

# U5/U6 Coed REC Soccer



Germantown Legends REC Soccer

[www.GermantownLegendsSoccer.com](http://www.GermantownLegendsSoccer.com)

For field status, check any one of the following:

<https://www.facebook.com/GermantownLegendsSoccer>

<https://twitter.com/GermantownSoc>

Official schedule found online... [GAMES.GermantownLegends.com](http://GAMES.GermantownLegends.com)

When posting messages to social media, please use the hashtag #LegendsSoccer.

\* Additional registration required.

DATE	TIME	LOCATION	CLOYES	WEEK
Thursday, July 27, 2017	6:15 PM	McAlister's Deli		
July 28- 30, 2017				
Tuesday, August 01, 2017				
Tuesday, August 01, 2017	6:00 PM	Cloyes		
Tuesday, August 08, 2017	6:00 PM	Cloyes		
Monday, August 14, 2017	6:00 PM	Cloyes		
Thursday, August 17, 2017	6:15 PM	McAlister's Deli		
Saturday, August 19, 2017	5:00 PM	Cloyes/ Farm Park		
Monday, August 21, 2017				
Week of August 21				
August 25- 27, 2017		Dick's Sporting Goods		
Week of August 28				
Week of September 4				
Saturday, September 09, 2017	9:30 AM		1-A	1
	9:30 AM		1-B	1
	9:30 AM		1-C	1
	10:45 AM		1-A	1
	10:45 AM		1-B	1
	10:45 AM		1-C	1
Week of September 11				
Saturday, September 16, 2017	9:30 AM		1-A	2
	9:30 AM		1-B	2
	9:30 AM		1-C	2
	10:45 AM		1-A	2
	10:45 AM		1-B	2
	10:45 AM		1-C	2
Week of September 18				
Saturday, September 23, 2017	9:30 AM		1-A	3
	9:30 AM		1-B	3
	9:30 AM		1-C	3
	10:45 AM		1-A	3
	10:45 AM		1-B	3
	10:45 AM		1-C	3
Week of September 25				
Saturday, September 30, 2017	9:30 AM		1-A	4

## TEAM

- 1 U5 Costello (F)
- 2 U6 ALSTON
- 3 U6 Bishop (F)
- 4 U6 Corman
- 5 U6 Davis (F)
- 6 U6 Kaufman

(USSF Coaching License)

## TEAM

- 7 U6 Perry (U6)
- 8 U6 Roetker
- 9 U6 Smith (F)
- 10 U6 Heath
- 11 U6 Woodards
- 12 U6 OLPH

### AWAY

PARENT MEETING  
 USSF E Coaching Course  
 LATE REGISTRATION begins  
 Intro to KINS... U5/ U6 REC Soccer led by Legends Staff  
 Intro to KINS... U5/ U6 REC Soccer led by Legends Staff  
 Intro to KINS... U5/ U6 REC Soccer led by Legends Staff  
 Coaches' & New Parent Meeting  
 SoccerFEST  
 Team Practices Begin  
 Skill of the Week: **PULLBACK**  
 Legends Shop Weekend at Dick's Sporting Goods  
 Skill of the week: **BACKWARDS L**  
 Skill of the Week: **CRYUFF**

- 2 U6 ALSTON
- 3 U6 Bishop (F)
- 4 U6 Corman
- 5 U6 Davis (F)
- 6 U6 Kaufman
- 7 U6 Perry (U6)

Skill of the week: **INSIDE CUT (Turn)**

- 12 U6 OLPH
- 1 U5 Costello (F)
- 8 U6 Roetker
- 9 U6 Smith (F)
- 10 U6 Heath
- 11 U6 Woodards

Skill of the week: **OUTSIDE CHOP (Turn)**

- 5 U6 Davis (F)
- 6 U6 Kaufman
- 12 U6 OLPH
- 2 U6 ALSTON
- 3 U6 Bishop (F)
- 4 U6 Corman

Skill of the week: **PUSHKA (or V Turn)**

- 7 U6 Perry (U6)

### HOME

- 1 U5 Costello (F)
- 12 U6 OLPH
- 11 U6 Woodards
- 10 U6 Heath
- 9 U6 Smith (F)
- 8 U6 Roetker

- 2 U6 ALSTON
- 7 U6 Perry (U6)
- 6 U6 Kaufman
- 5 U6 Davis (F)
- 4 U6 Corman
- 3 U6 Bishop (F)

- 8 U6 Roetker
- 7 U6 Perry (U6)
- 1 U5 Costello (F)
- 11 U6 Woodards
- 10 U6 Heath
- 9 U6 Smith (F)

