



## SPRING VOLLEY LEAGUE

This league is geared for female and male athlete's grades 1<sup>st</sup> - 8<sup>th</sup> who want to learn, develop and improve their volleyball skills. There will be multiple practices run by the Club 1 coaching staff. The winter session will consist of 6 weekends of practice and one full day tournament on the final day of the league.

**Location:** Club 1 VBC- 14407 Coil Plus Drive, Plainfield, Illinois 60544

**Length of Season:** April 7<sup>th</sup>, April 14<sup>th</sup>, April 21<sup>st</sup>, April 28<sup>th</sup>, May 5<sup>th</sup>, May 12<sup>th</sup> with the final day of May 19<sup>th</sup> for tournament play (tournament schedule to be sent at a later date).

**Practice Schedule for grades 1-3:** Saturday's from 10:00 – 11:00 a.m.

**Practice Schedule for grades 4-5:** Saturday's from 11:00 – 12:30 p.m.

**Practice Schedule for grades 6-8:** Saturday's from 12:30 – 2:00 p.m

**Cost:** 1<sup>st</sup> – 3<sup>rd</sup> grade- \$100 and Grades 4<sup>th</sup> – 8<sup>th</sup> grade- \$125.00 (includes all expenses, including tournament and a tshirt jersey)

**Program Description: 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> grade league-** Match play will begin in small groups and then progress to play 6 on 6 utilizing a regulation court. A lighter ball and a lower net are used. Match play will be incorporated into practices to prepare for the tournament.

**Program Description: 4<sup>th</sup> and 5<sup>th</sup> grade league-** Play 6 on 6 utilizing a regulation court. A lighter ball and a lower net are used. Match play will be incorporated into practices to prepare for the tournament. **(After the first practice if we feel any 6<sup>th</sup> grader would be more suited at the 7<sup>th</sup>/8<sup>th</sup> grade level, we will talk to them after the first practice).**

**Program Description: 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> grade league-** This league is for players that want to improve their overall volleyball skills while playing with their school teammates and friends. This league is good for players who would like to make their school/club team and continue to improve their skills. Match play will be incorporated into practices to prepare for the tournament.

Please register in at the following link

<https://club1volleyballreg.sportngin.com/register/form/483724779>. See you this Spring!!

**No refunds will be issued once registration is complete and submitted.**

Brie Isaacson, Club Director [brieisaacson1@gmail.com](mailto:brieisaacson1@gmail.com) or Bridget Haack, Business Manager [bridgethaack@gmail.com](mailto:bridgethaack@gmail.com)