administrative Costs, Insurance, Business Manager, Website, etc. Travel and housing are NOT included.



Coaches: Stacy Krainiak & Kayla Ruffin

2 Team Practices Per Week: Tuesday & Thursday 2.5 Hours

Skills Training & Positional Training: 2 Per Month / Optional

TOURNAMENT SCHEDULE:

City of Oaks: January 19-21st (Raleigh)

Mid-Atlantic Power League: January 26-27th (Hampton, VA)

Carolina Power Event: February 9th (Raleigh)

Capitol Hill Classic: February 16-18th (Washington DC)

Mid-Atlantic Power League: March 2-3rd (Raleigh)

Carolina Power Event: March 30th (Raleigh)

Big South Qualifier: April 6-8th (Atlanta, GA)

Northeast Qualifier: April 19-21st (Philadelphia, PA)

JVA Challenge: May 4-5th (Charlotte)

Late May / Early June Tournament (TBD)

AAU National Championship: June 21-24th (Orlando, FL)

TRAVEL PLANS: It is up to the family to provide their own travel for in-state tournaments. Families will be provided a hotel block for out-of-state events. For Northeast Qualifier, travel and hotel are included in monthly dues and are handled by club.

CLUB FEES: \$3475

7 Monthly Payments (December 1st-June 1st): \$425

PLUS: Uniform Package: 4 Jerseys / 2 Practice Shirts / Warm up

PLUS: USAV Membership \$45 (By November 1st)

CLUB FEES INCLUDE: Memberships and Tournament registration fees, Head and Assistant Coach compensation plus travel expenses, Officiating Clinic, All practices through season, Club Training Camp, Strength and agility training, Additional Skills and Positional Training, Usage and fees for two facilities and Equipment, Administrative Costs, Insurance, Business Manager, Website, etc. Travel and housing are NOT included except for NEQ.



Coaches: Victor Haymon & Cody Carmichael

2 Team Practices Per Week: Tuesday & Thursday 2.5 Hours

Skills Training & Positional Training: 2 Per Month / Optional

TOURNAMENT SCHEDULE:

Regional: January 5th (location TBD)

City of Oaks: January 19-21st (Raleigh)

Regional: February 10th (location TBD)

Capitol Hill Classic: February 16-18th (Washington DC)

Regional: February 23rd (location TBD)

Regional: March 10th (location TBD)

Regional Championship: March 23rd (location TBD)

Big South Qualifier: April 6-8th (Atlanta, GA)

Revolutionary Rumble: April 27-28th (Williamsburg, VA)

TRAVEL PLANS: It is up to the family to provide their own travel for in-state tournaments. Families will be provided a hotel block for out-of-state events.

CLUB FEES: \$2250

Signing Night Deposit: \$500

5 Monthly Payments (December 1st-April 1st): \$350

PLUS: Uniform Package: 4 Jerseys / 2 Practice Shirts / Warm up

PLUS: USAV Membership \$45 (By November 1st)

CLUB FEES INCLUDE: Memberships and Tournament registration fees, Head and Assistant Coach compensation plus travel expenses, Officiating Clinic, All practices through season, Club Training Camp, Strength and agility training, Additional Skills and Positional Training, Usage and fees for two facilities and Equipment, Administrative Costs, Insurance, Business Manager, Website, etc. Travel and housing are NOT included.



Coaches: TBA

2 Team Practices Per Week: Tuesday & Thursday 2.5 Hours

Skills Training & Positional Training: 2 Per Month / Optional

TOURNAMENT SCHEDULE:

City of Oaks: January 19-21st (Raleigh)

Mid-Atlantic Power League: January 26-27th (Hampton, VA)

Regional: February 2nd (location TBD)

Capitol Hill Classic: February 16-18th (Washington DC)

Mid-Atlantic Power League: March 2-3rd (Raleigh)

Regional Championship: March 30th (location TBD)

Big South Qualifier: April 6-8th (Atlanta, GA)

TRAVEL PLANS: It is up to the family to provide their own travel for in-state tournaments. Families will be provided a hotel block for out-of-state events.

CLUB FEES: \$2175

Signing Night Deposit: \$500

5 Monthly Payments (December 1st-April 1st): \$335

PLUS: Uniform Package: 3 Jerseys / 2 Practice Shirts / Warm up

PLUS: USAV Membership \$45 (By November 1st)

CLUB FEES INCLUDE: Memberships and Tournament registration fees, Head and Assistant Coach compensation plus travel expenses, Officiating Clinic, All practices through season, Club Training Camp, Strength and agility training, Additional Skills and Positional Training, Usage and fees for two facilities and Equipment, Administrative Costs, Insurance, Business Manager, Website, etc. Travel and housing are NOT included.



18 PURPLE: SEMI-NATIONAL

Coaches: Mackenzie Reaves

2 Team Practices Per Week: Days TBA, 2 Hours

Skills Training & Positional Training: 2 Per Month / Optional

TOURNAMENT SCHEDULE:

Regional: January 2nd (location TBD)

Regional: February 2nd (location TBD)

Capitol Hill Classic: February 16-18th (Washington DC)

Regional: March 2nd (location TBD)

Regional: March 16th (location TBD)

Regional Championship: March 30th (location TBD)

TRAVEL PLANS: It is up to the family to provide their own travel for in-state tournaments. Families will be provided a hotel block for out-of-state events.

CLUB FEES: \$1600

Signing Night Deposit: \$500

5 Monthly Payments (December 1st-April 1st): \$220

PLUS: Uniform Package: 3 Jerseys / 2 Practice Shirts / Warm up

PLUS: USAV Membership \$45 (By November 1st)

CLUB FEES INCLUDE: Memberships and Tournament registration fees, Head and Assistant Coach compensation plus travel expenses, Officiating Clinic, All practices through season, Club Training Camp, Strength and agility training, Additional Skills and Positional Training, Usage and fees for two facilities and Equipment, Administrative Costs, Insurance, Business Manager, Website, etc. Travel and housing are NOT included.



DEVELOPMENTAL: AGES 10-14

Coaches: Megan Williams & Allison Brown

1 Team Practices Per Week: Sunday 2 Hours / November 18th-March 31st

Skills Training & Positional Training: 2 Per Month / Optional

TOURNAMENT SCHEDULE:

2 Regionals: (day & location TBD)

TRAVEL PLANS: It is up to the family to provide their own travel for in-state tournaments. Families will be provided a hotel block for out-of-state events.

CLUB FEES: \$500

INCLUDED IN CLUB FEES: Uniform Package: 1 Jersey / 1 Practice Shirt

PLUS: USAV Membership \$45 (By November 1st)

BOYS TEAM

Coach: Wendie DeHart

1 Team Practice Per Week: Sunday 2 Hours, January 6th – February 24th

Skills Training & Positional Training: 2 Per Month / Optional

TOURNAMENT SCHEDULE:

Battle of the Bros: March 2nd or 3rd (Raleigh)

TRAVEL PLANS: It is up to the family to provide their own travel for in-state tournaments. Families will be provided a hotel block for out-of-state events.

CLUB FEES: \$350

INCLUDED IN CLUB FEES: Uniform Package: 1 Practice/Game Jersey

PLUS: USAV Membership \$45 (By November 1st)