- 4 U6 Corman

DATE	TIME	LOCATION	CLOYES	WEEK	AWAY	HOME
Week of October 2	9:30 AM		1-B	4	6 U6 Kaufman	5 U6 Davis (F)
	9:30 AM		1-C	4	11 U6 Woodards	1 U5 Costello (F)
	10:45 AM		1-A	4	10 U6 Heath	12 U6 OLPH
	10:45 AM		1-B	4	9 U6 Smith (F)	2 U6 ALSTON
	10:45 AM		1-C	4	8 U6 Roetker	3 U6 Bishop (F)
Monday, October 02, 2017	6:00 PM		1-A	5	2 U6 ALSTON	8 U6 Roetker
	6:00 PM		1-B	5	12 U6 OLPH	9 U6 Smith (F)
	6:00 PM		1-C	5 T	3 U6 Bishop (F)	7 U6 Perry (U6)
	7:15 PM		1-A	5	5 U6 Davis (F)	1 U5 Costello (F)
	7:15 PM		1-B	5	4 U6 Corman	6 U6 Kaufman
	7:15 PM		1-C	5 T	11 U6 Woodards	10 U6 Heath
Saturday, October 07, 2017					NO Games - Spring Break	
Week of October 9 (Fall Break)					Skill of the week: <b>JUGGLING</b>	
Monday, October 09, 2017		Cloyes	1		U5/U6 Free Play	
Saturday, October 14, 2017					NO Games - Spring Break	
Week of October 16					Skill of the week: <b>SIMPLE FAKE/ Shoulder Feint (progress to MATTHEWS)</b>	
October 20-22					SILENT SIDELINE WEEKEND (REC)	
Saturday, October 21, 2017	9:30 AM		1-A	6	12 U6 OLPH	8 U6 Roetker
	9:30 AM		1-B	6	2 U6 ALSTON	7 U6 Perry (U6)
	9:30 AM		1-C	6	3 U6 Bishop (F)	6 U6 Kaufman
	10:45 AM		1-A	6	4 U6 Corman	5 U6 Davis (F)
	10:45 AM		1-B	6	10 U6 Heath	1 U5 Costello (F)
10:45 AM		1-C	6	11 U6 Woodards	9 U6 Smith (F)	
Week of October 23					Skill of the week: <b>SCISSORS</b>	
Saturday, October 28, 2017	9:30 AM		1-A	7	4 U6 Corman	2 U6 ALSTON
	9:30 AM		1-B	7	5 U6 Davis (F)	12 U6 OLPH
	9:30 AM		1-C	7	6 U6 Kaufman	11 U6 Woodards
	10:45 AM		1-A	7	7 U6 Perry (U6)	10 U6 Heath
	10:45 AM		1-B	7	8 U6 Roetker	9 U6 Smith (F)
	10:45 AM		1-C	7	1 U5 Costello (F)	3 U6 Bishop (F)
Week of October 30					Skill of the week: <b>STEP OVER (or ZICO)</b>	
Saturday, November 04, 2017	9:30 AM		1-A	8	8 U6 Roetker	1 U5 Costello (F)
	9:30 AM		1-B	8	9 U6 Smith (F)	7 U6 Perry (U6)
	9:30 AM		1-C	8	10 U6 Heath	6 U6 Kaufman
	10:45 AM		1-A	8	11 U6 Woodards	5 U6 Davis (F)
	10:45 AM		1-B	8	12 U6 OLPH	4 U6 Corman
	10:45 AM		1-C	8	2 U6 ALSTON	3 U6 Bishop (F)
Week of November 6					Skill of the week: <b>MARADONA</b>	
Saturday, November 11, 2017	9:30 AM	Cloyes	1-A	8	11 U6 Woodards	12 U6 OLPH
	9:30 AM	Cloyes	1-B	9	6 U6 Kaufman	1 U5 Costello (F)
	9:30 AM	Cloyes	1-C	9	7 U6 Perry (U6)	5 U6 Davis (F)
	10:45 AM	Cloyes	1-A	9	8 U6 Roetker	4 U6 Corman

DATE	TIME	LOCATION	CLOYES	WEEK		AWAY		HOME	
Saturday, November 11, 2017	10:45 AM	Cloyes	1-B	9	9	U6 Smith (F)	3	U6 Bishop (F)	
	10:45 AM	Cloyes	1-C	9	10	U6 Heath	2	U6 ALSTON	
<b>Week of November 13, 2017</b>				<b>M/U</b>	<b>REC Games - Make-up Week</b>				
Monday, November 13, 2017	6:00 PM	Cloyes	1-A	8	R	8	U6 Roetker	1	U5 Costello (F)
Monday, November 13, 2017	6:00 PM	Cloyes	1-B	8	R	9	U6 Smith (F)	7	U6 Perry (U6)
Monday, November 13, 2017	6:00 PM	Cloyes	1-C	8	R	10	U6 Heath	6	U6 Kaufman
Tuesday, November 14, 2017	6:00 PM	Cloyes	1-A	8	R	11	U6 Woodards	5	U6 Davis (F)
Tuesday, November 14, 2017	6:00 PM	Cloyes	1-B	8	R	12	U6 OLPH	4	U6 Corman
Tuesday, November 14, 2017	6:00 PM	Cloyes	1-C	8	R	2	U6 ALSTON	3	U6 Bishop (F)
Saturday, November 18, 2017					REC Games - Make-up Weekend				

