

# Girls U7 REC Soccer

## Germantown Legends REC Soccer

[www.GermantownLegendsSoccer.com](http://www.GermantownLegendsSoccer.com)

For field status, check any one of the following:

<https://www.facebook.com/GermantownLegendsSoccer>

<https://twitter.com/GermantownSoc>

When posting messages to social media, please use the hashtag **#LegendsSoccer**.

\* Additional registration required.



### TEAM

- 1 **GU7 Askins**
- 2 **GU7 Frulla (F)**
- 3 **GU7 Medling (E)**
- 4 **GU7 Stadelman (E)**  
(USSF Coaching License)

Official schedules:

**GAMES.GermantownLegends.com**

DATE	TIME	LOCATION	CLOYES	WEEK	AWAY	HOME			
Thursday, July 27, 2017	6:15 PM	McAlister's Deli			PARENT MEETING				
July 28- 30, 2017					USSF E Coaching Course				
Tuesday, August 01, 2017					LATE REGISTRATION begins				
Tuesday, August 01, 2017	6:00 PM	Cloyes			Intro to KINS... U5/ U6 REC Soccer led by Legends Staff				
Wednesday, August 02, 2017	6:00 PM	Cloyes			U7- U10 Preseason Training led by Legends Staff				
Wednesday, August 09, 2017	6:00 PM	Cloyes			U7- U10 Preseason Training led by Legends Staff				
Tuesday, August 15, 2017	6:00 PM	Cloyes			U7- U10 Preseason Training led by Legends Staff				
Thursday, August 17, 2017	6:15 PM	McAlister's Deli			Coaches' & New Parent Meeting				
Saturday, August 19, 2017	5:00 PM	Cloyes/ Farm Park			SoccerFEST				
Monday, August 21, 2017					Team Practices Begin				
Week of August 21					<b>Skill of the Week: PULLBACK</b>				
August 25- 27, 2017		<b>Dick's Sporting Goods</b>			<b>Legends Shop Weekend at Dick's Sporting Goods</b>				
Wednesday, August 23, 2017	6:00 PM	Cloyes			REC SKILLS CLUB (Future Legends U7- U10)*				
Week of August 28					<b>Skill of the week: BACKWARDS L</b>				
Wednesday, August 30, 2017	6:00 PM	Cloyes			REC SKILLS CLUB (Future Legends U7- U10)*				
Week of September 4					<b>Skill of the Week: CRYUFF</b>				
Wednesday, September 06, 2017	6:00 PM	Cloyes			REC SKILLS CLUB (Future Legends U7- U10)*				
Saturday, September 09, 2017	9:00 AM		2-C	<b>1</b>	<b>T</b>	<b>3</b>	<b>GU7 Medling (F)</b>	<b>4</b>	<b>GU7 Stadelman (E)</b>
	10:15 AM		2-C	<b>1</b>	<b>T</b>	<b>2</b>	<b>GU7 Frulla (F)</b>	<b>1</b>	<b>GU7 Askins</b>
Week of September 11							<b>Skill of the week: INSIDE CUT (Turn)</b>		
Wednesday, September 13, 2017	6:00 PM	Cloyes					<b>REC SKILLS CLUB (Future Legends U7- U10)*</b>		
Saturday, September 16, 2017	9:00 AM		2-C	<b>2</b>	<b>T</b>	<b>1</b>	<b>GU7 Askins</b>	<b>3</b>	<b>GU7 Medling (F)</b>
	10:15 AM		2-C	<b>2</b>	<b>T</b>	<b>4</b>	<b>GU7 Stadelman (E)</b>	<b>2</b>	<b>GU7 Frulla (F)</b>
Week of September 18							<b>Skill of the week: OUTSIDE CHOP (Turn)</b>		
Wednesday, September 20, 2017	6:00 PM	Cloyes					<b>REC SKILLS CLUB (Future Legends U7- U10)*</b>		
Saturday, September 23, 2017	9:00 AM		2-C	<b>3</b>	<b>T</b>	<b>2</b>	<b>GU7 Frulla (F)</b>	<b>3</b>	<b>GU7 Medling (F)</b>
<b>To be re-scheduled</b>	<b>TBD</b>		<b>TBD</b>	<b>3</b>	<b>T</b>	<b>4</b>	<b>GU7 Stadelman (E)</b>	<b>1</b>	<b>GU7 Askins</b>
Week of September 25							<b>Skill of the week: PUSHKA (or V Turn)</b>		
Wednesday, September 27, 2017	6:00 PM	Cloyes					<b>REC SKILLS CLUB (Future Legends U7- U10)*</b>		
Saturday, September 30, 2017	9:00 AM		2-C	<b>4</b>	<b>T</b>	<b>3</b>	<b>GU7 Medling (F)</b>	<b>2</b>	<b>GU7 Frulla (F)</b>
	10:15 AM		2-C	<b>4</b>	<b>T</b>	<b>1</b>	<b>GU7 Askins</b>	<b>4</b>	<b>GU7 Stadelman (E)</b>
Week of October 2							<b>NIGHT GAMES WEEK - (NO Practices)</b>		
Tuesday, October 03, 2017	6:00 PM		2-C	<b>5</b>		<b>1</b>	<b>GU7 Askins</b>	<b>2</b>	<b>GU7 Frulla (F)</b>
	7:15 PM		2-C	<b>5</b>		<b>4</b>	<b>GU7 Stadelman (E)</b>	<b>3</b>	<b>GU7 Medling (F)</b>
Wednesday, October 04, 2017	6:00 PM	Cloyes					<b>REC SKILLS CLUB (Future Legends U7- U10)*</b>		

