

# GERMANTOWN REC SOCCER

## FUTURE LEGENDS

## JR. LEGENDS

	U5/U6 Coed	U7/U8	U10	U12	U14	U14	U19 Coed
	<b>3v3</b>	<b>4v4</b>	<b>6v6 REC</b>	<b>8v8 or 9v9</b>	<b>7v7</b>	<b>11v11</b>	<b>11v11</b>
<b>PLAYERS - Max.</b>	3 No Keeper	4 No Keeper	6	8	7	11	11 4 must be female
<b>PLAYERS - Min.</b>	3 No Keeper	3 No Keeper	4	5	5	7	7 4 must be female
<b>BALL SIZE</b>	3	3	4	4	5	5	5
<b>HALVES or QUARTER</b>	Quarters	Quarters	Halves	Halves	Halves	Halves	Halves
<b>DURATION</b>	8 min.	10 min.	25 min.	30 min.	35 min.	35 min.	40 min.
<b>REST</b>	2 min. Qtr. 5 min. Half	2 min. Qtr. 5 min. Half	5 min.	5 min.	5 min.	5 min.	5 min.
<b>SUBSTITUTIONS</b>	Any stoppage	Throw-ins Goal Kicks After Goals Injury Half Time	Own throw-in^ Goal Kicks After Goals Injury Half Time	Own throw-in^ Goal Kicks After Goals Injury Half Time	Own throw-in^ Goal Kicks After Goals Injury Half Time	Own throw-in^ Goal Kicks After Goals Injury Half Time	Own throw-in^ Goal Kicks After Goals Injury Half Time
<b>HEADING</b>	<b>NO</b>	<b>NO</b>	<b>NO</b>	<b>NO</b>	Yes	Yes	Yes
<b>OFFSIDE</b>	<b>NO</b>	<b>NO</b>	Yes	Yes	Yes	Yes	Yes
<b>BUILD OUT LINE</b>	<b>NO</b>	Top of Penalty box 'extended'	Yes	Yes	<b>NO</b>	<b>NO</b>	<b>NO</b>
<b>PENALTY KICKS</b>	<b>NO</b>	<b>NO</b>	Yes	Yes	Yes	Yes	Yes
<b>DIRECT FREE KICKS</b>	<b>NO</b>	<b>NO</b>	Yes	Yes	Yes	Yes	Yes
<b>SLIDING</b>	<b>NO</b>	<b>NO</b>	Yes	Yes	Yes	Yes	Yes

^ On your opponents throw-in only, if they are substituting

**For Field Conditions, Inclement Weather, Program updates, Camp information, etc., please visit the following:**

**[Facebook: Germantown Legends Soccer](#)**

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