## GAME RULES FOR THE U5/U6 FUTURE LEGENDS

### Kicking is NOT Soccer.... KINS

The KINS Program’s main objective is to promote and emphasize the skill of DRIBBLING at the U5 through U6 age groups, and discourage the aimless booting of the ball that is all too prevalent at these young ages. When young players are conditioned to just kick the ball forward as far as possible, their skill development is stunted, making it harder for them to reach their true potential.

DRIBBLING is the foundation and preparation for all the other fundamental skills of soccer, such as controlling, passing, and shooting. Laying the proper dribbling foundation at the youngest years will enhance the players’ ability to improve all the soccer skills. No matter what level the players will end up playing, recreational or select, they will derive increased pleasure from the game if they can control the ball better and become more adept at manipulating it.

The spectators will also enjoy the game more if they can watch players who exhibit skill and creativity.

The program’s second objective is to promote decision making by the players on the field and reduce their dependence on the adults for problem solving.

### NEW BALL METHOD

The idea behind the 'new ball method' is to keep the flow of the game constant and increase the number of ball touches by all the players.

The ‘new ball method’ eliminates restarts such as throw-ins and corner kicks and keeps the ball in play continuously. Restarts might be important to the game results at the highest level of play, but they have NO relevance or developmental benefits at the U5 or U6 level.

Since the objective of the KINS Program is to teach players to DRIBBLE, every aspect of the traditional game that reduces the opportunity to dribble is removed. The basic principle of this method is that, when a ball goes out of bounds, the coach ROLLS a new ball into play (after a 5 count).

### IMPLEMENTING THE KINS PROGRAM:

When a ball goes out of bounds, the coach yells "new ball!" and ROLLS a new one in. The players will learn quickly to react to the new ball.

Always ROLL the ball into the UNOCCUPIED space. Players will learn to move towards the ball. Do NOT throw the ball too high in the air since the players are not yet skilled enough to control a bouncing ball.

Count to 5 (to yourself... 1 Mississippi, 2 Mississippi, etc.) before putting a 'new ball' into play.

Coaches can also use this method to get the non-assertive players involved, by rolling the ball towards them. This will help bring them out of their shell. If the players are really shy, simply place the ball at their feet.

After each goal, roll the ball to the OTHER team on their half of the field.

If one team is dominating the game, the advantage can be shifted to the other team by throwing the ball accordingly.

This method can also be used to break up a ‘beehive’. If all the players are bunched up around the ball, shout “new ball” and throw one into the open space.

DATE

TIME

LOCATION

CLOYES

WEEK

AWAY

HOME

Remember to always praise the players for every attempt... acknowledging the soccer skill used (if possible). Keep them excited and motivated.

TOPIC	RULES FOR U5/ U6 (KINS)
LENGTH OF GAME	Four 8-minute Quarters, with a minimum of a 2 minute break between each quarter, and 5 minutes at half.
PLAYERS	3v3.... Three on the field at one time from each team, maximum 6 players per roster. May play 2v2 or 2v3
GOALIES	NO Goalkeepers
FOULS	No penalty kicks...just award ball to other team NO sliding. Play on when hand ball occurs unless blatantly obvious
OTHER	All players play a minimum of <b>50%</b> After each goal, roll the ball to the OTHER team. SHARE players if necessary.

Monday, November 13, 2017

2018 SPRING REGISTRATION BEGINS...

REGISTER.GermantownLegends.com

Thursday, November 23, 2017

THANKSGIVING

Saturday, December 09, 2017

2:00 PM Kimbrough & Farmington

CHRISTMAS PARADE... come walk with the Legends

Monday, January 01, 2018

REC TEAM Registration Deadline

Thursday, January 25, 2018

6:15 PM McAlister's Deli

SPRING PRE-SEASON NEW PARENT MEETING

Thursday, February 01, 2018

LATE REGISTRATION begins

Thursday, February 15, 2018

6:15 PM McAlister's Deli

Spring Coaches' & New Parent Meeting

Thursday, February 01, 2018

Spring Pre-season Training Sessions begin

Week of February 19, 2017

Team Practices begin

Wednesday, February 21, 2018

Spring SKILLS CLUB begins

Saturday, March 03, 2018

SPRING SEASON GAMES BEGIN

March 12- 16

SPRING BREAK

Wednesday, March 21, 2018

Spring TOPSoccer begins