



Dr. Jay Martin's High School Team Camp

Week Agenda/Information

High School Team Camp- June 30-July 2, 2017

Schedule for the Week:

Friday June 30, 2017

11am-1pm- Check in Smith Hall 2nd Floor
1:15pm- Camp Introduction/Jay Martin Presentation (Benes Rooms)
2:45pm- **Field Session I (Defending)**
4:45pm- Dinner at Smith Hall
6:30pm- Warm-up.
7:00pm- **Evening Games (60 minute game)**
8:15pm- Campers Depart

Saturday July 1, 2017

8:00am – Breakfast at Smith
9:00am – Depart for Fields
9:15am- Campers Arrive
9:30am- **Field Session II (Attacking)**
11:15am- Depart for Smith Hall
11:30am- Lunch at Smith Hall
12:45pm- Depart for Lecture
1:00pm- Presentation at Benes Room with Jay Martin (Team Building)
2:45pm- **Field Session III (Transition from Attack to Defense)**
4:45pm- Dinner at Smith Hall
6:30pm- Warm-up
7:00pm- **Evening Games (60 minute game)**
8:15pm- Campers Depart

Sunday July 2, 2017

8:00am – Breakfast at Smith
9:00am- Depart for Fields
9:15am- Campers Arrive
9:30am- **Field Session IV (Transition from Defense to Attack)**
11:15am- Depart for Smith Hall
11:30am- Lunch at Smith Hall (HS Coaches get pizza and Q&A with Jay at Rike)
1:00pm- Jay Martin Presentation at Benes Rooms (Leadership through connection)
2:30pm- **Afternoon Games (Each team plays twice)**
5:00 pm- Campers Depart Camp



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| June 30-July 2 | | | |
|-----------------------------------|---|--|--|
| | Friday June 30 | Saturday July 1 | Sunday July 2 |
| Session I 9:30-11:30am | xxxxx | Attacking | Transition from Defense to Attack |
| Lecture 1:00-2:00pm | <i>Camp Introduction/Elite Player</i> | <i>Team Building</i> | <i>Leadership through Connecting</i> |
| Session II 2:45-4:30pm | Defending | Transition from Attack to Defense | Afternoon Games |
| Session III 7pm-8pm | Evening Games #1 | Evening Games #2 | |

**All training sessions will begin with a warm up and passing work*