DATE	TIME	LOCATION	CLOYES	WEEK	AWAY	HOME			
Saturday, October 07, 2017					NO Games - Spring Break				
Week of October 9 (Fall Break)					Skill of the week: <b>JUGGLING</b>				
Tuesday, October 10, 2017					U7 & above Small-sided Games				
Wednesday, October 11, 2017	6:00 PM	Cloyes			REC SKILLS CLUB (Future Legends U7- U10)*				
Thursday, October 12, 2017					U7 & above Small-sided Games				
Saturday, October 14, 2017					NO Games - Spring Break				
Week of October 16					Skill of the week: <b>SIMPLE FAKE/ Shoulder Feint (progress to MATTHEWS)</b>				
Wednesday, October 18, 2017	6:00 PM	Cloyes			REC SKILLS CLUB (Future Legends U7- U10)*				
<b>October 20- 22</b>					<b>SILENT SIDELINE WEEKEND (REC)</b>				
Saturday, October 21, 2017	9:00 AM		2-C	<b>6</b>	<b>T</b>	<b>3</b>	GU7 Medling (F)	1	GU7 Askins
	10:15 AM		2-C	<b>6</b>	<b>T</b>	<b>2</b>	GU7 Frulla (F)	4	GU7 Stadelman (E)
Week of October 23					Skill of the week: <b>SCISSORS</b>				
Wednesday, October 25, 2017	6:00 PM	Cloyes			REC SKILLS CLUB (Future Legends U7- U10)*				
Saturday, October 28, 2017	9:00 AM		2-C	<b>7</b>	<b>T</b>	<b>3</b>	GU7 Medling (F)	2	GU7 Frulla (F)
	10:15 AM		2-C	<b>7</b>	<b>T</b>	<b>1</b>	GU7 Askins	4	GU7 Stadelman (E)
Week of October 30					Skill of the week: <b>STEP OVER (or ZICO)</b>				
Wednesday, November 01, 2017	6:00 PM	Cloyes			REC SKILLS CLUB (Future Legends U7- U10)*				
Saturday, November 04, 2017	9:00 AM		2-C	<b>8</b>	<b>T</b>	<b>4</b>	GU7 Stadelman (E)	3	GU7 Medling (F)
<b>Re-scheduled</b>	10:15 AM		2-C	<b>8</b>	<b>T</b>	<b>1</b>	GU7 Askins	2	GU7 Frulla (F)
Week of November 6					Skill of the week: <b>MARADONA</b>				
Wednesday, November 08, 2017	6:00 PM	Cloyes			REC SKILLS CLUB (Future Legends U7- U10)*				
Saturday, November 11, 2017	9:00 AM	Cloyes	2-C	<b>9</b>	<b>T</b>	<b>3</b>	GU7 Medling (F)	1	GU7 Askins
	10:15 AM	Cloyes	2-C	<b>9</b>	<b>T</b>	<b>2</b>	GU7 Frulla (F)	4	GU7 Stadelman (E)
<b>Week of November 13, 2017</b>				<b>M/U</b>			<b>REC Games - Make-up Week</b>		
<b>Tuesday, November 14, 2017 7:00 PM</b>		Cloyes	2-A	<b>8</b>	<b>R/D/T</b>	<b>1</b>	GU7 Askins	2	GU7 Frulla (F)
Wednesday, November 15, 2017	6:00 PM	Cloyes	2-C	<b>8</b>	<b>R</b>	<b>4</b>	GU7 Stadelman (E)	3	GU7 Medling (F)
Saturday, November 18, 2017							REC Games - Make-up Weekend		

TOPIC	MODIFIED RULES FOR THE FUTURE LEGENDS U7/U8 DIVISION
LENGTH OF GAME	Four 10-minute quarters with a 2-minute break between each. 5-minutes for half time.
PLAYERS	4v4.... Four players per team.... 1 Forward, 2 Midfeilders, 1 Defender <b>NO Goalkeepers.</b>
FOULS	Only on referees discretion No penalty kicks - ball is awarded to the other team via indirect (free) kick.
SET PLAYS	Yes, Corner kicks Yes, Goal kicks Yes, Throw-ins Yes, Kick-offs

DATE	TIME	LOCATION	CLOYES	WEEK	AWAY	HOME
<b>GOAL BOX</b>	<b>No player may touch the ball within the goal box;</b> however, any player may move through the goal box. Any part of the ball or player's body on the line is considered in the goal box; the player is an extension of the box. An INFRACTION occurs if a defender touches the ball in the goal box, a penalty kick is awarded to the offensive team. If an offensive player touches the ball within the goal box, a goal kick is awarded to the defensive team. If the ball comes to a complete stop in the goal box, regardless of which team touched it last, a goal kick is awarded to the defensive team.					
<b>GOAL KICKS</b>	Being encouraged to play out of the back, goal kicks can be played vertically without encroachment until the second touch (see build out line).					
<b>SPORTSMANSHIP</b>	Good sportsmanship is to prevail at all times. Coaches will be held responsible for the conduct of themselves, their players, players' parents and guests.					
<b>THROW-INS</b>	Proper form must be used... both feet must stay on the ground, ball is held with both hands, and thrown with a continuous motion starting behind the head. Throw-ins should be taken by the last defender, to keep him/ her involved in the game.					
<b>BUILD OUT LINE</b>	Top of the penalty area extended to the sidelines. The build out line promotes playing the ball out of the back in a less pressured setting. The opposing team must move behind the build out line during a goal kick until the ball is put into play and touched by a second player.					
<b>OTHER</b>	NO slide tackling NO scores are kept All players play a minimum of 50% Share players if necessary.					

Players, especially at this age, should be encouraged to **dribble, dribble, dribble**,.....

How many times a game do your young players attempt to **dribble into space**, away from pressure? ...versus just kicking the ball (to the other team).

Instead of suggesting a 'kick', why not attempt a soccer skill or move,..... Pull-back, V, Scissors, Cryuff, Step-over, Simple fake, etc.

**Monday, November 13, 2017**

**2018 SPRING REGISTRATION BEGINS...**

**REGISTER.GermantownLegends.com**

**Thursday, November 23, 2017**

**THANKSGIVING**

**Saturday, November 25, 2017**

**10:30 AM Cloyes**

**TURKEY CUP... Everyone welcome, U7 and up**

**Saturday, December 09, 2017**

**2:00 PM Kimbrough & Farmington**

**CHRISTMAS PARADE... come walk with the Legends**

**Monday, January 01, 2018**

**REC TEAM Registration Deadline**

**Thursday, January 25, 2018**

**6:15 PM McAlister's Deli**

**SPRING PRE-SEASON NEW PARENT MEETING**

**Thursday, February 01, 2018**

**LATE REGISTRATION begins**

**Thursday, February 15, 2018**

**6:15 PM McAlister's Deli**

**Spring Coaches' & New Parent Meeting**

**Thursday, February 01, 2018**

**Spring Pre-season Training Sessions begin**

**Week of February 19, 2017**

**Team Practices begin**

**Wednesday, February 21, 2018**

**Spring SKILLS CLUB begins\***

DATE	TIME	LOCATION	CLOYES	WEEK	AWAY	HOME
<b>Saturday, March 03, 2018</b>					<b>SPRING SEASON GAMES BEGIN</b>	
March 12- 16					SPRING BREAK	
Wednesday, March 21, 2018					<b>Spring TOPSoccer begins</b>	